## July 2024

\*Times shown are start times for each 30 minute session and is subject to change - please call or check web site for correct times - updated 6/18/24

### FREESTYLE ICE SKATING

<u>Freestyle</u> - Designed for figure skaters to safely work on their programs and practice their jumps, spins and footwork. *Skaters must be USFS Basic 6 or ISI Delta (Advanced) or above unless in a lesson and accompanied by an instructor.*<u>Open Coaching</u> - Designed for <u>BOTH</u> Figure Skaters and Hockey Platers to train with a coach. Programs <u>cannot</u> be ran. Harness can be used. Spins in center circle and jumps on far end of the rink. <u>Skaters must be in a lesson the entire time to be on the ice. Two students MAX. per coach.</u>

Sun	Mon	TUES	WED	THURS	Fri	SAT
	1 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	<b>Morning:</b> 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 <b>Afternoon:</b> 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	Morning: Open Coaching: 6a-7a 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	4 Morning: 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 12:45, 1:15, 2:00, 2:30, 3:00	Morning: 6:00, 6:30, 7:00, 7:30, 8:00 Afternoon: 2:00, 2:30, 3:00, 3:30, 4:00 Open Coaching: 4:45p- 5:45p	6 Afternoon: 12:45, 1:15, 1:45
<b>Afternoon:</b> 2:15, 2:45, 3:15, 4:00, 4:30	8 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	10 Morning: Open Coaching: 6a-7a 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	11 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00	12 Morning: 6:00, 6:30, 7:00, 7:30, 8:00 Afternoon: 2:00, 2:30, 3:00, 3:30, 4:00 Open Coaching: 4:45p- 5:45p	13 Afternoon: 12:45, 1:15, 1:45
14 Afternoon: 2:15, 2:45, 3:15	15 Afternoon: 2:00, 2:30, 3:00, 3:30, 4:15, 4:45, 5:15	16 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	17 Morning: Open Coaching: 6a-7a 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	18 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00	10 Morning: 6:00, 6:30, 7:00, 7:30, 8:00 Afternoon: 2:00, 2:30, 3:00, 3:30, 4:00 Open Coaching: 4:45p- 5:45p	20 Afternoon: 12:45, 1:15, 1:45
<b>21</b> Afternoon: 2:15, 2:45, 3:15, 4:00, 4:30	22 Afternoon: 2:00, 2:30, 3:00, 3:30, 4:15, 4:45, 5:15	23 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	24 Morning: Open Coaching: 6a-7a 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	25 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00	26 Morning: 6:00, 6:30, 7:00, 7:30, 8:00 Afternoon: 2:00, 2:30, 3:00, 3:30, 4:00 Open Coaching: 4:45p- 5:45p	27
28 Afternoon: 2:45, 3:15, 3:45, 4:15, 4:45	29 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	30 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	31 Morning: Open Coaching: 6a-7a 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15			

#### **Freestyle Prices**

Walk-on: \$7.00/30min.
Pass: \$125 for 20 half hour sessions
OR

\$350/Month for Unlimited

#### **Open Coaching:**

\$7/30 min. OR

Freestyle pass can be used

#### **Coaching Fees:**

\$3.25/30 min - NO DAILY FEE OR 60/Month

# COMMUNITY CENTER ICE ARENA

5940 NW Waukomis Drive Kansas City, MO 64151 Phone: 816-513-0760 Website: KCPARKS.ORG

