July 2024

*Available times as shown and subject to change - please call or check web site for correct times.

Updated 6/29/2024

<u>ADULT STICK TIME - Pick-up scrimmages</u>
18+ unless otherwise indicated - Full gear

STICK & PUCK - Practice Ice - NOT scrimmage ice Stick and puck handling - All Ages - Full gear REQUIRED for ages 17 and under - Gear required for 18+: Helmet, gloves, stick and proper skates

ADULT SKILLS AND DRILLS - New or C/D Level Players - Full Gear - 40 min skills/drills - 50 min scrimmage

Open Coaching - Designed for BOTH Hockey Players and Figure Skaters to train with a coach. No nets, sticks and pucks will be allowed on the ice. Skaters must be in a lesson the entire time to be on the ice. Two students MAX. per coach.

Sun	Mon	TUES	WED	Thurs	Fri	SAT	<u>Prices</u>
	1 Stick & Puck - All Ages 10a-11a 6p-7p	2 Stick & Puck - All Ages 10a-11a	3 Open Coaching: 6a-7a Stick & Puck - All Ages 10a-11a 6p-7p 7:15p-8:15p	4 Stick & Puck - All Ages 10a-11a 11:15a-12:15p	5 Adult Adv. Stick Time 11a-12p 7:30p-8:30p Open Coaching: 4:45p- 5:45p Stick & Puck - All Ages 6p-7p	6 Stick & Puck - All Ages 10a-11a 11:15a-12:15p	Stick Time and Stick & Puck: \$14 ea./Hour or \$125 for 10 one hour sessions Adult Power, Skills & Drills: \$18 ea./Session or \$180 for 10 sessions Open Coaching:
7 Stick & Puck - All Ages 11:45a-12:45p 1p-2p	8 NO Stick & Puck	9 Adult Skills & Drills 8:45p - 10p	10 Open Coaching: 6a-7a Stick & Puck - All Ages 11:30a-12:30p	11 Stick & Puck - All Ages 11:30a-12:30p	12 Adult Adv. Stick Time 11:30a-12:30p Open Coaching: 4:45p- 5:45p Stick & Puck - All Ages 6p-7p	13 Stick & Puck - All Ages 11:15a-12:15p	\$7/30 min. OR Stick and Puck Pass can be used COACHING FEES: \$3.25/30 min No daily fees OR \$60/Month
14 Stick & Puck - All Ages 11:45a-12:45p	15 NO Stick & Puck	16 Stick & Puck - All Ages 11:30a-12:30p Adult Skills & Drills 8:45p - 10p	17 Open Coaching: 6a-7a Stick & Puck - All Ages 11:30a-12:30p	18 Stick & Puck - All Ages 11:30a-12:30p	Adult Adv. Stick Time 11:30a-12:30p Open Coaching: 4:45p- 5:45p Stick & Puck - All Ages 6p-7p	20 Stick & Puck - All Ages 11:15a-12:15p	IMPORTANT Goalies in lesson must pay the \$14 hourly fee LINE CREEK
21	22 Stick & Puck - All Ages 6p-7p	23 Stick & Puck - All Ages 11:30a-12:30p Adult Skills & Drills 8:45p - 10p	24 Open Coaching: 6a-7a Stick & Puck - All Ages 11:30a-12:30p	25 Stick & Puck - All Ages 11:30a-12:30p	26 Adult Adv. Stick Time 11a-12p Open Coaching: 4:45p- 5:45p Stick & Puck - All Ages 6p-7p	27 Stick & Puck - All Ages 12:30p-1:30p 1:45p-2:45p	COMMUNITY CENTER ICE ARENA 5940 NW Waukomis Drive Kansas City, MO 64151
28 Stick & Puck - All Ages 12:30p-1:30p	29 Stick & Puck - All Ages 10a-11a	30 Stick & Puck - All Ages 10a-11a Adult Skills & Drills 8:45p - 10p	31 Open Coaching: 6a-7a Stick & Puck - All Ages 10a-11a				Phone: 816-513-0760 Website: WWW.KCPARKS.ORG KANSAS CITY MISSOURI