

FREESTYLE ICE SKATING

<u>Freestyle</u> - Designed for figure skaters to safely work on their programs and practice their jumps, spins and footwork. *Skaters must be USFS Basic 6 or ISI Delta (Advanced) or above unless in a lesson and accompanied by an instructor.*

Open Coaching - Designed for <u>BOTH</u> Figure Skaters and Hockey Players to train with a coach. Programs <u>cannot</u> be ran. Harness can be used. Spins in center circle and jumps on far end of the rink. <u>Skaters must be in a lesson</u> the entire time to be on the ice. Two students MAX. per coach.

Sun	Mon	TUES	WED	Thurs	FRI	SAT
Please adhere to ALL freestyle END times, as there are ice makes built in. ALL skaters and coaches are expected to be off the ice in a timely manner when the buzzer goes off!				1 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00	2 Morning: 6:00, 6:30, 7:00, 7:30, 8:00 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	Afternoon: 4:10, 4:40, 5:10
4 Afternoon: 12:00, 12:30, 1:00, 1:30	5 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	7 Open Coaching: 6a-7a Morning: 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00	Morning: 6:00, 6:30, 7:00, 7:30, 8:00 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	1O Afternoon: 12:00, 12:30, 1:00, 4:00, 4:30, 5:00
11 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30, 5:00	12 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	13 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	14 Open Coaching: 6a-7a Morning: 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	15 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00	16 Morning: 6:00, 6:30, 7:00, 7:30, 8:00 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	17 Afternoon: 3:00, 3:30, 4:00, 4:30, 5:00
18 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45	19 Ice Rink	20 Closed fo	21 r Mainte	22 nance Ma	23 y 19 - 23	24 Afternoon: 12:30, 1:00, 1:30
25 Afternoon: 12:45, 1:15, 1:45, 2:15, 3:00, 3:30, 4;00, 4:30, 5:00	26 Morning/Afternoon: 10:30, 11:00, 11:30, 12:00 Afternoon: 3:15, 3:45, 4:15, 4:45	27 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 3:45, 4:15, 4:45, 5:15	28 Open Coaching: 6a-7a Morning: 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:45, 3:15, 3:45, 4:15, 4:45, 5:30, 6:00, 6:30	20 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 1:00, 1:30, 2:00, 2:30, 3:00 Evening: 6:00, 6:30	30 Morning: 6:00, 6:30, 7:00, 7:30, 8:00 Afternoon: 1:45, 2:15, 2:45, 3:15	31 Afternoon: 12:45, 1:15

Freestyle Prices

Walk-on: \$7.00/30min.
Pass: \$125 for 20 half hour sessions

OR

\$350/Month for Unlimited

Coaching Fees:

\$3.25/30 min - NO DAILY FEE OR

\$60/Month

Open Coaching:

\$7/30 min. **OR**

Freestyle pass can be used

COMMUNITY CENTER ICE ARENA

5940 NW Waukomis Drive Kansas City, MO 64151 Phone: 816-513-0760 Website: KCPARKS.ORG

