## September 2024

\*Times shown are start times for each 30 minute session and is subject to change - please call or check web site for correct times - updated 8/23/24

## FREESTYLE ICE SKATING

<u>Freestyle</u> - Designed for figure skaters to safely work on their programs and practice their jumps, spins and footwork. *Skaters must be USFS Basic 6 or ISI Delta (Advanced) or above unless in a lesson and accompanied by an instructor.* 

<u>Open Coaching</u> - Designed for <u>BOTH</u> Figure Skaters and Hockey Platers to train with a coach. Programs <u>cannot</u> be ran. Harness can be used. Spins in center circle and jumps on far end of the rink. <u>Skaters must be in a lesson the entire time to be on the ice. Two students MAX. per coach.</u>

Sun	Mon	TUES	WED	Thurs	FRI	SAT
1 Afternoon: 12:30, 1:00, 1:30, 2:00	2 Morning/Afternoon: 10:30, 11:00, 11:30, 12:00	<b>3 Morning:</b> 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 <b>Afternoon:</b> 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	Open Coaching: 6a-7a Morning: 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30p	5 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00 Evening: 6:00, 6:30	Morning: 6:00, 6:30, 7:00, 7:30, 8:00 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	7
8	Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	10 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	11 Open Coaching: 6a-7a Morning: 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30p	12 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00	13 Morning: 6:00, 6:30, 7:00, 7:30, 8:00 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	14
15 Morning/Afternoon: 11:15, 11:45, 12:15, 12:45, 1:15	16 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	17 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	18 Open Coaching: 6a-7a Morning: 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30p	19 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00	20 Morning: 6:00, 6:30, 7:00, 7:30, 8:00 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	21
22	23 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	24 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00, 3:45, 4:15, 4:45, 5:15	25 Open Coaching: 6a-7a Morning: 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30p	26 Morning: 6:00, 6:30, 7:00, 7:30, 8:00, 8:45, 9:15 Afternoon: 2:00, 2:30, 3:00	27 Morning: 6:00, 6:30, 7:00, 7:30, 8:00 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30	28
29	30 Afternoon: 1:45, 2:15, 2:45, 3:15, 4:00, 4:30					

## **Freestyle Prices**

Walk-on: \$7.00/30min.
Pass: \$125 for 20 half hour sessions
OR

\$350/Month for Unlimited **Coaching Fees:** 

\$3.25/30 min - *NO DAILY FEE* 

OR \$60/Month

**Open Coaching:** 

\$7/30 min. **OR** 

Freestyle pass can be used

## COMMUNITY CENTER ICE ARENA

5940 NW Waukomis Drive Kansas City, MO 64151 Phone: 816-513-0760 Website: KCPARKS.ORG

