Swope Trails is a 50+ mile planned network of single-track mountain biking and hiking facilities in the heart of Kansas City, Missouri. Designed, constructed and managed by Heartland Outside in partnership with Kansas City Parks and Recreation, Jackson County Parks and Recreation, Urban Trail Co. [UTC].

Swope Trails provides a premier single-track mountain biking and hiking facility in the core of the city; attracting local, regional, and national visitors. Constructed in phases by volunteers, 12.5 miles have been built since 2007. When complete, Swope Trails will be one of the largest Urban Singletrack trail systems in the United States.

Swope Trails is located in the heart of Swope Park, Kansas City’s largest urban park at 1,805 acres, and showcase the limestone bluffs connecting to trails along the Blue River, Lakeside Nature Center, Rocky Point Glades and Camp Lake of the Woods. Great strides are being made, with help from the Missouri Department of Conservation, to ensure trail alignments preserve, protect and restore the natural habitat of the glades.

Swope Trails is 100% volunteer designed, built and maintained.
CONCENTRIC LOOP SYSTEM:
Contains 3 trails parallel to one another. An upper and lower trail network.
Current mileage: 12 miles (apx)

The upper trail (Rancho D-LUX) is on top of the limestone face. This trail is beginner level and more meandering.
3.5 miles

The lower trail (Wudchuk Run) parallels the limestone face that runs around the entire property. This is a more intermediate trail due to the terrain and exposed rock. Wudchuk Run consists of many alternate lines/drops.
8.0 miles

FEATURES:
[Numbers denote feature locations. NOT mileage]

1. Whale Tale
2. SurfBoard
3. Pinko
4. Poop Shoot
5. FacePlant
6. Marci’s Playground
7. Bee’s Knees
8. Honey Pot Guillotine
9. Donkey Kick
10. Hazzard County
11. Area 118
12. Nate’s Whoops
13. Dick’s Big Log Ride
14. Jawbreaker
15. 8 Pin Alley
16. Sweet Luv (swopestyle)
17. 435 Deer Trail
18. Princess Cruise Line
19. Knotty Drop
20. Princess Plunge
21. OMGWP
22. The Farm
23. Farmer’s Daughter
24. Joe’s Drop Inn
25. Dave Dynamite
26. Baby Gap
27. Dick-N-Joe
28. College Degree
29. Dum-Dum
30. Piranha
31. Big Bad Wolf
32. Glamour Shot
33. Lift With Your Back
34. LakeFront Property
35. Nurse Ratched
36. Childhood Dreams
37. Sitf Show
38. Onion
39. Autobahn
40. David Bowie