



# 2023 Fall Activities

KANSAS CITY, MISSOURI  
PARKS & RECREATION







## OUR MISSION STATEMENT

### Our Mission

To improve the quality of life, health and wellness of our community by providing socially equitable, community-driven programming and environmentally sound natural resource management.

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## More About Us

Kansas City, Missouri Parks and Recreation provides facilities, programs and recreational opportunities for the community that contribute to an aesthetically pleasing environment and enhanced quality of life. The department maintains 221 parks, 12,242 acres of parkland, 158 miles of trails and bikeways, 29 lakes, hundreds of athletic fields and tennis courts, 106 playgrounds, and five public golf courses. Miles of scenic boulevards and parkways crisscross the city, where 48 fountains and 122 monuments and sculptures surprise and delight. Ten community centers, along with eight museums, provide the setting for socially equitable and community-driven programming.

## Board of Parks & Recreation

### Commissioners

Jack Holland, President

Alejandra Perez-Rico

Stephenie K Smith

### Parks & Recreation Director

Chris Cotten



## Rainout Line

Live Update for KC P&R Athletics



You can now check the status of  
games and programs

SIGN UP FOR  
Email & Text Alerts!

# COMMUNITY CENTERS

The heart of our neighborhoods beats in our community centers. KCMO Parks & Recreation operates ten unique centers throughout the city that provide a wide array of activities, services and events for all ages.

## **ADMISSION**

**YOUTH** (Ages 17 and under )

Facility: Free

## **ADULT**

Facility Pass: \$5/day

**All Access Pass:** \$30/month, \$300/annual

Group (2 or more): \$30 for initial membership, \$10 off for each additional membership, must be members of the same household.

## **SENIOR (60+)**

Facility Pass: \$3/day

All Access Pass: \$20/month, \$200/annual

Group (2 or more): \$20 for initial membership, \$10 off for each additional membership, must be members of the same household.

## **LOCATION GUIDE**

<b>BCCC</b>	Brush Creek Community Center
<b>BRW</b>	Bruce R. Watkins
	Cultural Heritage Center
<b>CHS</b>	Central High School
<b>GCC</b>	Garrison Community Center
<b>GKCC</b>	Gregg/ Klice Community Center
<b>HCCC</b>	Hillcrest Community Center
<b>KCNCC</b>	Kansas City North Community Center
<b>LCCC</b>	Line Creek Community Center
<b>MCC</b>	Marlborough Community Center
<b>PV</b>	Pleasant Valley Park Athletic Complex
<b>SCLHM</b>	Shoal Creek Living History Museum
<b>SECC</b>	Southeast Community Center
<b>TACC</b>	Tony Aguirre Community Center
<b>WRCC</b>	Westport Roanoke Community Center



*The KCMO Parks & Recreation Department facilities and programs are available to people of all abilities. If accommodations or individualized supports are needed to participate, please contact Taryn Andersen at (816) 513-7624.*



## **BRUSH CREEK COMMUNITY CENTER**

3801 Emanuel Cleaver II Blvd., KCMO 64110  
P. 816-513-0730

### **HOURS OF OPERATION**

Monday - Thursday: 10 a.m. - 9 p.m.  
Friday - Sunday: 9 a.m. - 6 p.m.

## **GARRISON COMMUNITY CENTER**

1124 E. Fifth St., KCMO 64106  
P. 816-513-7720

### **HOURS OF OPERATION**

Monday - Thursday: 11 a.m. - 9 p.m.  
Friday: 9 a.m.-6 p.m.  
Saturday: 9 a.m.-6 p.m.  
Sunday: CLOSED

## **GREGG/KLICE COMMUNITY CENTER**

1600 John "Buck" O'Neil Way, KCMO 64108  
P. 816-513-0652

### **HOURS OF OPERATION**

Monday - Thursday: 6 a.m. - 9 p.m.  
Friday: 6 a.m. - 6 p.m.  
Saturday - Sunday: 9 a.m. - 6 p.m.

## **HILLCREST COMMUNITY CENTER**

10401 Hillcrest Road, KCMO 64134  
P. 816-513-8560

### **HOURS OF OPERATION**

Monday - Thursday: 7 a.m. - 9 p.m.  
Friday: 7 a.m. - 6 p.m.  
Saturday/ Sunday: 9 a.m. - 6 p.m.

## **KANSAS CITY NORTH COMMUNITY CENTER**

3830 N.E. Antioch Road, KCMO 64117  
P. 816-513-7740

### **HOURS OF OPERATION**

Monday - Thursday: 7 a.m. - 9 p.m.  
Friday: 7 a.m. - 6 p.m.  
Saturday - Sunday: 9 a.m. - 6 p.m.

## **LINE CREEK COMMUNITY CENTER ICE ARENA**

5940 N.W. Waukomis Drive, KCMO 64151  
P. 816-513-0760

### **HOURS OF OPERATION**

Monday: 7 a.m. - 9 p.m.  
Tuesday - Friday: 6 a.m. - 9 p.m.  
Saturday/ Sunday: 9 a.m. - 6 p.m.

## **MARLBOROUGH COMMUNITY CENTER**

8200 The Paseo Blvd., KCMO 64131  
P. 816-513-7800

### **HOURS OF OPERATION**

Monday - Thursday: 11 a.m. - 9 p.m.  
Friday - Saturday: 9 a.m. - 6 p.m.  
Sunday: CLOSED

## **SOUTHEAST COMMUNITY CENTER**

4201 E. 63rd St., KCMO 64130  
P. 816-513-0632

### **HOURS OF OPERATION**

Monday - Thursday: 6 a.m. - 9 p.m.  
Friday: 6 a.m. - 6 p.m.  
Saturday/ Sunday: 9 a.m. - 6 p.m.

## **TONY AGUIRRE COMMUNITY CENTER**

2050 W. Pennway, KCMO 64108  
P. 816-513-8530

### **HOURS OF OPERATION**

Monday - Thursday: 7 a.m. - 9 p.m.  
Friday: 7 a.m. - 6 p.m.  
Saturday and Sunday: 9 a.m. - 6 p.m.

## **WESTPORT COMMUNITY CENTER**

3601 Roanoke Road, KCMO 64111  
P. 816-513-7660

### **HOURS OF OPERATION**

Monday - Thursday: 10 a.m. - 9 p.m.  
Friday: 10 a.m. - 6 p.m.  
Saturday/ Sunday: 9 a.m. - 6 p.m.



# SPECIAL MEMBERSHIP PRICE

at KC Parks  
Community  
Centers

KANSAS CITY NORTH  
MARLBOROUGH  
TONY AGUIRRE  
GREGG/ KLICE  
BRUSHCREEK  
SOUTHEAST  
WESTPORT  
HILLCREST  
GARRISON



**HOLIDAY  
SALE**  
Nov. 24, 2023  
to  
Jan. 5, 2024

Get  
**\$100 off**  
the cost of  
**Annual All Access  
Memberships**

## ADULT ALL ACCESS

**Annual Membership**

*Limited time special **\$200***

Regular price \$300

**All Access Monthly  
Membership**

*Limited time special **\$25***

Regular price \$30

## ACTIVE AGING

**ALL ACCESS**

**Annual Membership**

*Limited time special **\$100***

Regular price \$200

**Monthly Membership**

*Limited time special **\$15***

Regular price \$20

## YOUTH ALL ACCESS

**Annual Membership**

**FREE**

Youth 14 and under,  
must be accompanied  
by a paying adult.

*Line Creek Community Center  
Is NOT included in this offer.*

The pass may be used for the following at KC Parks Community Centers:

Fitness Centers | Open Swim | Open Gym  
and Select Classes

*This pass cannot be used for rentals, classes (unless specified), or activity fees.*

*Offer ends Jan. 5, 2024*



**kcparks.org**



The KCMO Parks and Recreation Department facilities and programs are available to people of all abilities. If accommodations or individualized supports are needed to participate, please contact Taryn Andersen at 816-513-7624.



# CALENDAR OF EVENTS



## Teen Summit

This program is to help educate our youth on various topics (peer pressure, substance abuse, depression, and social media). We will have a few speakers on hand to talk with youth about different issues facing them and what steps they can take to best overcome those situations.

ACTIVITY CODE: 233507001		
AGE	FEE	LOCATION
13 - 18	\$5/ free mem-	GCC
DAY	DATE	TIME
Th	9/7	6 - 8 p.m.

## Skate Night in the Park

If you're looking to kick off the weekend with fun, come join us for skate night in the park! This event is a way to enjoy skating outdoors with friends, food, and music. (Skates are not provided)

ACTIVITY CODE: 233511001		
AGE	FEE	LOCATION
18+	\$5	SECC
DAY	DATE	TIME
F	9/8	7:30 - 10 p.m.

## A Conversation with the Elders

Featuring **Charlotte "Mama C" O'Neal**

Don't miss this opportunity to see and hear firsthand from a gifted artist and "true revolutionary" who fervently believes in the power of music and art to heal, bring joy, and elevate lives!

Talk and Audience Q&A

Please RSVP – call 816.513.0700

or [BruceRWatkinsCHC@kcmo.org](mailto:BruceRWatkinsCHC@kcmo.org)

ACTIVITY CODE: 233410001		
AGE	FEE	LOCATION
All	FREE	BRW
DAY	DATE	TIME
Sa	9/9	1:30 - 3:30 p.m.

## Pickleball Appreciation Day

Pickleball Appreciation Day is a fun filled and engaging celebration of the popular racquet sport pickleball. This event aims to bring together pickleball enthusiasts of all ages and skill levels to foster a sense of community, promote healthy living, and showcase the joy of playing pickleball.

ACTIVITY CODE: 233508001		
AGE	FEE	LOCATION
18+	\$5/ \$3 Active Agers	KCNCC
DAY	DATE	TIME
F	9/22	8 - 11:30 a.m.

## Wilma's Birthday

Help us celebrate Wilma the Ornate Box Turtle's 85th birthday. Also learn cool facts about reptiles and how you can support them in the wild.

Encounters / Presentations: Wilma the Ornate Box Turtle, Reptile Presentation, and Snakes

ACTIVITY CODE: 233560001		
AGE	FEE	LOCATION
All	FREE	LNC
DAY	DATE	TIME
Sa	9/23	10 a.m. - 2 p.m.

## Dad and Daughter Fit Day

Dad's and their daughters will do a variety of fun exercises with their kids. There will be dodgeball, basketball, relay racing, etc. We will start off with basic exercises for the youth such as sit-ups, jumping jacks, squats, etc. (elementary school kids)

ACTIVITY CODE: 233507002		
GRADE	FEE	LOCATION
K - 5th	\$5	GCC
DAY	DATE	TIME
Sa	10/7	10:30 a.m. - 12:30 p.m.

## Fall Festival

Giving families in the community a chance to come out and have fun helping to celebrate fall with many fun activities. We will provide a great time for youth to have a little fall fun with ghosts and goblins. Bring your children and take pictures with friends/family and enjoy a day of fun scary crafts, and festivities.

ACTIVITY CODE: 233501001		
AGE	FEE	LOCATION
6 - 13	FREE	BCCC
DAY	DATE	TIME
Sa	10/21	1 - 3 p.m.





## Trunk or Treat

Gather treats and meet several of our animal ambassadors during this unique drive-thru event.

<b>ACTIVITY CODE:</b> 233560002		
AGE	FEE	LOCATION
All	FREE	LNC
DAY	DATE	TIME
Su	10/15	4 - 6 p.m.

## What's Out at Night

Learn about all of the cool animals that come out at night and how we can help keep them safe.  
Encounters / Presentations: Great Horned Owl, Bats Presentation and Opossum

<b>ACTIVITY CODE:</b> 233560003		
AGE	FEE	LOCATION
All	FREE	LNC
DAY	DATE	TIME
Sa	10/21	10 a.m. - 2 p.m.

## Trunk Or Treat

This fun community event provides families with an alternative to trick-or-treating door-to-door. Trunk or treat events have grown in popularity in recent years, as families seek fun and safe alternatives to trick-or-treating door-to-door.

<b>ACTIVITY CODE:</b> 233511002		
AGE	FEE	LOCATION
6 - 13	FREE	SECC
DAY	DATE	TIME
F	10/27	6 p.m.

## Family Pumpkin Painting

This special event offers a delightful opportunity for families to unleash their artistic talents and personalize pumpkins with vibrant colors, designs, and patterns. In this interactive and hands on special event, participants will be provided with pumpkins, paint, brushes, and a variety of decorating materials to create their masterpieces.

<b>ACTIVITY CODE:</b> 233508002		
AGE	FEE	LOCATION
All ages	\$10/ painter	KCNCC
DAY	DATE	TIME
Sa	10/28	10 a.m. - Noon

## Hillcrest Fall Celebration

Parents are encouraged to bring their children to Hillcrest for a Fall themed kid friendly "Paint and Sip"!

<b>ACTIVITY CODE:</b> 233502001		
AGE	FEE	LOCATION
4 - 13	FREE	HCCC
DAY	DATE	TIME
Sa	10/28	1 - 2:30 p.m.

## Spooky Skate

Come out to Line Creek on October 24th and join us for our Halloween themed skate party SPOOKY SKATE! This annual skating party will be FREE if you wear a Halloween costume and will run from 7 - 8:30 p.m. Don't miss out on the free candy and other spooky activities! Free if wearing a costume, \$8 admission fee \$2 skate rental fee if not.

<b>ACTIVITY CODE:</b> 233504001		
AGE	FEE	LOCATION
All ages	\$8	LCCC
DAY	DATE	TIME
T	10/24	7 - 8:30 p.m.

## Westport Ghou House

Bring your family out to our haunted house! Children are encouraged to wear their Halloween costumes for this hair-raising event. Visitors will be sent home with chills down their spine and a goodie bag. For more information, call 816-513-7660.

<b>ACTIVITY CODE:</b> 233510001		
AGE	FEE	LOCATION
3+	\$5	WRCC
DAY	DATE	TIME
M	10/30	6 - 8 p.m.

## Costume Party

Put on your best or scariest costume and come participate in Westport's very own costume party! There will be activities and snacks. Make sure to stay tuned for the end, where there will be a costume competition! The winner by vote will get a prize.

ACTIVITY CODE: 233510002		
AGE	FEE	LOCATION
6 - 15	FREE	WRCC
DAY	DATE	TIME
Sa	10/21	2 - 4 p.m.

## Senior Fall Sip and Paint

This event will help the seniors bring in Fall! They will be provided light snacks while painting a fall themed picture, led by Hillcrest staff.

ACTIVITY CODE: 233502002		
AGE	FEE	LOCATION
60+	\$10	HCCC
DAY	DATE	TIME
T	10/31	12 - 1:30 p.m.

## Thanksgiving Senior Potluck

Join us at KC North for a delightful Senior Citizen Potluck Special Event! This gathering is specifically designed to bring together senior community members in a warm and inviting atmosphere to share a delicious meal, engage in meaningful conversations, and celebrate the spirit of togetherness during the month of November.

ACTIVITY CODE: 233508003		
AGE	FEE	LOCATION
All ages	FREE	KCNCC
DAY	DATE	TIME
Th	11/16	11 a.m. - 1 p.m.

## Turkey Bowling

Turkey Bowling! You read that right! Come out to Line Creek Community Center, five days before Thanksgiving, for a chance to win yourself a Turkey and other prizes! We have this unique event every year. Free admission and \$2 skate rental if you bring canned goods for Harvester's food drive. \$8 for admission and \$2 for skate rental if you do not.

ACTIVITY CODE: 233504002		
AGE	FEE	LOCATION
All ages	\$8	LCCC
DAY	DATE	TIME
Sa	11/18	2:30 - 4:30 p.m.

## Earth Keepers

Learn how to be an earth keeper and support wildlife and habitats. From 'leaving the leaves' to creating darker skies for wildlife.

Encounters / Presentations: Amphibians (leave the leaves), Dark Sky Initiative, Broadwing Hawk (migration)

ACTIVITY CODE: 233560004		
AGE	FEE	LOCATION
All	FREE	LNC
DAY	DATE	TIME
Sa	11/18	10 a.m. - 1 p.m.

## Health Seminar

Come join our certified personal trainer for an hour of unlimited questions and tips to help jumpstart your fitness journey!

ACTIVITY CODE: 233511003		
AGE	FEE	LOCATION
13+	FREE	SECC
DAY	DATE	TIME
Sa	12/9	10 a.m.

## Skate with Santa

Come join us as we celebrate the holiday season! There will be a Holiday Party, Photo Booth, Ice Skating and more. Participants will get to skate with Santa during public session.

ACTIVITY CODE: 233504003		
AGE	FEE	LOCATION
All ages	FREE	LCCC
DAY	DATE	TIME
Sa	12/9	2 - 4 p.m.

## Dinos

Learn interesting facts about dinosaurs and meet some animal ambassadors that were around when the dinosaurs were.

Encounters / Presentations: Turtles, Talk on Dinosaurs, Opossum.

ACTIVITY CODE: 233560005		
AGE	FEE	LOCATION
All	FREE	LNC
DAY	DATE	TIME
Sa	12/16	10 a.m. - 1 p.m.



# ACTIVE AGERS

## Chair Aerobics

Designed to increase muscle strength, range of movement and improve activities for daily living. A chair is used for seating exercises, standing support, and can be modified depending on fitness level. Session I (6 weeks), Session II (7 weeks)

<b>ACTIVITY CODE:</b> 233100001			
<b>AGE</b>		<b>FEE</b>	
50+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/Th	9/5	1 - 2 p.m.	BCCC
T/Th	11/1	1 - 2 p.m.	BCCC
T/W	9/5	10 - 10:45 a.m.	GKCC
T/W	10/3	10 - 10:45 a.m.	GKCC
T/W	11/1	10 - 10:45 a.m.	GKCC
T/W	12/5	10 - 10:45 a.m.	GKCC
M/W	9/5	9:30 - 10:30 a.m.	MCC
M/W	10/23	9:30 - 10:30 a.m.	MCC

## Silver Sneakers Classic

Designed to increase muscle strength, range of movement, and improve activities for daily living. A chair is used for seating exercises and standing support and can be modified depending on fitness level.

<b>ACTIVITY CODE:</b> 233100002			
<b>AGE</b>		<b>FEE</b>	
60+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/Th	9/5	9:30 - 10:30 a.m.	GCC
T/Th	10/23	9:30 - 10:30 a.m.	GCC
M - Th	9/5	10 - 11 a.m.	HCCC

## Motion and Movement with Seniors

Senior citizens will go through a variety of exercises that will help them maintain good range of motion and good posture to keep their bodies fit.

<b>ACTIVITY CODE:</b> 233507003			
<b>AGE</b>		<b>FEE</b>	
60+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/Th	9/5	8:30 - 9:30 a.m.	GCC
T/Th	10/23	8:30 - 9:30 a.m.	GCC



## Seated Yoga

Seated yoga will allow individuals to build strength, flexibility and endurance while keeping their heart happy and healthy with light exercises from the comfort of a chair.

<b>ACTIVITY CODE:</b> 233505001			
<b>AGE</b>		<b>FEE</b>	
60+		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	9/5	9:30 - 10:30 a.m.	MCC
T	10/23	9:30 - 10:30 a.m.	MCC

## Active Agers Club

Active Agers will enhance their brain, develop social skills through table games, and other activities in a positive setting. Free with Silver Sneakers membership.

<b>ACTIVITY CODE:</b> 233505002		
<b>AGE</b>	<b>FEE</b>	<b>LOCATION</b>
60+	\$3/ day	MCC
<b>DAY</b>	<b>DATE</b>	<b>TIME</b>
Th	9/5	Noon
Th	10/23	Noon





## Garrison Cooking Club

Join us in the kitchen! We will learn fun recipes that you can take home and share with the family!

<b>ACTIVITY CODE:</b>		<b>233507004</b>	
<b>FEE</b>			
<b>\$5/day (Under age 59)</b>		<b>\$3/ day (60+)</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	9/7	11 a.m. - 1 p.m.	GCC
Th	9/21	11 a.m. - 1 p.m.	GCC
Th	10/5	11 a.m. - 1 p.m.	GCC
Th	10/19	11 a.m. - 1 p.m.	GCC
Th	11/2	11 a.m. - 1 p.m.	GCC
Th	11/16	11 a.m. - 1 p.m.	GCC
Th	12/14	11 a.m. - 1 p.m.	GCC

## FIELD TRIP: TAKE ME OUT TO THE BALL GAME

Seniors (60+) are invited for an afternoon at the Kauffman! The Kansas City Royals are playing the Houston Astros starting at 1:10 p.m.. Gather your friends and meet at Brush Creek Community Center at 12:20 p.m. to head to the game. The cost covers a game ticket, transportation in department vans, and parking for the vans.

<b>ACTIVITY CODE:</b>		<b>233501002</b>	
<b>AGE</b>		<b>TIME</b>	
<b>60+</b>		<b>12:20 p.m. (Pickup)</b>	
		<b>1:10 p.m. (Game Starts)</b>	
<b>DAY</b>	<b>DATES</b>	<b>FEE</b>	<b>LOCATION</b>
Su	9/17	\$12	BCCC



## Active Aging Specific Ceramics/ Pottery

Pottery and Ceramics is all about shaping clay, heating clay, and decorating clay. There is more to it, attendees will have the opportunity to learn about clay and how to shape a creative vision into a creative piece of work. During the creative process participants will learn to use clay-working tools, kilns, paints, and shaping wheels.

<b>ACTIVITY CODE:</b>		<b>23350800</b>	
<b>AGE</b>		<b>FEE</b>	
<b>50+</b>		<b>\$75/ Session</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	9/11 - 10/16	5:30 - 6:15 p.m.	KCNCC
M	10/23 - 12/16	5:30 - 6:15 p.m.	KCNCC



# YOUTH PROGRAMS



Birthday Packages are coming early 2023 at four community centers  
KC North, Westport, Line Creek and Hillcrest!

Please contact one of these locations for more details!

## Let's Play! Volleyball

Let's Play! is an introductory volleyball program intended to teach kids the basics of volleyball. The goal of the program is for kids to walk away with the 3 F's – fundamentals, friendship and fun! Parents will assist their child in learning and utilizing the skills and drills.

<b>ACTIVITY CODE:</b>		<b>233540001</b>	
<b>AGE</b>		<b>FEE</b>	
<b>10 - 14</b>		<b>\$40</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	9/9	10 a.m.	BCCC

## Youth Flag Football

Flag football participants will learn the basics of offense and defense as well as practice passing, running, catching and flag pulling. Join us for our annual fun exciting league.



<b>ACTIVITY CODE:</b>		<b>233540002</b>	
<b>AGE</b>		<b>FEE</b>	
<b>5 - 10</b>		<b>\$40/ player</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	8/26	9 a.m. - 4 p.m.	CHS

## Youth Basketball Skills Training

This program is designed to teach basic basketball skills to youth athletes who are just getting started in basketball. This program will teach fundamentals such as shooting, dribbling, passing and defense of skills.

<b>ACTIVITY CODE:</b>		<b>233540003</b>	
<b>AGE</b>		<b>FEE</b>	
<b>6 - 13</b>		<b>\$40</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	9/6	6 p.m.	BCCC
W	11/1	6 p.m.	BCCC
Sa	9/9	10 - 11 a.m.	HCCC

## Let's Play! Basketball

Let's Play! is an introductory basketball program intended to teach kids the basics of basketball. The goal of the program is for kids to walk away with the 3 F's – fundamentals, friendship and fun! Parents will assist their child in learning and utilizing the skills and drills.

<b>ACTIVITY CODE:</b>		<b>233540004</b>	
<b>AGE</b>		<b>FEE</b>	
<b>4 - 6</b>		<b>\$40</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	9/6 - 10/11	6 p.m.	BCCC
Sa	10/7 - 11/18	9 a.m.	HCCC
Sa	10/18 - 11/22	9 a.m.	KCNCC

## Youth Fall Basketball League

This Fall youth basketball league is a great opportunity to enhance your skills in a competitive and recreational setting. This league will give players the opportunity to continue to hone their skills and prepare for upcoming seasons.

<b>ACTIVITY CODE:</b>		<b>23350005</b>	
<b>AGE</b>		<b>FEE</b>	
<b>5 - 12</b>		<b>\$40/ player   \$200/ team</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	11/4	9 a.m. - 3 p.m.	Various

## Let's Play! Lacrosse

Let's Play! is an introductory lacrosse program intended to teach kids the basics of lacrosse. The goal of the program is for kids to walk away with the 3 F's – fundamentals, friendship and fun! Parents will assist their child in learning and utilizing the skills and drills.

<b>ACTIVITY CODE:</b>		<b>233540007</b>	
<b>AGE</b>		<b>FEE</b>	
<b>6 - 12</b>		<b>\$40</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	9/20 - 10/25	6 - 7p.m.	WRCC



## Garrison Community Garden

The community gardening program is a hands-on group and individual learning experiences that helps youth develop a love of gardening and an appreciation for nature. Through teamwork we plant fruits and vegetables and learn about nutrition and many other skills as well.

<b>ACTIVITY CODE:</b>		<b>233507005</b>	
<b>AGE</b>		<b>FEE</b>	
5+		\$5	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	9/5	6:30 - 7:30 p.m.	GCC

## Toddler Time

If your 2-4 year old likes crawling all around the house, bring them to Toddler Time at Westport-Roanoke Community Center! Drop in anytime between 11 a.m. - 1 p.m. to use our toddler age-appropriate play equipment with fun kid tunes.

<b>ACTIVITY CODE:</b>		<b>233510003</b>	
<b>AGE</b>		<b>FEE</b>	
2 - 4		\$3/ drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M,W,F	9/6 - 27	11a.m. - 1 p.m.	WRCC
M,W,F	10/2 - 30	11a.m. - 1 p.m.	WRCC
M,W,F	11/1 - 30	11a.m. - 1 p.m.	WRCC
M,W,F	12/2 - 11	11a.m. - 1 p.m.	WRCC

## Pumpkin Carving Class

Lets bring your pumpkins to life in our pumpkin carving class. You'll have the choice to carve or paint your pumpkin. Pumpkins will be provided.

<b>ACTIVITY CODE:</b>		<b>233510004</b>	
<b>AGE</b>		<b>FEE</b>	
6 - 13		\$10	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	10/14	Noon - 2 p.m.	WRCC

## Youth Chess Club

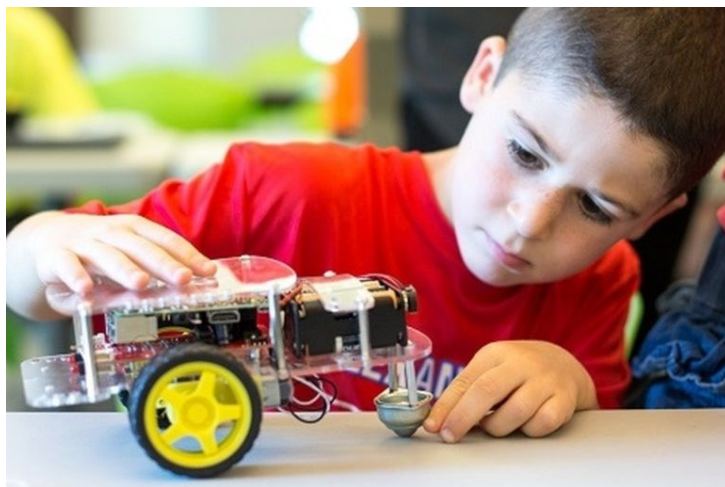
Stimulating the mind, deepening awareness, and developing problem solving skills. Chess has a multitude of benefits for all ages and is extremely beneficial to youth by further developing general cognitive ability and scholastic achievement.

<b>ACTIVITY CODE:</b>		<b>233505003</b>	
<b>AGE</b>		<b>FEE</b>	
6 - 12		\$3/ day   FREE/ w membership	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	9/4	6 p.m.	MCC
M	10/23	6 p.m.	MCC

## Nerf War Class

Come test your aim and take out some enemies at our first Nerf War at the Westport Roanoke Community Center.

<b>ACTIVITY CODE:</b>		<b>233510005</b>	
<b>AGE</b>		<b>FEE</b>	
6 - 13		\$10	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	11/11	Noon - 3 p.m.	WRCC



## Robotics

Come join the Westport robotics club! You can learn to build your very own robot!

<b>ACTIVITY CODE:</b>		<b>233510006</b>	
<b>AGE</b>		<b>FEE</b>	
10 - 16		FREE	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	9/5 - 10/17	5 - 6 p.m.	WRCC
T	10/31 - 12/12	5 - 6 p.m.	WRCC



# Youth Zone Camps



## Afterschool Care

Kids will have the opportunity to participate in fun recreation activities as well as complete assignments. A snack will be served to all students. This program only meets on days that school is in session.

<b>ACTIVITY CODE:</b>		<b>233100003</b>	
<b>AGE</b>		<b>FEE</b>	
Grade K - 6		\$80/ month (\$35/ week)	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - F	8/22 - 12/19	3:30 - 6 p.m.	KCNCC
M - F	8/22 - 12/21	3:15 - 5:30 p.m.	MCC
M - F	9/6 - 12/15	3 - 6 p.m.	TACC
M - F	8/21 - 12/15	3 - 6 p.m.	WRCC

## Schools Day Out Camp

Worried about what to do with your kids on school holidays? Bring them by our center for a mini day camp! Children enjoy sports, games, arts and crafts, and educational activities. This camp is held on weekdays when school is out of session.  
Time: 7:30 a.m. - 5:30 p.m.

ACTIVITY CODE:		233100004	
AGE		FEE	
6 - 13		\$20/ day	
LOCATION	DATES		
BCCC	10/6, 10/26, 10/27, 11/3		
KCNCC	9/22, 10/6, 10/9, 11/20, 11/22, 1/2/24, 1/3/24		
HCCC	9/5, 9/18, 10/2, 10/16, 10/26, 10/27, 11/7, 11/22, 1/2/24,		
SECC	10/4,10/6, 10/20,10/26, 10/27, 11/3, 11/7, 1/2/24, 1/3/24		
TACC	9/5,9/22,10/6,10/20,10/26,10/27,10/30,11/3, 1/8/24		
WRCC	9/5,9/22,10/6,10/20,10/26,10/27,10/30, 11/2, 11/3, 12/8, 1/2/24, 1/3/24		

## Fall Break Camp

Fall Break will be a camp for your children to have a good time in a safe environment. Youth will enjoy socializing, arts & crafts, games, athletic/ fitness activities. Children will provide their own lunch, but snacks will be provided.

<b>ACTIVITY CODE:</b>		<b>233100005</b>	
<b>AGE</b>		<b>FEE</b>	
6 - 13		\$20/ day	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - W	11/20 - 11/22	7:30am - 5:30pm	SECC
M - W	11/20 - 11/22	7:30am - 5:30pm	KCNCC
M - W	11/20 - 11/22	7:30am - 5:30pm	BCCC
M - W	11/20 - 11/22	7:30am - 5:30pm	TACC
M - W	11/20 - 11/22	7:30am - 5:30pm	WRCC



## Winter Break Camp

It's the most wonderful time of the year! But it can also be the busiest. Make sure your kids have a warm, safe, enriching, and FUN place to spend their winter break. We'll enjoy arts and crafts, athletics, and stem activities. Join one of our camps that are designed for kids with activities chosen by kids! Please bring lunch, and wear closed-toed shoes! A snack will be provided: please provide a snack if your child has any allergies. If your child(ren) needs accommodation, please tell us at least 10 business days before camp starts. No camp on Dec. 25 and Jan. 1

<b>ACTIVITY CODE:</b>		<b>233100006</b>	
<b>AGE</b>		<b>FEE</b>	
6 - 13		\$20/ day   \$80/ week	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - F	12/18 - 12/29	7:30am - 5:30pm	BCCC
M - F	12/18 - 12/29	7:30am - 5:30pm	SECC
M - F	12/18 - 1/3/24	7:30am - 5:30pm	WRCC
M - F	12/18 - 1/5/24	7:30am - 5:30pm	TACC
M - F	12/18 - 12/29	7:30am - 5:30pm	HCCC
M - F	12/20 - 12/29	7:30am - 5:30pm	KCNCC

# Home School

## Homeschool P.E. Youth

Homeschool P.E. offers a way for your child to learn valuable physical and social skills that will last a lifetime. Whether your child is an athlete on a select sports team, or an artist that has never kicked a ball, Homeschool P.E. has something to offer. 4 week sessions

<b>ACTIVITY CODE:</b> 233508007			
AGE	FEE	TIME	
6 - 9	\$15/ month   \$5/ drop-in	Noon - 12:50 p.m.	
DAY	DATES	LOCATION	
W	9/6, 10/4, 11/1	KCNCC	

## Homeschool P.E. Teen

Homeschool P.E. offers a way for your child to learn valuable physical and social skills that will last a lifetime. Whether your child is an athlete on a select sports team, or an artist that has never kicked a ball, Homeschool P.E. has something to offer. 4 week sessions

<b>ACTIVITY CODE:</b> 233508008			
AGE	FEE	TIME	
10 - 13	\$15/ session   \$5/ drop-in	1 - 1:50 p.m.	
DAY	DATES	LOCATION	
W	9/6, 10/4, 11/1	KCNCC	

## Homeschool Skate

Students will have the opportunity to be physically fit and earn P.E. credit all while having fun doing it. 7 week sessions

<b>ACTIVITY CODE:</b> 233504009			
AGE	FEE		
3 - 18	\$4/ first 2, then \$2/ family		
DAY	DATES	TIME	LOCATION
F	9/5 - 12/17	9 - 10:30 a.m.	LCCC



## Homeschool Art

This class has its foundation in art history with different projects each week based on the artist, period, or culture. Art history is used as a guide to create art with a focus on techniques, vocabulary, materials, self-expression, and process rather than a specific end project. Learn about modern art and crazy techniques you'll find nowhere else.

<b>ACTIVITY CODE:</b> 233511004			
AGE	FEE		
6 - 13	\$4 Drop-in		
DAY	DATES	TIME	LOCATION
W	9/6 - 27	1 p.m.	SECC
W	10/4 - 25	1 p.m.	SECC
W	11/4 - 29	1 p.m.	SECC
W	12/6 - 13	1 p.m.	SECC

## STEAM Workshops

Students explore and learn different art forms and techniques while honing critical thinking skills, cultural awareness, and creativity. Students will be led by professional artists who will lead and mentor young creatives as they put their imaginations on display.

<b>ACTIVITY CODE:</b> 233510007			
AGE	FEE		
6 - 17	\$70/ Session		
DAY	DATES	TIME	LOCATION
W	9/6 - 10/18	1 - 1:45 p.m.	WRCC
W	10/25 - 12/13	1 - 1:45 p.m.	WRCC



# E-Sports



## Thursday Throwdown Esports Tournament Series

Join us every third Thursday of the month for an esports gaming tournament. Different games will be played using Nintendo switch gaming consoles. Prizes and giveaways to winners and participants. Every third Thursday of the month

<b>ACTIVITY CODE:</b> 233508007		
<b>AGE</b>	<b>FEE</b>	<b>DAY</b>
8 - 13	\$10/ drop-in	Th
<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
9/21, 10/19, 11/16, 12/21	6:30 - 8 p.m.	KCNCC

## Weekly Esports Open Play

Join us every Wednesday for open esports play. This program provides a platform for players of all skill levels to come together, engage in friendly competition, and enjoy the exciting world of esports.

<b>ACTIVITY CODE:</b> 233508008			
<b>AGE</b>		<b>FEE</b>	
8 - 13		\$5/ drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	9/6 - 12/13	6 - 8 p.m.	KCNCC

# Athletics

## Adult Basketball League

Join us for adult basketball. We provide a fun, safe and competitive league for adults.

<b>ACTIVITY CODE:</b> 233506001			
<b>AGE</b>		<b>FEE</b>	
18+		\$60/ player	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Su	10/15 - 11/26	5 p.m.	TACC

## 3 on 3 Basketball Tournament

Westport Roanoke Community Center will host a 3 on 3 basketball tournament. Teams will be made up of 4 players max. Each team will play 2 games to determine who plays in the championship. Winners will receive a 1st place trophy.

<b>ACTIVITY CODE:</b> 233510008			
<b>AGE</b>		<b>FEE</b>	
18+		\$15/ player, \$60/ team	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	10/21	Noon - 2 p.m.	WRCC

## Basketball Lock-In

Late night basketball for high school students that includes a clock of 10 minutes per game and a scorekeeper. 1st and 3rd Sunday of each month

<b>ACTIVITY CODE:</b> 233505004			
<b>GRADES</b>		<b>FEE</b>	
6 - 8		\$3 Drop-In	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Su	9/5 - 12/17	6 - 9 p.m.	MCC

## Dodgeball Tournament

Grab a team and put the 5 D's of Dodgeball to the test: Dodge, Duck, Dip, Dive and can't forget Dodge!

Join in on the fun with our new Adult Dodgeball Tournament! Teams are coed, made up of 6 to 10 players .

<b>ACTIVITY CODE:</b> 233510009			
<b>AGE</b>		<b>FEE</b>	
18+		\$10/ player, \$60/ team	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	9/9	Noon - 2 p.m.	WRCC



## Ryogoku Soccer Academy's Training Facilities

Swope Park (7331

Training designed to help develop individuals looking to improve their performance at any level. Our coaching staff teaches Globally Innovative and Elite Positional Game Methods. With daily classroom instruction and on the field training, we strive to ensure each individual achieves a high level of understanding that translates to any environment. Additional training opportunities available.

Applications available upon request by emailing [Brad@RyogokuSoccerAcademy.org](mailto:Brad@RyogokuSoccerAcademy.org).

Practice  
Monday, Wednesday, and Thursday.  
5:30 - 7 p.m.

## Adult Co-ed Kickball League

This coed league will offer a great way to socialize, network and exercise with friends. Participants will have fun competing in a fun safe environment we call the not so corporate league.

ACTIVITY CODE:		233540008	
AGE		FEE	
18+		\$50/ player   \$400/ team	
DAY	DATES	TIME	LOCATION
F	9/3 - 10/13		PV

## Adult Flag Football

Join us for a fun and exciting Flag football league in a safe environment.

ACTIVITY CODE:		233540006	
AGE		FEE	
18+		\$60/ player	
DAY	DATES	TIME	LOCATION
W	9/6 - 10/11		PV

## Table Tennis

Table Tennis can improve reflexes, hand-eye coordination and balance, while toning and strengthening the core muscles of the upper and lower body. Whether you are a beginner or advanced, join us for open play!

No class 1/16 and 2/20

ACTIVITY CODE:		233507006	
AGE		FEE	
18+		Drop-in \$5/adult, \$3/active ager	
DAY	DATES	TIME	LOCATION
M/F	9/5 - 10/22	10 a.m. - Noon	GCC
M/F	10/23 - 12/17	10 a.m. - Noon	GCC

## Pickleball

Come play one of the fastest growing and most popular sports. Get a great workout while having fun learning the game and making friends. Both beginner and advanced play offered.

ACTIVITY CODE:		233100006	
AGE		FEE	
18+		Drop-in \$5/adult, \$3/active ager	
Recreational/ Beginners			
DAY	DATES	TIME	LOCATION
M/T/W/F	9/5-12/15	8 - 11:30 a.m.	KCNCC
Advanced Players			
DAY	DATES	TIME	LOCATION
T	9/5 - 12/17	11:30 a.m. - 2 p.m.	KCNCC
Th	9/5 - 12/17	Noon - 2:30 p.m.	KCNCC
Su	9/5 - 12/17	Noon - 4 p.m.	KCNCC
M/F	9/5 - 10/22	10 a.m. - Noon	GCC
M/F	10/23 - 12/17	10 a.m. - Noon	GCC





**Join us for  
Fall 2023**

**FOR BOYS AND GIRLS  
AGES 4-14**

**Fee \$85**

\*Plus \$20 National AYSO  
Fee/Insurance \*

Fee includes training and a full  
jersey kit (shirt, shorts, socks) and  
training provided by our trained  
coaches starting mid-August  
through the end of October.

**Register today @  
[www.kcayso.org](http://www.kcayso.org)**

Contact us today at:  
[registrar6h1161@gmail.com](mailto:registrar6h1161@gmail.com)

**JOIN IN  
THE FUN  
TODAY!**

Everyone Plays® | Balanced Teams  
Open Registration | Positive Coaching  
Good Sportsmanship | Player Development

# REGISTER FOR AYSO SOCCER!



**FEES INCLUDE  
SOCCER JERSEY KIT**



**KANSAS CITY**  
**Parks & Rec Partner**





# Boxing

## Cardio Boxing

Cardio Boxing combines boxing techniques and cardio fitness to evaluate your heart rate and burn calories.

<b>ACTIVITY CODE:</b>		<b>233503001</b>	
<b>AGE</b>		<b>FEE</b>	
<b>18+</b>		<b>\$5/ day   FREE/ w membership</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
<b>M</b>	<b>9/11</b>	<b>5:30 - 6:15 p.m.</b>	<b>GKCC</b>
<b>M</b>	<b>10/2</b>	<b>5:30 - 6:15 p.m.</b>	<b>GKCC</b>
<b>M</b>	<b>11/6</b>	<b>5:30 - 6:15 p.m.</b>	<b>GKCC</b>
<b>M</b>	<b>12/4</b>	<b>5:30 - 6:15 p.m.</b>	<b>GKCC</b>



## Youth Boxing

Develop basic skills of boxing while learning discipline and instilling a sense of respect for self and others. GKCC 7 weeks

<b>ACTIVITY CODE:</b>		<b>233503003</b>		
<b>AGE</b>		<b>FEE</b>		
<b>5 - 17</b>		<b>\$40/GKCC   FREE/ GCC</b>		
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>AGE</b>	<b>LOCATION</b>
T/Th	9/5	5:30 p.m.	5 - 9	GKCC
T/Th	10/3	5:30 p.m.	5 - 9	GKCC
T/Th	10/31	5:30 p.m.	5 - 9	GKCC
T/Th	12/5	5:30 p.m.	5 - 9	GKCC
T/Th	9/5	6:30 p.m.	10 - 17	GKCC
T/Th	10/3	6:30 p.m.	10 - 17	GKCC
T/Th	10/31	6:30 p.m.	10 - 17	GKCC
T/Th	12/5	6:30 p.m.	10 - 17	GKCC
T/Th	9/5	5 p.m.	8 - 17	GCC
T/Th	10/23	5 p.m.	8 - 17	GCC

## EMPLOYMENT OPPORTUNITIES

Part-time, Seasonal, and Full Time

### Seasonal Recreation Leaders

(Summer Camps)

\$16.12 - 24.58/hour DOQ

### Building Maintenance Worker

(Full Time)

\$18.37 - 28.01/hour DOQ

### Lifeguard

(Seasonal and Part-Time)

\$16.12 - 24.58/hour DOQ





# Martial Arts



## Youth Judo

Students will experience progressive skills in Judo. Classes include warmup, skills practice, and fun. We'll work on a combination of wrestling, throwing, and submissions techniques. Beginner and advanced classes offered.

<b>ACTIVITY CODE:</b> 233508009	
<b>AGE</b>	<b>FEE</b>
6 - 17	\$7/ drop-in, \$40/ month

BEGINNER			
DAY	DATES	TIME	LOCATION
T/Th	9/5	6 - 7:30 p.m.	KCNCC
T/Th	10/3	6 - 7:30 p.m.	KCNCC
T/Th	11/2	6 - 7:30 p.m.	KCNCC
T/Th	12/5	6 - 7:30 p.m.	KCNCC

ADVANCED			
DAY	DATES	TIME	LOCATION
T/Th	9/5	7 - 8:30 p.m.	KCNCC
T/Th	10/3	7 - 8:30 p.m.	KCNCC
T/Th	11/2	7 - 8:30 p.m.	KCNCC
T/Th	12/5	7 - 8:30 p.m.	KCNCC



## Adult Judo

Students will experience progressive skills in Judo. Classes include warmup, skills practice, and fun. We'll work on a combination of wrestling, throwing, and submissions techniques.

ACTIVITY CODE:		233508010	
AGE		FEE	
18+		\$7/ drop-in, \$40/ month	
DAY	DATES	TIME	LOCATION
M/Th	9/7	6 - 8:30 p.m.	KCNCC
M/Th	10/2	6 - 8:30 p.m.	KCNCC
M/Th	11/2	6 - 8:30 p.m.	KCNCC
M/Th	12/4	6 - 8:30 p.m.	KCNCC



## HEMA Swords Class

Heartland HEMA (Historical European Martial Arts) specializes in instructing students of all levels and physical ability in the use of a variety of renaissance and medieval weaponry.

ACTIVITY CODE:		233508011	
AGE		FEE	
18+		\$10/ drop-in, \$40/ month	
DAY	DATES	TIME	LOCATION
M/W	9/6	6 - 8 p.m.	KCNCC
M/W	10/2	6 - 8 p.m.	KCNCC
M/W	11/1	6 - 8 p.m.	KCNCC
M/W	12/4	6 - 8 p.m.	KCNCC

# Ice Sports

## Public Skating

Guests of all ages are welcome to enjoy skating at Line Creek Community Center during our daily Public Ice Skating Sessions! We have ice hockey and figure skates available to rent and we also offer skating trainers for new skaters that may need a little extra assistance on the rink.

Go to [kcparks.org](http://kcparks.org) for available daily times.

<b>ACTIVITY CODE:</b> 233504004			
<b>AGE</b>		<b>FEE</b>	
All ages		\$8/admission, \$2/skate rental	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	Ongoing	Noon - 1:30 p.m.	LCCC
T	Ongoing	7 - 8:30 p.m.	LCCC
Th	Ongoing	3:45 - 5:45 p.m.	LCCC
Sa	Ongoing	2 - 4 p.m.	LCCC

## Freestyle

This is Ice time dedicated to figure skaters to practice routines and skill development. Please check our freestyle calendar online for available daily times. 30 minute sessions.  
\$7/session, \$3.25/coaching, \$125/session pass

<b>ACTIVITY CODE:</b> 233504005			
<b>AGE</b>			
All Ages			
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - F	Ongoing	Refer to the website	LCCC

## Skating Lessons

This is an on-ice skating program conducted in 30-minute classes. Participants will enjoy learning in a group setting, where they can work on their agility, balance, and skating skills through various on-ice skating instructions.

Go to [learntoskatekc.com](http://learntoskatekc.com) for more information.

<b>ACTIVITY CODE:</b> 233504006			
<b>AGE</b>		<b>FEE</b>	
5+		\$110/ Session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	9/12 - 10/24	6 p.m. & 6:30 p.m.	LCCC
Th	9/14 - 10/26	6 p.m. & 6:30 p.m.	LCCC
T	11/7 - 12/19	6 p.m. & 6:30 p.m.	LCCC
Th	11/9 - 12/28	6 p.m. & 6:30 p.m.	LCCC

## Adult Skills and Drills

Created for the beginner skater to learn some new skills or just get a great workout through drills and a scrimmage.

<b>ACTIVITY CODE:</b> 233504007			
<b>AGE</b>		<b>FEE</b>	
18+		\$18 drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	Ongoing	8:45 - 10 p.m.	LCCC

## Stick and Puck

Come practice and hone your hockey skills in an open practice time. Adults and youth are welcome.

<b>ACTIVITY CODE:</b> 233504008			
<b>AGE</b>		<b>FEE</b>	
All Ages		\$14 drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M - W	Ongoing	10 - 11 a.m.	LCCC

## Adult Hockey League

Come join one of 4 levels (A, B, C, or D) of adult ice hockey in our Northland Hockey League. The Northland Hockey League offers players within a wide range of skill levels the opportunity to participate in organized, competitive play.

Go to [northlandhockeyleaguekc.com](http://northlandhockeyleaguekc.com) for more information

<b>ACTIVITY CODE:</b> 233504009			
<b>AGE</b>		<b>FEE</b>	
18+		Refer to the website	
<b>DAY</b>	<b>DATE</b>	<b>TIME</b>	<b>LOCATION</b>
Su/M/Th/F	9/5	Refer to the website	LCCC

## Try Hockey for FREE

Try Hockey for Free Day allows children ages 3 – 14 the opportunity to learn to skate and play hockey with guidance from USA Hockey certified Coaches. Location: Line Creek Community Center Ice Arena

<b>ACTIVITY CODE:</b> 233504010			
<b>AGE</b>		<b>FEE</b>	
3 - 14		FREE	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	11/4	10 a.m. - Noon	LCCC



# Aquatics

## Swim Lessons

Gregg/Klice Community Center offers Learn-to-Swim Level 1 and Level 2

**Level 1:** Swimmers will gain confidence in the water and learn water safety. Skills taught include bobbing, opening eye underwater and grabbing objects, glides, back float, treading water and other beginner techniques.

**Level 2:** Teaches swimmers fundamental skills. The lesson include: rotary breathing, front, jellyfish and tuck and back floats, glides, recovery from a front and back float or glide to vertical position, roll overs, changing direction when swimming, and other new swim expertise.

4 weeks/ 8 classes

## Adult Swim Lessons

<b>ACTIVITY CODE:</b>		<b>233580001</b>	
<b>LOCATION</b>		<b>FEE</b>	
<b>GKCC</b>		<b>\$40/ session</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>AGE</b>
<b>M</b>	<b>10/9 - 11/27</b>	<b>7 p.m.</b>	<b>17+</b>

## Youth Swim Lessons

<b>ACTIVITY CODE:</b>		<b>233580002</b>	
<b>LOCATION</b>		<b>FEE</b>	
<b>TACC</b>		<b>\$40/ session</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>AGE</b>
<b>T/ Th</b>	<b>10/3 - 10/26</b>	<b>6 - 6:45 p.m.</b>	<b>5 - 17</b>
<b>T/ Th</b>	<b>11/7 - 12/5</b>	<b>6 - 6:45 p.m.</b>	<b>5 - 17</b>



## Water Aerobics

Water Aerobics is an exercise program designed to build and increase muscle strength, cardio endurance, flexibility, and toning. A 45 minute session includes a warmup, intervals of muscle sets and cardio, stretching and a cool down. FREE with monthly membership.

<b>ACTIVITY CODE:</b>		<b>233503001</b>	
<b>AGE</b>		<b>FEE</b>	
<b>16+</b>		<b>Drop-in \$5/adult, \$3/active ager</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
<b>M/ F</b>	<b>Ongoing</b>	<b>10 - 10:45 a.m.</b>	<b>GKCC</b>
<b>T/ Th</b>	<b>Ongoing</b>	<b>9 - 9:45 a.m.</b>	<b>GKCC</b>
<b>M/ W</b>	<b>Ongoing</b>	<b>6 - 7 p.m.</b>	<b>GKCC</b>



## Shallow Water Lifeguard Training

- Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Goggles may be used.
- Tread water for 2 minutes.
- Complete timed event within 1 minute 40 seconds.
- Swim 20 yards, goggles are NOT allowed.
- Dive down retrieve an object and return to the initial starting location without your head submerging under water or letting your hands off the object exit the water without using a ladder or steps.

<b>ACTIVITY CODE:</b>		<b>233580003</b>	
<b>AGE</b>		<b>FEE</b>	
<b>16+</b>		<b>\$100</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
<b>T/ Th</b>	<b>9/12 - 10/5</b>	<b>5 - 8 p.m.</b>	<b>GKCC</b>

# Fitness

## Adult Boot Camp

Fitness Boot Camp helps you get in shape and stay that way. From entry level to novice, participants will work all muscle groups, practice different methods of cardio workouts, and learn healthy eating habits. FREE with Membership.

<b>ACTIVITY CODE:</b>		<b>233100007</b>	
<b>AGE</b>		<b>FEE</b>	
<b>18+</b>		<b>Drop-in \$5/adult, \$3/active ager</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	9/9 - 12/16	9 - 10 a.m.	BCCC
M/W/F	Ongoing	6 - 7 a.m.	GKCC
T/Th	Ongoing	5:30 - 6:30 p.m.	GKCC
T/Th	Ongoing	6:30 - 7:10 p.m.	GCC
T/Th	Ongoing	1 - 1:40 p.m.	GCC
W	Ongoing	7 - 8 p.m.	HCCC

## Walking Club

This program will be hosted on the indoor track at Hillcrest and provides a fitness challenge to motivated adults who enjoy walking for cardio. This club will focus on hitting fitness milestones by walking and improving distance or increasing walking time each week.

<b>ACTIVITY CODE:</b>		<b>233502003</b>	
<b>AGE</b>		<b>FEE</b>	
<b>18+</b>		<b>\$3/ day   FREE/ w membership</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T	9/5	9 - 10 a.m.	HCCC
Th	9/7	9 - 10 a.m.	HCCC

## Intro into Weightlifting

Come join us to learn how to properly and efficiently lift weights to gain lean muscle

<b>ACTIVITY CODE:</b>		<b>233511005</b>	
<b>AGE</b>		<b>FEE</b>	
<b>14+</b>		<b>\$5/ day   FREE/ w membership</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W/F	Ongoing	11 a.m. - Noon	SECC
W/F	Ongoing	3 - 4 p.m.	SECC



## Yoga on My Mind

Yoga classes are aimed to help attendees develop and enhance physical postures (yoga poses) and breathing techniques. Attendees will also learn basic yoga poses, focused meditation, and relaxation strategies. 7 week sessions

<b>ACTIVITY CODE:</b>		<b>233510010</b>	
<b>AGE</b>		<b>FEE</b>	
<b>18+</b>		<b>\$40/ Session</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	9/6 - 10/18	6:30 - 7:15 p.m.	WRCC
Sa	9/9 - 12/21	10 - 10:45 a.m.	WRCC
W	10/25 - 12/13	6:30 - 7:15 p.m.	WRCC
Sa	10/28 - 12/16	10 - 10:45 a.m.	WRCC







## High Intensity Interval Training

Come challenge yourself with a tough workout that will get your heart rate up and help you lose those extra pounds.

<b>ACTIVITY CODE:</b>		<b>233511006</b>	
<b>AGE</b>		<b>FEE</b>	
<b>18+</b>		<b>\$5 Drop-in</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/Th	Ongoing	Noon - 1 p.m.	SECC
T/Th	Ongoing	3 - 4 p.m.	SECC

## Mobility and Stretching Class

Work on your flexibility to feel younger and to reduce the risk of injuries as you age.

<b>ACTIVITY CODE:</b>		<b>233511007</b>	
<b>AGE</b>		<b>FEE</b>	
<b>18+</b>		<b>\$5/ day   FREE/ w membership</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W/F	Ongoing	1 - 2 p.m.	SECC
W/F	Ongoing	4 - 5 p.m.	SECC

## Glute Blaster

Come join us if you're looking to tone and shape up your legs and glutes

<b>ACTIVITY CODE:</b>		<b>233511008</b>	
<b>AGE</b>		<b>FEE</b>	
<b>18+</b>		<b>\$5/ day   FREE/ w membership</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
T/Th	Ongoing	6 - 7 p.m.	SECC

# Books, Cards, and Games

## Brush Creek Card Club

Participant will meet and play Bridge, Bizwiz and other card games.

<b>ACTIVITY CODE:</b>		<b>233501004</b>	
<b>AGE</b>		<b>FEE</b>	
<b>50+</b>		<b>\$2/ drop-in</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W/Th/F	9/6 - 10/20	Noon - 5 p.m.	BCCC
W/Th/F	11/1 - 12/15	Noon - 5 p.m.	BCCC

## Garrison Book Club

Join the Garrison Community Center Book Club every 3rd Thursday of each month. We will explore new and exciting stories to discuss! All reading materials will be provided by Kansas City Public Library.

<b>ACTIVITY CODE:</b>		<b>233507007</b>	
<b>AGE</b>		<b>FEE</b>	
<b>18+</b>		<b>FREE</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	9/21	6 - 7:30 p.m.	GCC
Th	10/19	6 - 7:30 p.m.	GCC
Th	11/16	6 - 7:30 p.m.	GCC
Th	12/21	6 - 7:30 p.m.	GCC

## Monthly Bingo Bash!

Come join us as we call numbers on our monthly day of Bingo! You will get a chance to meet new people, interact with the staff and maybe walk away with a prize!

<b>ACTIVITY CODE:</b>		<b>233510011</b>	
<b>AGE</b>		<b>FEE</b>	
<b>18+</b>		<b>\$5/ Adults   \$3/ Senior</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	9/20	6 - 8 p.m.	WRCC
W	10/18	6 - 8 p.m.	WRCC
W	11/15	6 - 8 p.m.	WRCC
W	12/20	6 - 8 p.m.	WRCC

# Ceramics and Pottery

## Adult Ceramics/ Pottery\*

Pottery and Ceramics is all about shaping clay, heating clay, and decorating clay. There is more to it, attendees will have the opportunity to learn about clay and how to shape a creative vision into a creative piece of work. During the creative process participants will learn to use clay working tools, kilns, paints, and shaping wheels. 7 week session.

<b>ACTIVITY CODE:</b>		<b>533100008</b>	
<b>AGE</b>		<b>FEE</b>	
<b>18+</b>		<b>\$95 Session</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	9/11 - 10/16	6 - 6:30 p.m.	WRCC
M	10/23 - 12/16	6 - 6:30 p.m.	WRCC
Th	9/14 - 10/19	6 - 6:30 p.m.	WRCC
Th	10/26 - 12/14	6 - 6:30 p.m.	WRCC
M	9/11 - 10/16	6:30 - 7:15 p.m.	KCNCC
M	10/23 - 12/16	6:30 - 7:15 p.m.	KCNCC
Sa	9/9 - 10/21	11a.m. - Noon	KCNCC
Sa	10/28 - 12/16	11a.m. - Noon	KCNCC

## Active Aging Specific Ceramics/ Pottery

Pottery and Ceramics is all about shaping clay, heating clay, and decorating clay. There is more to it, attendees will have the opportunity to learn about clay and how to shape a creative vision into a creative piece of work. During the creative process participants will learn to use clay-working tools, kilns, paints, and shaping wheels.

<b>ACTIVITY CODE:</b>		<b>5335080011</b>	
<b>AGE</b>		<b>FEE</b>	
<b>50+</b>		<b>\$75/ Session</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	9/11 - 10/16	5:30 - 6:15 p.m.	KCNCC
M	10/23 - 12/16	5:30 - 6:15 p.m.	KCNCC



## Youth Ceramics/ Pottery

Pottery and Ceramics is all about shaping clay, heating clay, and decorating clay. There is more to it, attendees will have the opportunity to learn about clay and how to bring a creative vision to a finished piece of art. In the creative process participants will learn to use clay working tools, kilns, and shaping wheels. 7 week session.

<b>ACTIVITY CODE:</b>		<b>233100009</b>	
<b>AGE</b>		<b>FEE</b>	
<b>6 - 17</b>		<b>\$70 Session</b>	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
M	9/11 - 10/16	5:30 - 6:15 p.m.	WRCC
M	10/23 - 12/16	5:30 - 6:15 p.m.	WRCC
Th	9/14 - 10/19	5:30 - 6:15 p.m.	KCNCC
Th	10/26 - 12/14	5:30 - 6:15 p.m.	KCNCC
M	9/11 - 10/16	1 - 1:45 p.m.	KCNCC
M	10/23 - 12/16	1 - 1:45 p.m.	KCNCC





# DANCE

## Zumba

Zumba is a combination of dance and fitness movement experienced while listening to international rhythms and other music that may move you! The classes are designed to get your heart rate up and boost cardio endurance. Classes feature merengue, salsa, reggaeton, samba, belly dance and other dance techniques. moves designed to get your heart rate up and boost cardio endurance.

<b>ACTIVITY CODE:</b> 233510012			
<b>AGE</b>		<b>FEE</b>	
14+		\$40/ Session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Th	9/7 - 10/19	6:30 - 7:15 p.m.	WRCC
Th	10/26 - 12/14	6:30 - 7:15 p.m.	WRCC
Sa	9/7 - 10/19	1 - 1:45 p.m.	WRCC
Sa	10/26 - 12/14	1 - 1:45 p.m.	WRCC

## 2 Stepping

Fun night of movement doing the KC two-step. Focusing on beginner and intermediate dancing while working on dance technique, rhythm and body awareness in a caring, nurturing environment.

<b>ACTIVITY CODE:</b> 233505005			
<b>GRADES</b>		<b>FEE</b>	
18+		\$3 Drop-in	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
W	9/5 - 10/22	6 - 8 p.m.	MCC
W	10/23 - 12/17	3:15 - 5:30 p.m.	MCC

## Youth Beginners Dance

Hip Hop classes teach rhythm, coordination, and age-appropriate choreography with no suggestive music/movements. This class is upbeat and great for kids who like to move!

<b>ACTIVITY CODE:</b> 233510013			
<b>AGE</b>		<b>FEE</b>	
6 - 17		\$60/ Session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	9/7 - 10/19	12:15 - 1:15 p.m.	WRCC
Sa	10/26 - 12/14	12:15 - 1:15 p.m.	WRCC

## Soul Line Dance

Line Dance is repeating sequence of steps while arranged in one or more lines or rows. The instruction segments are structured to increase heart rate and body movement. Classes are a wonderful way to have fun and be fit while you dance about room! Various music genres and styles are used to keep you moving.

<b>ACTIVITY CODE:</b> 233510014			
<b>AGE</b>		<b>FEE</b>	
50+		\$40/ Session	
<b>DAY</b>	<b>DATES</b>	<b>TIME</b>	<b>LOCATION</b>
Sa	9/7 - 10/19	11 - 11:45 a.m.	WRCC
Sa	10/26 - 12/14	11 - 11:45 a.m.	WRCC

# Golf

***KC Parks' five municipal golf courses offer diverse playing venues and opportunities to learn and play the game of golf, as well as provide green spaces throughout the city.***

The most historic of the five facilities is **Swope Memorial** built in 1915 and redesigned by renowned architect A.W. Tillinghast in 1934. This demanding layout has hosted several championships, including the PGA Kansas City Open in the 1940s and more recently the 2005 USGA Women's Public Links. In 2001 **Shoal Creek Golf Course** became the new flagship of Kansas City's five courses. These two championship courses offer the most skilled players exceptional challenges and depict the true beauty and diversity of the Kansas City landscape.

**Hodge Park Golf Course** in the Northland and **Minor Park Golf Course** in South Kansas City both offer fun, affordable golf for players of any skill level. Each course is designed to pose a challenge and cater to anyone who plays the game. The holes are shorter to allow a relaxing, recreational experience. These family-friendly courses offer a great opportunity to walk and enjoy the health benefits of fresh air and exercise.

**Heart of America Golf Course / Tom Watson Golf Academy** offers the ultimate learning and playing opportunities in the heart of Swope Park. This facility is pure fun and recreation for anyone of any age and any skill. HOA offers three options: a beautiful regulation-length 9-hole course; a fun par-three 9-hole course; and a Tom Watson-designed junior course. HOA is home of the Tom Watson Golf Academy and also offers the best junior golf programs in Kansas City. The First Tee of Greater Kansas City, an organization that promotes the game of golf to youth in urban areas, has its offices at HOA as well. No matter where you live in Kansas City, these regulation courses provide great values that are convenient and give even the newest golfers a place to learn and play.



**Heart Of America Golf Course**



**Hodge Park Golf Course**



**Minor Park Golf Course**



**Shoal Creek Golf Course**



**Swope Memorial Golf Course**





## KC PARKS PUBLIC GOLF COURSES

### Heart of America Golf Course

7501 Blue River Rd.

Pro Shop & Tee Times: 816-513-8940

***hoagolfacademy.com***

**Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Practice Facilities

**Courses: The River Course:**

9 holes, 2,604 yards, Par 35

**The Rock Course:**

9 holes, 1,641 yards, Par 27

**The Hill:**

3-hole junior course, 1,102 yards

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### Hodge Park Golf Course

7000 N.E. Barry Rd.

Pro Shop & Tee Times: 816-781-4152

***hodgeparkgolf.com***

**Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Junior Golf, Camp, Practice Facilities

**Course:** 6,223 yards, Par 71

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### Minor Park Golf Course

11215 Holmes Rd.

Pro Shop & Tee Times: 816-942-4033

***minorparkgolfcourse.com***

**Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Practice Facilities

**Course:** 5,796 yards, Par 70

### Shoal Creek Golf Course

8905 Shoal Creek Pkwy

Pro Shop & Tee Times: 816-407-7242

Weddings / Events: 816-407-7242 (Ext. 24)

***shoalcreekgolf.com***

**Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Banquet Facilities, Practice Facilities

**Course:** 6,983 yards, Par 71

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### Swope Memorial Golf Course

6900 Swope Memorial Dr.

Pro Shop & Tee Times: 816-513-8910

***swopememorialgolfcourse.com***

**Features:** Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Banquet Facilities, Practice Green

**Course:** 6,274 yards, Par 72

### FOOTGOLF

FootGolf is a combination of the popular sports of soccer and golf. The game is played with a regulation No. 5 soccer ball at a golf course on shortened holes with 21-inch diameter cups. The rules largely correspond to golf rules. The first FootGolf course in the KC metro area is located at the current par 3 (The Rock) golf course at the Heart of America Course in Swope Park. Come out, and give it a try!



## BRUCE R. WATKINS CULTURAL HERITAGE CENTER

3700 Dr. Martin Luther King, Jr. Blvd., Kansas City, MO 64130

816-513-0700

### GENERAL INFORMATION

The Center is named in honor of Bruce R. Watkins, a political and social activist. Watkins was fueled by the need to recognize and preserve the varied contributions African-Americans made to the development of Kansas City. The center opened in December 1989 as the outgrowth of Watkins' efforts. Construction of the Center was made possible through the work and contributions of the Bruce R. Watkins Fountain Inc., the Kansas City Parks and Recreation Department, and the State of Missouri.

### HOURS OF OPERATION

Tuesday - Saturday: 10 a.m. - 6 p.m.



## LAKESIDE NATURE CENTER

4701 E. Gregory Blvd., Kansas City, MO 64132

816-513-8960

### GENERAL INFORMATION

Lakeside Nature Center, located in Swope Park, is one of Missouri's largest wildlife rehabilitation facilities and provides educational and recreational opportunities that focus on the environment. The center typically houses about 75 animals including two bald eagles, two turkey vultures, three barred owls, three varieties of hawks and two Kestrel falcons. The Center even has a box turtle named "Wilma" that is thought to be about 80 years old.

### ANIMAL ASSISTANCE

If you have a native Missouri animal in need, please call the Center 816-513-8960 and leave a message. You will be contacted shortly and given instructions on what to do.

### HOURS OF OPERATION

Tuesday - Sunday: 9 a.m. - 4 p.m.  
Closed Mondays and some Holidays

### Mother Nature Reads:

First Saturday of the month, 10 a.m.

### Boy Scout Programs:

LNC can be your next Adventure to earn a Badge.

### Girl Scout Programs:

LNC can be a part of earning Skill-Building Badges and Journey Awards.

### Habitat Hikes:

Enjoy a guided hike with a naturalist



