

May - August WHERE KC DUMS

> KANSAS CITY Parks & Recreation



Scan for a copy of the Activity Guide



OUR MISSION STATEMENT Our Mission

To improve the quality of life, health and wellness of our community by providing socially equitable, community-driven programming and environmentally sound natural resource management.

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More About Us

Kansas City, Missouri Parks and Recreation provides facilities, programs and recreational opportunities for the community that contribute to an aesthetically pleasing environment and enhanced quality of life. The department maintains 221 parks, 12,242 acres of parkland, 158 miles of trails and bikeways, 29 lakes, hundreds of athletic fields and tennis courts, 106 playgrounds, and five public golf courses. Miles of scenic boulevards and parkways crisscross the city, where 48 fountains and 122 monuments and sculptures surprise and delight. Ten community centers, along with eight museums, provide the setting for socially equitable and community-driven programming.

Board of Parks & Recreation

Commissioners

Beth Haden, President

- Pat Contreras
- Tom Gorenc
- Stephenie Smith
- **DePrice Taylor**

Parks & Recreation Director

Chris Cotten





OPEN May 25 - September 2

THE SPRINGS AQUATIC PARK

9400 N Congress Ave. Kansas City, MO.

Daily Admission



AQUATIC CENTER

Under 48" tall:\$848" and taller:\$11Senior, 60+:\$9Child, age 1 and under:FREE

Group Admission/Punch Cards

Cheaper by the Dozen \$10.50/person (12+patrons; no pre-registration required)

Pre-registered groups: \$7.75/person To Pre-registered a groups, call 816-350-2628

Eight-visit punch card: \$84

Season Pass

Under 48" tall:	\$99
48" and taller:	\$119
Senior, 60+:	\$99
4-pack of Adult passes:	\$350

Party Packages

Is your child's birthday right around the corner? Make it a splish splashin' time they will never forget. The Springs has a great birthday package available for your child and eleven of their friends. All reservations must be made 7 days in advance. Parties are offered Monday through Friday at 1 p.m., 3 p.m., or 5 p.m. and on Saturdays and Sundays at 12 p.m., 2 p.m., or 4 p.m. The birthday parent may bring their own: Cake, Plates, Utensils and Decorations

Party Packages: Call 816-350-2628

The Simply Fun Package includes: \$330

All day admission for 15 (3 adults and 12 children). Reservation of the birthday area for 90 minutes A frozen treat from the concession stand! A special t-shirt for the birthday child

The Deluxe Package includes: \$475

All day admission for 15 (3 adults and 12 children). Reservation of the birthday area for 90 minutes A hot dog, chips, drinks for each party guest A special t-shirt for the birthday child Kansas City, Missouri has two public water parks to meet your aquatic needs no matter where you live!

THE BAY WATER PARK

7101 Longview Rd. Kansas City, MO.

Daily Admission

\$6
\$8
\$7
FRE

Season Pass

Under 48″ tall:	\$89
48″ and taller:	\$109
Senior, 60+:	\$99
4-pack of Adult passes:	\$300

Party Packages

Is your child's birthday right around the corner? Make it a splish splashin' time they will never forget. The Bay has a great birthday package available for your child and eleven of their friends. All reservations must be made 7 days in advance. All birthday parties are offered at 1 p.m., 3 p.m., or 5 p.m. The birthday parent may bring their own cake, plates, utensils and decorations

The Simply Fun Package includes: \$280

All day admission for 15 (3 adults and 12 children) Reservation of the birthday area for 90 minutes A frozen treat from the concession stand! A special t-shirt for the birthday child

Prior to opening, passes can be purchased online at **kcparks.org** or at any KC Parks community center. Photo IDs can be picked up at any KC Parks community center or at the water park after opening. After opening, passes can also be purchased during normal operating hours at The Springs and The Bay

SEASON PASSES				
DAY	THE SPRINGS	THE BAY		
48" and taller	\$119	\$109		
Under 48"	\$99	\$89		
Senior, age 65 and older	\$99	\$99		
4-pack of adult passes	\$350	\$300		



MAJOR POOLS

OPEN May 25 - Mid August

BUDD PARK POOL

Budd Park Esplanade and Denver Ave. Daily: Noon – 6 p.m. **Phone:** 816-241-0433

MARY WILLIAMS-NEAL COMMUNITY CENTER POOL

3801 Emanuel Cleaver II Blvd. Daily: Noon – 6 p.m. Phone: 816-513-0730

GORMAN POOL

1101 NE 47th St. Daily: Noon – 6 p.m. Phone: 816-513-7760

GROVE PARK POOL

Truman Rd. and Benton Blvd. Daily: Noon – 6 p.m. Phone: 816-241-0667

LINE CREEK COMMUNITY CENTER POOL

5940 NE Waukomis Dr. Daily: Noon – 6 p.m. Phone: 816-513-0760

INDOOR POOLS

Open Swim: Children, \$2 | Seniors, \$3 | Adults \$5 Group open swim (10+), \$1 each

GREGG KLICE COMMUNITY CENTER POOL

1600 John Buck O'Neil Way Phone: 816-513-0652

Monday: 7 - 10 a.m. and 11 a.m. - 6 p.m. Tuesday: 7 - 9 a.m. and 10 a.m. - 8 p.m. Wednesday: 7 a.m. - 6 p.m. Thursday: 7 - 8:30 a.m. and Noon - 8 p.m. Friday: 7 - 10 a.m. and 11 a.m. - 5 p.m. Saturday: 10 a.m. - 5 p.m. Sunday: 10 a.m. - 5 p.m.



Admission (cash only)

Regular Admission: \$5 (2 years old and above) Five Punch Pass: \$15 (valid at any major pool) Individual Season Pass: \$25 (valid at any major pool) VIP Individual Season Pass: \$35 (bring a guest each time you visit)

The Simply Fun Birthday Package includes: \$105 All day admission for 15 (3 adults and 12 children) Reservation of the birthday area for 90 minutes

Party Packages: 816-350-2628

NOW HIRING LIFEGUARDS and MORE at Kansas City and Water Parks. Lifeguard start at \$15/ hour and Front Desk start at \$12.50/ hour *We offer free certification classes* For more information or to apply call 816-313-7860. www.midwestpool.com

TONY AGUIRRE COMMUNITY CENTER POOL

2050 W. Pennway St. Phone: 816-513-8530

Monday: 7 - 11 a.m. and 3 - 8 p.m. Tuesday: Noon - 5 p.m. Wednesday: 7a.m. - 11 a.m. and 3 - 8 p.m. Thursday: Noon - 5 p.m. Friday: 3 - 5:45 p.m. Saturday: Noon - 5:45 p.m. Sunday: Noon - 5:45 p.m.

Pool hours are subject to change. Please call and VERIFY that the pool is open before coming to the center. We try our best to maintain these hours, but emergency closings can happen.

Adult and Teen Swim Lessons (Beginners)

Students will learn basic swim lesson skills and focuses on skills for beginners. Students are introduced to the pool and develop safe water habits in a fun and encouraging environment. The lesson includes rotary breathing, front, jellyfish and tuck and back floats, glides, recovery from a front and back float or glide to vertical position, roll overs, changing direction when swimming, and other new swim expertise.

ACTIVITY CODE:		242503101		
AGE		FEE		
13+		\$40/ session		
DAY	DATES		TIME	LOCATION
Th	5/9 - 6/27		7 - 7:45 p.m.	GKCC
Th	7/11 - 8/29		7 - 7:45 p.m.	GKCC



Preschool Swim Lessons

Preschool swim lesson is the first stage of swim lessons and focuses on skills for beginners. Students are introduced to the pool and develop safe water habits in a fun and encouraging environment.

- Students will learn to enter the pool independently using ramp, steps or side and travel at least 5 yards.
- Submerging mouth and blowing bubbles for at least 3 seconds.
- Exiting the water safely.
- Gliding on front for at least 2 body lengths with support.
- Rolling to back and floating for 3 second with support.
- Recovering to a vertical position with support.

ACTIVITY CODE:		242503505		
AGE		FEE		
3 - 5		\$40/ session		
DAY	DATES		TIME	LOCATION
T/ Th	5/7 - 5/30		6 - 6:45 p.m.	GKCC
T/ Th	6/4 - 6/27		6 - 6:45 p.m.	GKCC
T/ Th	7/2 - 7/30		6 - 6:45 p.m.	GKCC
T/ Th	8/6 - 8/29		6 - 6:45 p.m.	GKCC



Lifeguard Training

- Swim 300 yards continuously demonstrating breath control and rhythmic breathing. Goggles may be used.
- Tread water for 2 minutes.
- Complete timed event within 1 minute 40 seconds.
- Swim 20 yards, goggles are NOT allowed.
- Dive down retrieve an object and return to the initial starting location without your head submerging under water or letting your hands off the object exit the water without using a ladder or steps.

ACTIVITY	ACTIVITY CODE:					
AGE		FEE				
15+		\$100				
DAY DATES		TIME	LOCATION			
Sa 6/22 6/29	10 a.m 4 p.m.	SECC				
Sa	7/13 7/20	10 a.m 4 p.m.	SECC			

Parent + Me Swim*

Adult/Teens swim lesson, students will learn basic With the help of the parents, tots are introduced to the pool and taught safe water habits in a fun and encouraging environment.

ACTIVITY	CODE:	242503503			
		FEE	FEE		
		\$40/ session			
DAY	DAY DATES Sa 5/11 - 7/29		TIME	LOCATION	
Sa			10 - 10:45 a.m.	GKCC	
Sa	7/6 - 8/24		7 - 7:45 p.m.	GKCC	

Learn to Swim Level 1

Level 1 provides a fun and safe environment to learn the basics of swimming. This entry level class will provide your child with the basics of learning to swim and losing that fear of the water.

ACTIVIT	ACTIVITY CODE: 24250611			
AGE		FEE		
5 - 12		\$40/ session		
DAY DATES		TIME	LOCATION	
M/W	5/6 - 5/29	6 - 6:45 p.m.	TACC	
T/ Th	5/7 - 5/30	5:30 - 6:15 p.m.	TACC	
M/W	6/3 - 6/26	6 - 6:45 p.m.	TACC	
T/ Th	6/4 - 6/27	5:30 - 6:15 p.m.	TACC	
M/ W	7/1 - 7/24	6 - 6:45 p.m.	TACC	
T/ Th	7/2 - 7/30	5:30 - 6:15 p.m.	TACC	
M/ W	8/5 - 5/28	6 - 6:45 p.m.	TACC	
T/ Th	8/6 - 5/29	5:30 - 6:15 p.m.	TACC	

Learn to Swim Level 2

Learn to Swim: Level 2 provides a fun and safe environment to learn the basics of swimming. This entry level class will provide your child with the basics of learning to swim and losing that fear of the water.

ACTIVITY CODE: 242506120					
AGE		FEE	FEE		
5 - 12		\$40/ session	\$40/ session		
DAY	DATES	TIME	LOCATION		
M/ W	5/6 - 5/29	7 - 7:45 p.m.	TACC		
M/ W	6/3 - 6/26	7 - 7:45 p.m.	TACC		
M/ W	7/1 - 7/24	7 - 7:45 p.m.	TACC		
M/ W	8/5 - 5/28	7 - 7:45 p.m.	TACC		





Water Aerobics

Water Aerobics is an exercise program designed to build and increase muscle strength, cardio endurance, flexibility, and toning. A 45 minute session includes a warmup, intervals of muscle sets and cardio, stretching and a cool down. FREE with monthly membership.

ACTIVIT	Y CODE:	242	24253187		
AGE		FEE	FEE		
16+		Dro	Drop-in \$5/adult, \$3/active ager		
DAY DATES			TIME	LOCATION	
M/F	Ongoing		10 - 10:45 a.m.	GKCC	
T/ Th	Ongoing		9 - 9:45 a.m.	GKCC	
M/W	Ongoing		6 - 6:45 p.m.	GKCC	

Adult Swim Fitness

Swimming is a great way to get in shape but many adults don't know what to do in the pool or lack sufficient technique to get the benefits. This program will provide a structured but flexible workout along with stroke technique instruction.

ACTIVITY CODE:		242506106	
AGE		FEE	
18+		\$40/ session Drop-in \$5	
DATES	DAY	TIME	LOCATION
5/29 - 7/3	W/ Sa	5:30 - 6:15 p.m.	TACC
7/3 - 8/17	W/ Sa	5:30 - 6:15 p.m.	TACC

SPRAYGROUNDS

OPEN May 23 - September 4 Daily 11 a.m. - 7 p.m.

BLUE VALLEY PARK SPRAYGROUND 23rd St. and Topping

DOUGLAS PARK SPRAYGROUND 2632 Jarboe

GILLHAM PARK SPRAYGROUND 41st and Gillham

HARMONY PARK SPRAYGROUND 10th St. and Agnes Ave.

LONGVIEW TRACT SPRAYGROUND 7101 Longview Rd. LOOSE PARK SPRAYGROUND 52nd Terr, and Summit St.

LYKINS SQUARE SPRAYGROUND E. 8th St. and Myrtle Ave.

PARADE PARK SPRAYGROUND 1600 John Buck O'Neil Way

SPRING VALLEY PARK SPRAYGROUND

E. 27th and Woodland Ave.

SUNNYSIDE PARK SPRAYGROUND 8255 Summit

RENTALS AVAILABLE SEASONALLY:

Memorial Day-Labor Day Weekends Looking for a cool place to have your child's birthday party or family event? Shaded picnic tables are available for reservation at several spray grounds. Limited capacity, space fills quickly. The following spray grounds have picnic tables available from 11 a.m. – 7 p.m. each day for \$25 per picnic table (2-hour time block). Rentals are made on the odd hour. Book your table(s) at kcparks.org. Each table holds 8 – 10 people. The spray ground remains open during the rental.



COMMUNITY CENTERS

The heart of our neighborhoods beats in our community centers. KCMO Parks & Recreation operates ten unique centers throughout the city that provide a wide array of activities, services and events for all ages.

ADMISSION

YOUTH (Ages 17 and under) Facility: Free

ADULT

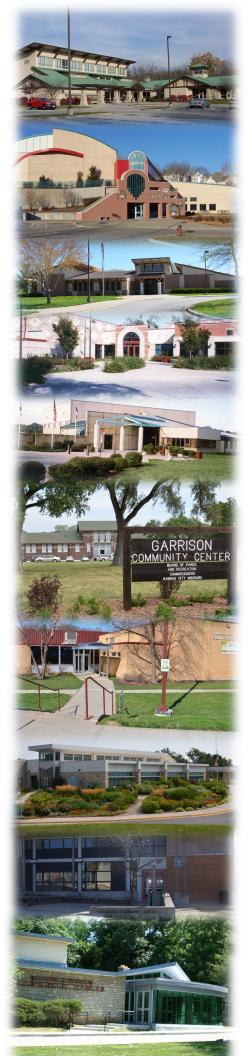
Facility Pass: \$5/day All Access Pass: \$30/month, \$300/annual Group (2 or more): \$30 for initial membership, \$10 off for each additional membership, must be members of the same household.

SENIOR (60+)

Facility Pass: \$3/day All Access Pass: \$20/month, \$200/annual Group (2 or more): \$20 for initial membership, \$10 off for each additional membership, must be members of the same household.

	LOCATION GUIDE
BRW	Bruce R. Watkins
	Cultural Heritage Center
CHS	Central High School
CLOTW	Camp Lake of the Woods
GCC	Garrison Community Center
GKCC	Gregg/ Klice Community Center
НССС	Hillcrest Community Center
KCNCC	Kansas City North Community Center
LCCC	Line Creek Community Center
LNC	Lakeside Nature Center
MCC	Marlborough Community Center
MWNCC	Mary Williams-Neal
	Community Center
PV	Pleasant Valley Park Athletic Complex
SCLHM	Shoal Creek Living History Museum
SECC	Southeast Community Center
TACC	Tony Aguirre Community Center
WRCC	Westport Roanoke Community Center

The KCMO Parks & Recreation Department facilities and programs are available to people of all abilities. If accommodations or individualized supports are needed to participate, please contact Taryn Andersen at (816) 513-7624.



GARRISON COMMUNITY CENTER

1124 E. Fifth St., KCMO 64106 P. 816-513-7720

HOURS OF OPERATION

Monday - Thursday: Friday: Saturday: Sunday: 11 a.m. – 9 p.m. 9 a.m.-6 p.m. 9 a.m.-6 p.m. CLOSED

GREGG/KLICE COMMUNITY CENTER

1600 John "Buck" O'Neil Way, KCMO 64108 P. 816-513-0652

HOURS OF OPERATION

Monday – Thursday: 6 Friday: 6 Saturday – Sunday: 9

6 a.m. - 9 p.m. 6 a.m. - 6 p.m. 9 a.m. - 6 p.m.

HILLCREST COMMUNITY CENTER

10401 Hillcrest Road, KCMO 64134 P. 816-513-8560

HOURS OF OPERATION

Monday - Thursday: Friday: Saturday/ Sunday: 7 a.m. - 9 p.m. 7 a.m. - 6 p.m. 9 a.m. - 6 p.m.

KANSAS CITY NORTH COMMUNITY CENTER

3830 N.E. Antioch Road, KCMO 64117 P. 816-513-7740 HOURS OF OPERATION

 Monday – Thursday:
 7 a.m. - 9 p.m.

 Friday:
 7 a.m. - 6 p.m.

 Saturday – Sunday:
 9 a.m. - 6 p.m.

LINE CREEK COMMUNITY CENTER ICE ARENA

5940 N.W. Waukomis Drive, KCMO 64151 P. 816-513-0760

HOURS OF OPERATION

Monday:	7 a.m 9 p.m.
Tuesday - Friday:	6 a.m 9 p.m.
Saturday/ Sunday:	9 a.m 6 p.m.

MARY WILLIAMS-NEAL COMMUNITY CENTER

3801 Emanuel Cleaver II Blvd., KCMO 64110 P. 816-513-0730 HOURS OF OPERATION

Monday - Thursday: Friday - Sunday: 10 a.m. - 9 p.m. 9 a.m. - 6 p.m.

MARLBOROUGH COMMUNITY CENTER

8200 The Paseo Blvd., KCMO 64131 P. 816-513-7800 HOURS OF OPERATION

Monday – Thursday: Friday - Saturday: Sunday:

11 a.m. - 9 p.m. 9 a.m. - 6 p.m. CLOSED

SOUTHEAST COMMUNITY CENTER

4201 E. 63rd St., KCMO 64130 P. 816-513-0632 HOURS OF OPERATION

HOURS OF OPERATION

 Monday - Thursday:
 6 a.m. - 9 p.m.

 Friday:
 6 a.m. - 6 p.m.

 Saturday/ Sunday:
 9 a.m. - 6 p.m.

TONY AGUIRRE COMMUNITY CENTER

2050 W. Pennway, KCMO 64108 P. 816-513-8530 HOURS OF OPERATION

Monday – Thursday:	7 a.m 9 p.m.
Friday:	7 a.m 6 p.m.
Saturday and Sunday:	9 a.m 6 p.m.

WESTPORT COMMUNITY CENTER

3601 Roanoke Road, KCMO 64111 P. 816-513-7660 HOURS OF OPERATION

 Monday - Thursday:
 10 a.m. - 9 p.m.

 Friday:
 10 a.m. - 6 p.m.

 Saturday/ Sunday:
 9 a.m. - 6 p.m.

SPECIAL MEMBERSHIP PRICE

at KC Parks Community Centers

Get \$100 off the cost of Annual All Access Memberships

May 7 1 A By 37 1 A By 37

ADULT ALL ACCESS

INSAS CI

Annual Membership Limited time special \$200 Regular price \$300

All Access Monthly Membership

Limited time special **\$25** Regular price \$30

ACTIVE AGING ALL ACCESS

Annual Membership

Limited time special **\$100** Regular price \$200

Monthly Membership Limited time special \$15 Regular price \$20

YOUTH ALL ACCESS

Annual Membership

FREE

Youth 14 and under, must be accompanied by a paying adult. Does NOT include Public Skate.

Line Creek Youth Annual Skating Pass

Limited time special **\$100** Regular price \$175

All Access Memberships MUST be purchased at one of the Community Centers.

The pass may be used for the following at all KC Parks Community Centers: Swim Lessons (indoor pools only) | Fitness Centers | Open Swim | Open Gym Public Ice Skating | Select Classes

This pass cannot be used for room or skate rentals, classes (unless specified), or activity fees. Offer ends May 31, 2024





kcparks.org

The KCMO Parks and Recreation Department facilities and programs are available to people of all abilities. If accommodations or individualized supports are needed to participate, please contact Taryn Andersen at 816-513-7624.



KC PARKS & REC SUN ER CAMPS 2024 WHERE KC PLAYS



Traditional Summer Day Camp June 3 - Aug. 9 Monday - Friday | 7:30 a.m. - 5:30 p.m. Ages 6 - 13 | Fee: \$100/week

Ages 6 - 13 | Fee: \$100/week Mary Williams-Neal • Hillcrest • Kansas City North Southeast • Tony Aguirre • Westport Roanoke

KC Parks Summer Camps encourage social and emotional growth. Summer will be filled with field trips, swimming, art and crafts, science, sports, activities, and so much more! Lunch and snacks provided.

Outdoor Adventure Summer Day Camp June 3 - Aug. 9

Monday - Friday | 9 a.m. - 4 p.m. Ages 8 - 13 | Day Camp: \$150/week Extended Care, add \$20/ week 7:30 a.m. - 5:30 p.m. **Camp Lake of the Woods**

Outdoor adventure camp provides traditional summer camp programs with an emphasis on outdoor adventures. Lunch and snacks provided.

Line Creek Sports Camp June 3 - Aug. 9 Monday - Friday | 9 a.m. - 4 p.m. Ages 8 - 13 | Fee: \$150/week Extended Care, add \$20/ week 7:30 a.m. - 5:30 p.m.

Line Creek Sports Camp will be a summer full of fun! Children can have a great time making new friends in a safe environment. Youth will enjoy a different sports specific specialty camp each week, as well as arts & crafts, games, and field trips. Children will be provided with a lunch and an afternoon snack.

Line Creek

Teen Summer Day Camp June 3 - Aug. 9

Monday - Friday | 7:30 a.m. - 5:30 p.m. Ages 12 - 15 | Day Camp: \$150/week Mary Williams-Neal | KC North

Sign your teens up for 10 weeks of games, STEAM activities, and field trips plus going to a waterpark once a week! We will also focus on leadership skills. All snacks and lunch are provided.

\$20 Registration Fee due at the time of initial enrollment. Get a 20% discount on 10-week packages, if enrolled in all 10 weeks and paid in full by May 1, 2024. 10% multi-child discount (cannot be combined with any other discounts). Financial Assistance available.





Sign up at kcparks.org

The KCMO Parks and Recreation Department facilities and programs are available to people of all abilities. If accommodations or individualized supports are needed to participate, please contact Taryn Andersen at 816-513-7624.



CALENDAR OF EVENTS



Garment District Grooves: May

Grab some lunch and listen to live bands in this quaint downtown park! Third Wednesday of the month through October. #AFoodTruckAndABand

AGE	FEE	LOCATION
All	Free	Garment District
DAY	DATE	TIME
w	5/15	11:30 a.m 1 p.m.
w	6/19	11:30 a.m 1 p.m.
W	7/17	11:30 a.m 1 p.m.
W	7/21	11:30 a.m 1 p.m.

Celebrating Urban Birds

Visitors participate in scheduled hike. Inside the center, info tables give information about the 15 species of interest to Cornell. People will be encouraged to participate in Cornell Lab of Ornathology Citizen Science Survey. There will also be arts and crafts activities and display tables.

AGE		FEE		
All		Free		
DAY	DATES		TIME	LOCATION
S	5/18		10 a.m 2 p.m.	LNC

Sneaker Ball

Lets kick off the summer with dancing and music! Sneakers are a must! Causal or glam attire is all welcome! Lets see who is Best Dressed!

ACTIVITY	CODE: 24	2501109
AGE	FEE	LOCATION
5 - 13	\$15	MWNCC
DAY	DATE	TIME
F	5/31	6 - 8 p.m.

Kids School Out Fun Day

K - 8th graders will participate in a variety of activities. The purpose of this is to teach good competition while having fun through challenging games and having quality social time. Frisbee, dodgeball, hula hoop, bowling, and refreshments will be provided.

ACTIVITY CODE: 242507125				
GRADE	FEE	LOCATION		
K - 8th	Free	GCC		
DAY	DATE	TIME		
F	5/31	6 - 8 p.m.		

Kansas City International Dragon Boat Festival

Brush Creek on the Country Club Plaza will be packed with people and dragons for the annual Kansas City Dragon Boat Festival. The boats enter the water for practice at 8 a.m. and festivities begin at 9:45 am. as drum rollers and dragons march along the banks of Brush Creek to kick-off a day of racing.

The festival is hosted by Kansas City-Xi'an Sister City Committee and the Society for Friendship with China in partnership with Kansas City Parks and Recreation.

AGE	FEE	LOCATION
All	Free	Brush Creek
DAY	DATE	ТІМЕ
Sa	6/15	9:45 a.m.

Make Music Kansas City

Join us for Make Music Kansas City! A live, free musical celebration on June 21st, the longest day of the year, with concerts on streets, sidewalks, venues and parks across the city. Launched in 1982 in France as the Fête de la Musique, it is now held on the same day in more than 1,000 cities in 120 countries.

AGE	FEE	LOCATION
All	Free	Metro-wide
DAY	DATE	TIME
F	6/21	11 a.m.

Community Pool Party

Celebrate the Grand Reopening of the Southeast Community Center Pool. Come enjoy live music, family activities, snacks, and lots of fun.

ACTIVITY CODE: 242511101		
AGE	FEE	LOCATION
All	Free	SECC
DAY	DATE	ТІМЕ
Sa	6/8	10 a.m 2 p.m.

Juneteenth Spades Tournament

Join us as we celebrate Juneteenth and playing one of the most beloved card games in the community.

AGE	FEE	LOCATION
18+	Free	MWNCC
DAY	DATE	TIME
Sa	6/22	Noon - 5 p.m.



Grab your teddy bear(s), picnic blanket and lunch to celebrate National Teddy Bear Picnic Day with in beautiful Swope Park! Featuring Music by Janie Next Door/ Story time with the Kansas City Public Library/ Ice Cream from the Tasty Unicorn Face Painting by the KC Parks Ambassadors The Photo Bus GIF Booth Teddy Bear Health Clinic (bring your stuffed animals for repairs or a health check up)

	•	, ,
AGE	FEE	LOCATION
All	Free	Swope Park
DAY	DATE	ТІМЕ
F	7/12	11 a.m 12:30





Bugs Extravaganza

Learn cool things about bugs including life cycles. Also find out how to support pollinator species. Visitors can participate in scheduled hike. In the Center, observe a working beehive and a caterpillar zoo. Info tables provide information about insect life cycles, supporting pollinator species and insect predators. Arts and crafts are also available.

AGE		FEE		
All		Free		
DAY	DATES		TIME	LOCATION
S	7/20		10 a.m 2 p.m.	LNC





Kansas City's Lawn Party 2024

Celebrate National Parks and Recreation Month at KC's biggest lawn party! This fun-filled evening of live music, food trucks, art activities and lawn games stretches from the Nelson-Atkins Museum of Art to Brush Creek. Enjoy art activities, live music, and games throughout the Lawn Party. Pack your own picnic or grab dinner from an on-site food truck! Rain or shine; no grills, no stakes, no tenting

AGE	FEE	LOCATION
All	Free	Theis Park
DAY	DATE	ТІМЕ
Su	7/21	4 - 8 p.m.







Join us as we celebrate all the wonderful cultures that make Kansas City a wonderful and diverse place to call home. Enjoy food, music, crafts and dance from around the world.

Adult: \$5 | 12 and under: Free with Adult Free Parking

Sorry, NO Pets Allowed. Must show certificate for service/ comfort animals.

AGE	FEE	LOCATION
All	\$5/ Adults	Swope Park
DAY	DATE	TIME
F	8/16	6 - 10 p.m.
Sa	8/17	Noon - 10 p.m.
Su	8/18	Noon - 6 p.m.

Basketball All-Star Day

Youth display the talents in Dribbling skills, shooting skills, and Slam Dunking in a Competition judged by Judges. Trophies will be giving for 1st 2nd 3rd place in each category.

AGE	FEE	LOCATION
9-12 13-16	\$10 Drop-in	MWNCC
DAY	DATE	TIME
Sa	6/8	Noon - 5 p.m.

Run for Raptors

Run for Raptors: a walk/run fundraiser held at Camp Lake of the Woods trails.

AGE		FEE	
All		Free	
DAY	DATES	TIME	LOCATION
S	8/3	8 a.m.	LNC

End of Summer Splash Bash

Come on down to Tony Aguirre Community Center for an end of summer luau themed splash bash! What better way to round out the summer than by hoping in the pool and celebrating with music, games, activities, and more with the whole family! Regular pool admission is required to attend.

ACTIVITY CODE: 2		24	242506110		
AGE		FEE			
All		\$10/ Adults \$3/ Active Ager \$2/ Youth FREE/ members			
DAY	DATES		TIME	LOCATION	
F	8/9		5 - 8 p.m.	TACC	

Splish Splash Back to School Bash

Summer has ended, and it's time to party. Let's celebrate with a back-to-school pool party.

ACTIVITY CODE: 2		242501108		
AGE		FEE		
All		\$10/ Drop-In		
DAY	DATES		TIME	LOCATION
F	8/9		6 - 9 p.m.	MWNCC

Water, Bugs, Fish & Frogs

Learn about all things water-related including how water quality affects wildlife AND humans. Visitors participate in scheduled hike. Inside the center, visitors observe fly tying. Info tables provide information about native fish, aquatic insects and frogs. All displays emphasize water quality and how it affects wildlife. There will also be arts and crafts activities and display tables.

AGE		FEE		
All		Free		
DAY	DATES		TIME	LOCATION
S	8/17		10 a.m 2 p.m.	LNC

ACTIVE AGERS

Chair Aerobics

Designed to increase muscle strength, range of movement and improve activities for daily living. A chair is used for seating exercises, standing support, and can be modified depending on fitness level.

ACTIVITY CODE: 242501105						
AGE		FE	FEE			
50+		\$3	\$3/ day FREE/ w membership			
DAY	DATES		ТІМЕ	LOCATION		
T/Th	5/28 - 7/5		1 - 2 p.m.	MWNCC		
T/Th	7/9—8/15		1 - 2 p.m.	MWNCC		
T/W	5/28 - 7/3		10 - 10:45 a.m.	GKCC		
T/W	7/9 - 8/14		10 - 10:45 a.m.	GKCC		
M/W	5/30 - 7/5		9:30 - 10:30 a.m.	МСС		
M/W	7/7 - 8/23		9:30 - 10:30 a.m.	МСС		

Silver Sneakers Classic

Designed to increase muscle strength, range of movement, and improve activities for daily living. A chair is used for seating exercises and standing support and can be modified depending on fitness level.

ACTIVITY CODE:		242507113				
AGE		FE	FEE			
55+		\$3	\$3/ day FREE/ w membership			
DAY	DATES		ТІМЕ	LOCATION		
T/Th	5/28 - 7/2		9:30 - 10:30 a.m.	GCC		
T/Th	7/9 - 8/15		9:30 - 10:30 a.m.	GCC		
M - Th	6/3 - 8/17		10 - 11 a.m.	НССС		
T/Th	5/28 - 7/2		10 - 11 a.m.	TACC		
T/Th	7/9 - 8/15		10 - 11 a.m.	TACC		

Chair Yoga

Seated yoga will allow individuals to build strength, flexibility and endurance while keeping their heart happy and healthy with light exercises from the comfort of a chair.

ACTIVITY CODE:							
AGE			FEE				
60+		\$3	\$3/ day FREE/ w membership				
DAY	DATES		TIME	LOCATION			
Т	5/30 - 7/5		9:30 - 10:30 a.m.	МСС			
Т	7/7 - 8/23		9:30 - 10:30 a.m.	МСС			

Active Agers Club

Active Agers will enhance their brain, develop social skills through table games, and other activities in a positive setting. Free with Silver Sneakers membership.

ACTIVITY CODE:						
AGE		FE	FEE			
50+		\$3	\$3/ day FREE/ w membership			
DAY	DATES		TIME	LOCATION		
T/ Th	5/30 - 7/5		Noon	МСС		
T/ Th	7/7 - 8/23		Noon	MCC		



Senior Pickleball

This program will be played two days a week at Hillcrest in a fun and relaxed environment where seniors can learn and enjoy the game.

ACTIVIT	Y CODE:	242502136		
AGE		FEE		
60+		\$3/ day FREE/ w membership		
DAY	DATES	TIME	LOCATION	
M/W	5/29 - 7/1	1:30 - 3:30 p.m.	НССС	
M/W	7/8 - 8/28	1:30 - 3:30 p.m.	НССС	

Mary Williams-Neal Card Group

A time of gathering for lively conversation, playing cards and games, enjoying entertaining and educational programs, and sharing lunch

ACTIVITY	CTIVITY CODE: 242501110				
AGE		FEE	FEE		
60+		\$3/ day FREE/ w membership			
DAY	DATES	TIME	LOCATION		
W/Th/F	5/29 - 7/5	Noon - 5 p.m.	MWNCC		
W/Th/F	7/8 - 8/16	Noon - 5 p.m.	MWNCC		

Senior Circuit 360

This program will allow Active Aging Individuals to enhance their healthy, develop muscle tone through circuit Training.

ACTIVITY CODE:						
AGE		FI	FEE			
60+		\$3	\$3/ day FREE/ w membership			
DAY	DATES		TIME	LOCATION		
Th	5/30 - 7/5	5/30 - 7/5		MCC		
Th	7/11 - 8/23		6:30 p.m.	MCC		

2 Stepping

Fun night of movement doing the KC twostep. Focusing on beginner and intermediate dancing while working on dance technique, rhythm and body awareness in a caring, nurturing environment.

ACTIVITY	CODE:	24	1505128		
AGE		FI	FEE		
55+		\$3	\$3/ day FREE/ w membership		
DAY	DATES		TIME	LOCATION	
Т	5/28 - 7/5		6:30 p.m.	МСС	
Т	7/9 - 8/23		6:30 p.m.	MCC	

Garrison Cooking Club

Join us in the kitchen! We will learn fun recipes that you can take home and share with the family!

ACTIVITY CODE: 242507105					
FEE					
\$6/day (Under age 59)		\$5/ day (60+)			
DAY	DATES	TIME	LOCATION		
Th	8/1	11 a.m 1 p.m.	GCC		
Th	8/15	11 a.m 1 p.m.	GCC		

Silver Sneakers Splash

A fun, shallow-water exercise class that uses a signature splash-board to increase movement and intensity options. Splash is suitable for all skill levels and is safe for non-swimmers. The pool provides many benefits when used for aerobic exercise and resistance training.

ACTIVITY CODE:		24	242506128		
AGE		F	FEE		
60+		\$3	\$3/ day FREE/ w membership		
DAY	DATES		TIME	LOCATION	
M/W	5/29 - 7/3		10 - 11 a.m.	TACC	
M/W	7/8 - 8/14		10 - 11 a.m.	TACC	



Senior Walking Club

This program provides an exercise regimen for seniors to be active and stay fit. This programs also helps track their steps to help them reach their exercise goals.

ACTIVITY CODE:		242502130		
AGE		FEE		
60+		\$5		
DAY	DATES	TIME	LOCATION	
T/ Th	5/30 - 8/15	9 - 10 a.m.	НСС	

YOUTH PROGRAMS



KC North, Westport, Line Creek and Hillcrest are available for your next party.

Please contact one of these locations for more details!

Art Expressions

All levels of experience are welcome in these selfguided sessions to explore materials and express creativity

ACTIVITY CODE:		242501103		
AGE		FEE		
4 - 15		\$4/ Drop-in		
DAY	DATES	TIME	LOCATION	
W/F	5/29 - 7/5	Noon - 5 p.m. MWNCC		
W/F	7/10 - 8/16	Noon - 5 p.m. MWNCC		

Freedom Fire

Kids will participate in various fitness games and exercises such as dodgeball, basketball, and pickleball.

ACTIVITY CODE: 242507120					
AGE		FEE			
5 - 12		FF	FREE		
DAY	DATES		ТІМЕ	LOCATION	
F	5/28 - 8/18		6:30 - 7 p.m. GCC		

Basketball Skills Training

This program is designed to teach basic basketball skills to youth athletes who are just getting started in basketball. This program will teach fundamentals such as shooting, dribbling, passing and defense of skills.

ACTIV	ITY CODE:	242510114		
AGE	FEE			
6 - 16	\$\$\$ \$\$ \$\$ \$\$ \$\$ \$\$ \$\$ \$\$ \$\$ \$\$ \$\$ \$\$ \$\$			
DAY	DATES	TIME	LOCATION	
Sa	6/1 - 7/6	10 a.m Noon	НССС	
Т	5/28 - 7/9	6 - 7 p.m.	WRCC	
Т	7/16 - 8/13	6 - 7 p.m.	WRCC	

Pop Up Play in the Park

Come check out various KC Parks playgrounds and parks! Each week, KC Parks staff will be visiting different parks and playgrounds in the Westside and bringing equipment, games, and activities for children to free play with.

ACTIVITY	CODE:	242	506101		
DATE		LOC	CATION		
6/12		Obs	ervation Pa	rk	
7/10		Jarboe Park			
8/14		Mul	key Square	Park	
DAY	TIME		AGE		FEE
W	10 a.m Noon		All ages		Free

Let's Play T-Ball

Lets' play is an introductory T-ball program intended to teach kids the basics of T-ball The goal of the program is for kids to walk away with the 3 f's-Fundamentals, friendship and fun!

ACTIVITY CODE:				
AGE		FEE		
3 - 6		\$40/ Player		
DAY	DATES	TIME LOCATION		
Sa	6/1 - 7/13	9 - 11 a.m. Gillham Park		

Beginners Balloon Workshop

Level 1-Mastering the Balloon Basics. Hands on learning class where you will learn how to work with balloons to build balloon columns, garlands, and customize backdrops.

ACTIVITY CODE:		242501107			
AGE		FEE	FEE		
10		\$40/ Session	\$40/ Session		
DAY	DATES	TIME	LOCATION		
W	6/5 - 6/26	10:30 - 12:30 p.m. MWNCC			



Garrison Community Garden

The community gardening program is a hands-on group and individual learning experience that helps youth develop a love of gardening and an appreciation for nature. Through teamwork we plant fruits and vegetables and learn about nutrition and many other skills.

ACTIVITY CODE:		242507106		
AGE		FEE		
5+		\$5		
DAY	DATES	ТІМЕ	LOCATION	
М	6/3 - 7/11	5:30 - 6:30 p.m.	GCC	

Homeschool Skate

Students will have the opportunity to be physically fit and earn P.E. credit all while having fun doing it. 8 week sessions. Sign up at the center only.

ACTIVITY CODE:					
AGE		FEE			
3 - 18		\$4/ first 2, then \$2/ family			
DAY	DATES		TIME	LOCATION	
F	5/31 - 7/5		9 - 10:30 a.m.	LCCC	
F	7/12 - 8/16		9 - 10:30 a.m.	LCCC	

Summer Archery

Come out to KC North for Summer Archery. Improvement based class with goal to be a better shooter by end of the summer, so records and progress will be taken inducing prizes.

ACTIVI	TY CODE:	242508155	
AGE		FEE	
9 - 17		\$7/ day \$40/ Session	
DAY	DATES	TIME	LOCATION
Su	6/30 - 8/4	10 - 10:50 a.m. KCNCC	

Youth Weight Training

Teenagers will learn what exercises to do to help keep them in shape. This is also for young athletes trying to enhance their fitness. This will focus on muscle endurance, strength, and the overall mental health.

10	ACTIVITY CODE:		242507111	
	AGE		FEE	
- 101 B	13 - 17		\$40/ Session \$5 Drop-in	
	DAY	DATES	ТІМЕ	LOCATION
	T, W, TH	5/28 - 7/3	Noon - 1 p.m.	GCC
			Noon - 1 p.m. GCC	

Skateboard Club

Sign up if you would like to join us in doing weekly skateboard hangouts! We will go to the park for an hour to do skateboarding and assist with ones that wish to learn how to get better at it. Helmets and Knee Pads are required.

ACTIVITY CODE:		242510117		
AGE		FEE		
10 - 17		\$40/ Session \$5 Drop-in		
DAY	DATES	TIME	LOCATION	
Su	6/2 - 7/7	11:40 a.m 2 p.m.	WRCC	
Su	7/14 - 8/18	11:40 a.m 2 p.m.	WRCC	



Robotics

Come join the Westport robotics club! You can learn to build your very own robot!

ACTIVITY CODE: 242510118					
AGE		FEE			
10 - 16		\$4	\$40		
DAY	DATES		ТІМЕ	LOCATION	
Т	5/28 - 7/2		5 - 6 p.m.	WRCC	
Т	7/2 - 8/13		5 - 6 p.m.	WRCC	



Anime Club

An anime club is an organization that meets to discuss, show, and promote anime in a local community setting and can also focus on broadening Japanese cultural understanding. Anime clubs are increasingly found at universities and high schools. Organizers may also use public meeting spaces such as a library or a community center.

ACTIVITY CODE:		242511146			
AGE		FE	FEE		
13 - 17		\$5	\$5/ Drop-in Free/ membership		
DAY	DATES		TIME	LOCATION	
Th	5/30 - 7/4		5 - 7 p.m.	SECC	
Th	7/11 - 8/15		5 - 7 p.m.	SECC	



Art Club

Explore your creativity at our dynamic youth art club. Unleash your imagination and connect with like minded peers in a vibrant after school environment. From painting to drawing, discover your unique artistic voice under the guidance of experienced mentors.

ACTIVITY CODE:		24	242511102		
AGE		FE	FEE		
13 - 17		\$5	\$5/ Drop-in Free/ membership		
DAY	DATES	DATES		LOCATION	
Т	5/28 - 7/2		5 - 7 p.m.	SECC	
Т	7/9 - 8/13		5 - 7 p.m.	SECC	



Dance Club

Dance into a world of rhythm and expression at our energetic youth dance club for ages 13-18. Join fellow enthusiasts in exploring various dance styles, from contemporary to hip-hop. Develop your skills, enhance your performance, and build lasting friendships in a lively after-school setting. Let the music move you as you embrace the joy of dance and self-discovery.

ACTIVITY CODE:			2511104		
AGE		FE	FEE		
13 - 17		\$5	\$5/ Drop-in Free/ membership		
DAY	DATES		TIME	LOCATION	
W	5/29 - 7/3		5 - 7 p.m.	SECC	
W	7/10 - 8/14		5 - 7 p.m.	SECC	



Swim Club

Dive into excellence with our youth swim club. Immerse yourself in a supportive after-school environment where skilled instructors guide you through stroke techniques, water safety, and competitive training. Whether you're a beginner or seasoned swimmer, join a community that celebrates aquatic skills, fosters teamwork, and promotes a love for the water. Make a splash and discover the rewards of dedication and camaraderie.

ACTIVITY CODE: 242511106					
AGE		FE	FEE		
13 - 17		\$5	\$5/ Drop-in Free/ membership		
DAY	DATES		TIME	LOCATION	
М	6/3 - 7/1		5 - 7 p.m.	SECC	
М	7/8 - 8/12		5 - 7 p.m.	SECC	



Thursday Throwdown Esports Tournament Series

Join us every third Thursday of the month for an esports gaming tournament. Different games will be played using Nintendo switch gaming consoles. Prizes and giveaways to winners and participants. Every third Thursday of the month

Summer Esports Olympics

Come compete in the 2024 Esports Summer Olympics at KCNCC! Each week we will compete in a different video game for a gold, silver, and bronze medal. You don't want to miss this!

articipants. Every third Thursday of the month			/ITY CODE:	24250	8156	
ACTIVITY CODE: 242508145				FEE		
AGE FEE DAY		7 - 13		\$7/ dr	op-in	
\$10/ drop-in	Th	DAY	DATES		ТІМЕ	LOCATION
TIME	LOCATION	Т	7/9 - 8/13		6:30 - 8 p.m.	KCNCC
6:30 - 8 p.m.	KCNCC					
	242508145 FEE \$10/ drop-in TIME	242508145 FEE DAY \$10/ drop-in Th TIME LOCATION	242508145 AGE FEE DAY 7 - 13 \$10/ drop-in Th DAY TIME LOCATION T	242508145 AGE FEE DAY 7 - 13 \$10/ drop-in Th DAY DATES TIME LOCATION T 7/9 - 8/13	242508145 AGE FEE FEE DAY 7 - 13 \$7/ dresson \$10/ drop-in Th DAY DATES TIME LOCATION T 7/9 - 8/13	242508145 AGE FEE FEE DAY 7 - 13 \$7/ drop-in \$10/ drop-in Th DAY DATES TIME TIME LOCATION T 7/9 - 8/13 6:30 - 8 p.m.



Kickball Tournament

This will be a 8 team single elimination tournament. Each team should have no more than 11 players. Games will be 4 innings, if you score more than 5 runs before the other team records 3 outs the inning will change. Teams are responsible for their own shirts or jerseys. Winners will receive a 1st place trophy.

ACTI	VITY CODE:	242510102		ACTIVIT
AGE		FEE		AGE
18+		\$250/ Team		18+
DAY	DATES	TIME	LOCATION	DAY
Sa	6/1	9 a.m 4 p.m.	Gillham Park	Sa

Adult CoEd Kickball

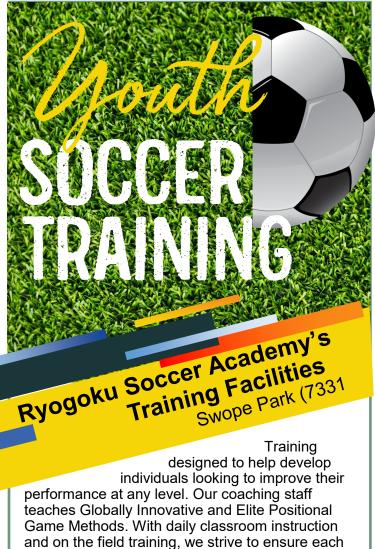
This coed league will offer a great way to socialize, network and exercise with friends. Participants will have fun competing in a fun safe environment.

ACTIV	ACTIVITY CODE:						
AGE FEE							
18+		\$275/ Team	I				
DAY	DATES	TIME	LOCATION				
М	6/3 - 7/15	Varies	Observation Park				

4 on 4 Basketball Tournament

This will be a 6 team tournament to determine who has the best team. Each team will play 2 games to determine who plays for the champion. Winners will receive a trophy and bragging rights. Each team can have a max of 4 players.

ACTIVITY CODE:		24	242510101			
AGE		FE	FEE			
18+		\$1	\$125/ Team \$25/ Player			
DAY	DATES		TIME	LOCATION		
Sa	8/17		Noon - 2 p.m.	WRCC		





Pickleball

Come play one of the fastest growing and most popular sports. Get a great workout while having fun learning the game and making friends. Both beginner and advanced play offered.

ACTIVI	TY CODE:	24	242502136		
AGE		F	EE		
18+		D	rop-in \$5/adult,	\$3/active ager	
Recreational/ Beginners					
DAY	DATES	ТІМЕ		LOCATION	
M/T/W/F	- 6/1 - 7/15	8 - 1	0 a.m.	KCNCC	
M/T/W/F	= 7/16 - 8/30	8 - 1	0 a.m.	KCNCC	
M/W	5/29 - 7/1	1:30) - 3:30 p.m.	НССС	
M/W	5/29 - 7/3	10 a	.m Noon	MWNCC	
M/W	7/8 - 8/28	10 a	.m Noon	MWNCC	
M/W/F	5/28 - 7/7	7:30) - 10 a.m.	TACC	
M/W/F	7/8 - 8/28	7:30) - 10 a.m.	TACC	

Advanced Players

ACTIVITY CODE: 242508149					
DAY	DATES	TIME	LOCATION		
Th/Su	6/1 - 7/15	Th: 8 - 10 a.m. Su: Noon - 4	KCNCC		
Th/Su	7/16 - 8/30	Th: 8 - 10 a.m. Su: Noon - 4	KCNCC		

Applications available upon request by emailing Brad@RyogokuSoccerAcademy.org.

individual achieves a high level of understanding that translates to any environment. Additional

training opportunities available.

Practice Monday, Wednesday, and Thursday. 5:30 - 7 p.m.



Join us for Summer

FOR BOYS AND GIRLS **AGES 4-14**

Fee \$85

*Plus \$20 National AYSO Fee/Insurance *

Fee includes training and a full jersey kit (shirt, shorts, socks) and training provided by our trained coaches starting mid-August through the end of October.

Register today @ www.kcayso.org

Contact us today at: registrar6h1161@gmail.com

Ξ

Everyone Plays[®] | Open Registration | Good Sportsmanship | Player Development

Balanced Teams Positive Coaching



FEES INCLUDE

SOGGER JERSEY KIT





Martial Arts

Youth Judo

Students will experience progressive skills in Judo. Classes include warmup, skills practice, and fun. We'll work on a combination of wrestling, throwing, and submissions techniques. Beginner and advanced classes offered.

ACTIVITY CODE: 2			32508162	
AGE		F	EE	
6 - 17 \$7/ drop-in, \$40/ month		nonth		
BEGINNER				
DAY	DATES		TIME	LOCATION
T/Th	6/1 - 6/30		6 - 7:30 p.m.	KCNCC
T/Th	7/1 - 7/30		6 - 7:30 p.m.	KCNCC
T/Th	8/1 - 8/30		6 - 7:30 p.m.	KCNCC

ADVANCED

/			
DAY	DATES	ТІМЕ	LOCATION
T/Th	6/1 - 6/30	7 - 8:30 p.m.	KCNCC
T/Th	7/1 - 7/30	7 - 8:30 p.m.	KCNCC
T/Th	8/1 - 8/30	7 - 8:30 p.m.	KCNCC

Adult Judo

Students will experience progressive skills in Judo. Classes include warmup, skills practice, and fun. We'll work on a combination of wrestling, throwing, and submissions techniques.

ACTIVITY CODE:			2508146			
AGE		FE	FEE			
18+		\$7	\$7/ drop-in, \$40/ month			
DAY	DATES		TIME	LOCATION		
M/Th	6/1 - 6/30		6 - 8:30 p.m.	KCNCC		
M/Th	7/1 - 7/30		6 - 8:30 p.m.	KCNCC		
M/Th	8/1 - 8/30		6 - 8:30 p.m.	KCNCC		



HEMA Swords Class

Heartland HEMA (Historical European Martial Arts) specializes in instructing students of all levels and physical ability in the use of a variety of renaissance and medieval weaponry.

ACTIVITY CODE:			232508165			
AGE		FE	FEE			
18+		\$1	\$10/ drop-in, \$40/ month			
DAY	DATES		TIME	LOCATION		
M/W	6/1		6 - 8 p.m.	KCNCC		
M/W	7/1		6 - 8 p.m.	KCNCC		
M/W	8/1		6 - 8 p.m.	KCNCC		



Youth Boxing

Develop basic skills of boxing while learning discipline and instilling a sense of respect for self and others. GKCC 7 weeks

ACTIVITY	CTIVITY CODE: 242403195						
AGE			FEE				
5 - 17			\$40/GKCC	FREE/	GCC		
DAY	DATES	TIN	/IE	AGE	LOCATION		
T/Th	6/4	5:30 p.m.		5 - 9	GKCC		
T/Th	7/2	5:30 p.m.		5 - 9	GKCC		
T/Th	8/6	5:3	0 p.m.	5 - 9	GKCC		
T/Th	6/4	5:3	0 p.m.	10 - 17	GKCC		
T/Th	7/2	6:3	0 p.m.	10 - 17	GKCC		
T/Th	8/6	6:30 p.m.		10 - 17	GKCC		
T/Th	5/28	5 p.m.		8 - 17	GCC		
T/Th	7/9	5 p	. m .	8 - 17	GCC		

BOXIN

Ice Sports

Public Skating

Guests of all ages are welcome to enjoy skating at Line Creek Community Center during our daily Public Ice Skating Sessions! We have ice hockey and figure skates available to rent and we also offer skating trainers for new skaters that may need a little extra assistance on the rink.

Go to kcparks.org for available daily times.

ACTIVITY CODE:					
AGE FE		FE	FEE		
All age	ages \$8/admission, \$2/skate renta				
DAY	DATES		TIME	LOCATION	
м	Ongoing		Noon - 1:30 p.m.	LCCC	
Т	Ongoing		7 - 8:30 p.m.	LCCC	
Th	Ongoing		3:45 - 5:45 p.m.	LCCC	
Sa	Ongoing		2 - 4 p.m.	LCCC	

Freestyle

This is lice time dedicated to figure skaters to practice routines and skill development. Please check our freestyle calendar online for available daily times. 30 minute sessions.

\$7/session, \$3.25/coaching, \$125/session pass

ACTIVITY CODE:		241404138	
AGE			
All Ages			
DAY	DATES	TIME	LOCATION
M - F	Ongoing	Refer to the website	LCCC

Skating Lessons

This is an on-ice skating program conducted in 30-minute classes. Participants will enjoy learning in a group setting, where they can work on their agility, balance, and skating skills through various on-ice staking instructions.

Go to learntoskatekc.com for more information.

ACTIVITY CODE:					
AGE FEE					
5+		\$70/ Session			
DAY	DATES	TIME	LOCATION		
Т	7/9 - 7/30	6 p.m. & 6:30 p.m.	LCCC		

Adult Skills and Drills

Created for the beginner skater to learn some new skills or just get a great workout through drills and a scrimmage. Sign up at the center only.

ACTIVITY CODE:					
AGE F			FEE		
18+		\$18 d	rop-in		
DAY	DATES		TIME	LOCATION	
Т	Ongoing		8:45 - 10 p.m.	LCCC	

Stick and Puck

Come practice and hone your hockey skills in an open practice time. Adults and youth are welcome.

ACTIVITY CODE:					
AGE		FEE			
All Ages		\$14 drop-in			
DAY	DATES		TIME	LOCATION	
M - Th	Ongoing		10 - 11 a.m.	LCCC	

Adult Hockey League

Come join one of 4 levels (A, B, C, or D) of adult ice hockey in our Northland Hockey League. The Northland Hockey League offers players within a wide range of skill levels the opportunity to participate in organized, competitive play.

Go to northlandhockeyleaguekc.com

for more information				
ACTIVITY CODE:				
AGE	AGE FEE			
18+	18+ Refer to the website			
DAY	DATE	TIME		LOCATION
Su/M/Th/F	5/28	Re	fer to the website	LCCC



Advanced Adult Stick Time

Geared towards the more advanced hockey players to provide them with an opportunity to maintain and improve their skills on a weekly basis. Friday mornings.

ACTIVITY CODE:						
AGE		FEE				
18+		Refer to the website				
DAY	DATE	ТΙ	ME	LOCATION		
F	5/28	11	a.m Noon	LCCC		
F	7/8	11	a.m Noon	LCCC		

Fitness

Adult Boot Camp

Fitness Boot Camp helps you get in shape and stay that way. From entry level to novice, participants will work all muscle groups, practice different methods of cardio workouts, and learn healthy eating habits. FREE with Membership.

ACTIVITY CODE:			242503175		
AGE		F	EE		
18+		D	prop-in \$5/adult, \$3	/active ager	
DAY	DATES		TIME	LOCATION	
M/W/F	Ongoing		6 - 7 a.m.	GKCC	
M/W/F	Ongoing		5:30 - 6:30 p.m.	GKCC	
W	Ongoing		6 - 6:45 p.m.	GCC	
Sa	Ongoing		10:30-11:30 a.m.	GCC	
W	Ongoing		7 - 8 p.m.	HCCC	

Intro into Weightlifting

Come join us to learn how to properly and efficiently lift weights to gain lean muscle

ACTIVITY	ACTIVITY CODE: 242503200				
AGE		FEE			
13+		\$5/ day FREE/ w m	embership		
DAY	DATES	TIME	LOCATION		
T/W/Th	Ongoing	1 - 2 p.m.	GCC		
T/W/Th	Ongoing	2:30 - 3:30 p.m.	GCC		
T/W/Th	Ongoing	5 - 6 p.m.	GCC		
T/W/Th	Ongoing	6:30 - 7:30 p.m.	GCC		
Su	5/12 - 6/30	Noon - 12:45 p.m.	GKCC		
Su	7/7 - 8/25	Noon - 12:45 p.m.	GKCC		
М	Ongoing	6 - 6:50 p.m.	LCCC		
Th	Ongoing	6 - 6:50 p.m.	LCCC		
Sa	Ongoing	Noon- 12:50 p.m.	LCCC		

Homeschool Skate

Students will have the opportunity to be physically fit and earn P.E. credit all while having fun doing it. 8 week sessions. Sign up at the center only.

ACTIVITY CODE:						
AGE		FEE				
3 - 18		\$4/ first 2, then \$2/ family				
DAY	DATES		TIME	LOCATION		
F	5/31 - 7/5		9 - 10:30 a.m.	LCCC		
F	7/12 - 8/16		9 - 10:30 a.m.	LCCC		



Boot Camp Fitness

Join us for a challenging but fun workout that will improve your strength and cardio fitness. Classes will be adaptable to a variety of fitness levels and will be led by an experienced instructor.

ACTIVITY CODE:			242506107		
AGE		F	EE		
18+		\$(\$60/ Season, \$12/ Drop-in		
DAY	DATES		TIME	LOCATION	
T/ Th	5/28 - 7/2		5 - 5:45 p.m.	TACC	
T/ Th	7/9 - 8/15		5 - 5:45 p.m.	TACC	
T/ Th	5/28 - 7/2		6 - 6:45 p.m.	TACC	
T/ Th	7/9 - 8/15		6 - 6:45 p.m.	TACC	

Fitness Room Orientation

Learn how to properly use our fitness equipment. Build confidence and help to reduce short- and long-term injury by participating in training led by our staff.

ACTIVITY CODE:		242503105	242503105		
AGE		FEE			
16+		\$5/ day FREE/ w membership			
DAY	DATES	ТІМЕ	LOCATION		
W	5/8 - 6/27	1 - 2 p.m.	GKCC		
Su	7/3 - 8/29	1 - 2 p.m.	GKCC		

Glute Blaster

Exercised and movements focused on the glutes and core area.

ACTIVITY	CODE: 2	252511110		
AGE		FEE		
18+		\$5/ day FREE/ w m	embership	
DAY	DATES	TIME	LOCATION	
T/Th	Ongoing	6 - 7 p.m.	SECC	



High Intensity Interval Training

Come challenge yourself with a tough workout that will get your heart rate up and help you lose those extra pounds.

ACTIVITY CODE:				
AGE		FEE		
18+		\$5 Drop-in		
DAY	DATES	TIME	LOCATION	
T/Th	Ongoing	Noon - 1 p.m.	SECC	
T/Th	Ongoing	3 - 4 p.m.	SECC	

Low Impact Aerobics

This low intensity workout combines cardio, strength, and flexibility, in a seated or standing position. A perfect exercise class for seniors, those just starting an exercise routine, those with balance issues, those recovering from an injury or surgery or anyone who needs a very low intensity workout.

ACTIVITY CODE:		242511108		
AGE		FEE		
18+		\$5 Drop-in		
DAY	DATES	ТІМЕ	LOCATION	
M/W	6/3 - 7/3	8:30 - 9:30 a.m.	SECC	
M/ W	7/8 - 8/12	8:30 - 9:30 a.m.	SECC	

Walking Club

Getting active agers to exercise through walking. Take 30-minute walks every Sunday morning. Help improve mobility, flexibility, and overall health. Walks take place both indoor and outdoor.

ACTIVITY CODE:		242503181				
AGE		FE	FEE			
17+		\$4	\$40/ Session			
DAY	DATES		TIME	LOCATION		
Su	6/2 - 7/7		9:15 - 10 a.m.	GKCC		
Su	7/14 - 8/18		9:15 - 10 a.m.	GKCC		

Cardio Blast

Cardio blast is a high-intensity interval training class, that is fun and helps burn calories. It helps adults get moving and keeps their heart rate up. Also helping participants lose weight and build up their stamina.

ACTIVITY CODE:		2	242503103		
AGE		F	FEE		
18+		\$	\$5/ day FREE/ w membership		
DAY	DATES		TIME	LOCATION	
М	5/6 - 7/3		6 - 6:45 p.m.	GKCC	
М	7/8 - 8/21		6 - 6:45 p.m.	GKCC	

Group Training

Exercises to build muscle or burn fat depending on the member's needs. 6 week sessions

ACTI	ACTIVITY CODE: 242511143				
AGE	FEI	E			
18+	\$60)/ Session \$	12 Drop-in		
DAY		DATES	TIME	LOCATION	
T/ Th		5/28 - 7/7	Noon - 1 p.m.	SECC	
T/ Th		7/3 - 8/18	11 a.m Noon	SECC	
W/ F		5/27 - 8/18	1 - 2 p.m.	SECC	
W/ F		7/9 - 8/18	1 - 2 p.m.	SECC	

Couch to 5K

Join us as we follow a progressive training plan that will take you from the "couch" to successfully completing a 4 mile run. The program will include 2 group "runs" per week, Wednesday evening and Saturday morning, either outdoors or in the Tony Aguirre gym, depending on the weather. No running background required but a pair of good quality running shoes is highly recommended to avoid injury.

The target event for the program will be the Ward Parkway 4 on the Fourth on July 4th.

Program fee does not include race registration.

ACTIVITY CODE:		242506109	242506109		
AGE		FEE	FEE		
14+		\$40	\$40		
DATES	DAY	TIME	LOCATION		
5/18 - 7/3	W Sa	6:30 - 7:30 p.m. 9:15 - 10:15 a.m.	TACC		



Mobility and Stretching Class

Work on your flexibility to feel younger and to reduce the risk of injuries as you age.

ACTIVITY CODE:					
AGE		F	FEE		
18+		\$	\$5/ day FREE/ w membership		
DAY	DATES		TIME	LOCATION	
W/F	Ongoing		1 - 2 p.m.	SECC	
W/F	Ongoing		4 - 5 p.m.	SECC	

Water Aerobics

Water Aerobics is an exercise program designed to build and increase muscle strength, cardio endurance, flexibility, and toning. A 45 minute session includes a



warmup, intervals of muscle sets and cardio, stretching and a cool down. FREE with monthly membership.

ACTIVITY CODE: 24253187				
AGE		FEE	1	
16+		Droj	p-in \$5/adult, \$3/	active ager
DAY	DATES		TIME	LOCATION
M/ F	5/27 - 6/28		10 - 10:45 a.m.	GKCC
T/ Th	5/29 - 7/5		9 - 9:45 a.m.	GKCC
M/ W	5/29 - 7/3		6 - 6:45 p.m.	GKCC
M/ F	7/1 - 8/23		10 - 10:45 a.m.	GKCC
T/ Th	7/8 - 8/16		9 - 9:45 a.m.	GKCC
M/ W	7/3 - 8/14		6 - 6:45 p.m.	GKCC

Adult Swim Fitness

Swimming is a great way to get in shape but many adults don't know what to do in the pool or lack sufficient technique to get the benefits. This program will provide a structured but flexible workout along with stroke technique instruction.

ACTIVITY C	ODE:	242506105	242506105		
AGE		FEE			
18+		\$40/ Season \$5/	Drop-in		
DATES	DAY	ТІМЕ	LOCATION		
5/29 - 7/6	W Sa	5:30 - 6:16 p.m. 11 a.m Noon	TACC		
7/10 - 8/17	W Sa	5:30 - 6:16 p.m. 11 a.m Noon	TACC		



Cards, Crafts, Games, and Books

Bridge Club

Join us for cards, socializing, and snacks.

ACTIVITY CODE:				
AGE		FEE		
18+		\$2/ drop-in		
DAY	DATES	TIME	LOCATION	
Th	5/30 - 6/27	Noon - 5 p.m.	MWNCC	
Th	7/11 - 8/15	Noon - 5 p.m.	MWNCC	

Beginners Balloon Workshop

Level 1-Mastering the Balloon Basics. Hands on learning class where you will learn how to work with balloons to build balloon columns, garlands, and customize backdrops.

ACTIVITY CODE:		242501107			
AGE		FEE	FEE		
10+		\$40/ Session	\$40/ Session		
DAY	DATES	TIME	LOCATION		
W	6/5 - 6/26	10:30 - 12:30 p.m.	MWNCC		



Come and join us for a movie matinee and an instructor-assisted craft! All craft supplies will be Provided, popcorn too!

ACTIVITY CODE: 242506123				
AGE		FEE		
18+ \$5/ Adult		\$5/ Adults \$3/	Senior	
DAY	DATES	TIME	LOCATION	
Su	6/2	1:30 - 4 p.m.	TACC	
Su	7/7	1:30 - 4 p.m.	TACC	
Su	8/4	1:30 - 4 p.m.	TACC	



Blacklight Bingo

Come to KCNCC for a colorful evening full of music, prizes and BINGO! The room will be transformed into blacklights and prizes will be awarded after each bingo. Dress in light clothes and enjoy an evening out!

ACTIVITY CODE:		242508222		
AGE		FEE		
18+		\$10		
DAY	DATES		TIME	LOCATION
Sa	7/13		7 - 9 p.m.	KCNCC

Garrison Book Club

Join the Garrison Community Center Book Club every 3rd Thursday of each month. We will explore new and exciting stories to discuss! All reading materials will be provided by Kansas City Public Library.

ACTIVITY CODE:		242507103	
AGE		FEE	
18+		\$5	
DAY	DATES	TIME	LOCATION
Th	8/15	6 - 7:30 p.m.	GCC



Golf

KC Parks' five municipal golf courses offer diverse playing venues and opportunities to learn and play the game of golf, as well as provide green spaces throughout the city.

The most historic of the five facilities is **Swope Memorial** built in 1915 and redesigned by renowned architect A.W. Tillinghast in 1934. This demanding layout has hosted several championships, including the PGA Kansas City Open in the 1940s and more recently the 2005 USGA Women's Public Links. In 2001 **Shoal Creek Golf Course** became the new flagship of Kansas City's five courses. These two championship courses offer the most skilled players exceptional challenges and depict the true beauty and diversity of the Kansas City landscape.

Hodge Park Golf Course in the Northland and Minor Park Golf Course in South Kansas City both offer fun, affordable golf for players of any skill level. Each course is designed to pose a challenge and cater to anyone who plays the game. The holes are shorter to allow a relaxing, recreational experience. These family-friendly courses offer a great opportunity to walk and enjoy the health benefits of fresh air and exercise.

Heart of America Golf Course / Tom Watson Golf Academy offers the ultimate learning and playing opportunities in the heart of Swope Park. This facility is pure fun and recreation for anyone of any age and any skill. HOA offers three options: a beautiful regulation-length 9-hole course; a fun par-three 9-hole course; and a Tom Watson-designed junior course. HOA is home of the Tom Watson Golf Academy and also offers the best junior golf programs in Kansas City. The First Tee of Greater Kansas City, an organization that promotes the game of golf to youth in urban areas, has its offices at HOA as well. No matter where you live in Kansas City, these regulation courses provide great values that are convenient and give even the newest golfers a place to learn and play.



Heart Of America Golf Course



Hodge Park Golf Course



Minor Park Golf Course



Shoal Creek Golf Course



Swope Memorial Golf Course



KC PARKS PUBLIC GOLF COURSES

Heart of America Golf Course

7501 Blue River Rd. Pro Shop & Tee Times: 816-513-8940 *hoagolfacademy.com*

Features:	Clubhouse, Pro Shop, Snack Bar,
	Memberships, Lessons,
	Tournament Packages, Leagues,
	Meeting Rooms, Practice Facilities
Courses:	The River Course:
	9 holes, 2,604 yards, Par 35
	The Rock Course:
	9 holes, 1,641 yards, Par 27
	The Hill:
	3-hole junior course, 1,102 yards

Hodge Park Golf Course

7000 N.E. Barry Rd. Pro Shop & Tee Times: 816-781-4152 hodgeparkgolf.com

 Features: Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Junior Golf, Camp, Practice Facilities
 Course: 6,223 yards, Par 71

Minor Park Golf Course

11215 Holmes Rd. Pro Shop & Tee Times: 816-942-4033 *minorparkgolfcourse.com*

 Features: Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Practice Facilities
 Course: 5,796 yards, Par 70

Shoal Creek Golf Course

8905 Shoal Creek Pkwy Pro Shop & Tee Times: 816-407-7242 Weddings / Events: 816-407-7242 (Ext. 24) *shoalcreekgolf.com*

Features:	Clubhouse, Pro Shop, Snack Bar,
	Memberships, Lessons,
	Tournament Packages, Leagues,
	Meeting Rooms, Banquet Facilities,
	Practice Facilities
Course:	6,983 yards, Par 71

Swope Memorial Golf Course

6900 Swope Memorial Dr. Pro Shop & Tee Times: 816-513-8910 *swopememorialgolfcourse.com*

Features:	Clubhouse, Pro Shop, Snack Bar,
	Memberships, Lessons,
	Tournament Packages, Leagues,
	Meeting Rooms, Banquet Facilities,
	Practice Green
Course:	6,274 yards, Par 72

FOOTGOLF

FootGolf is a combination of the popular sports of soccer and golf. The game is played with a regulation No. 5 soccer ball at a golf course on shortened holes with 21-inch diameter cups. The rules largely correspond to golf rules. The first FootGolf course in the KC metro area is located at the current par 3 (The Rock) golf course at the Heart of America Course in Swope Park. Come out, and give it a try!



BRUCE R. WATKINS CULTURAL HERITAGE CENTER

3700 Dr. Martin Luther King, Jr. Blvd., Kansas City, MO 64130 816-513-0700

GENERAL INFORMATION

The Center is named in honor of Bruce R. Watkins, a political and social activist. Watkins was fueled by the need to recognize and preserve the varied contributions African-Americans made to the development of Kansas City. The center opened in December 1989 as the outgrowth of Watkins' efforts. Construction of the Center was made possible through the work and contributions of the Bruce R. Watkins Fountain Inc., the Kansas City Parks and Recreation Department, and the State of Missouri.

HOURS OF OPERATION Tuesday - Saturday: 10 a.m. - 6 p.m.



AKESIDE NATURE CENTER

4701 E. Gregory Blvd., Kansas City, MO 64132 816-513-8960

GENERAL INFORMATION

Lakeside Nature Center, located in Swope Park, is one of Missouri's largest wildlife rehabilitation facilities and provides educational and recreational opportunities that focus on the environment. The center typically houses about 75 animals including two bald eagles, two turkey vultures, three barred owls, three varieties of hawks and two Kestrel falcons. The Center even Boy Scout Programs: has a box turtle named "Wilma" that is thought to LNC can be your next Adventure to earn a be about 80 years old.

ANIMAL ASSISTANCE

If you have a native Missouri animal in need, please call the Center 816-513-8960 and leave a Badges and Journey Awards. message. You will be contacted shortly and given instructions on what to do.

HOURS OF OPERATION

Tuesday - Sunday: 9 a.m. - 4 p.m. Closed Mondays and some Holidays

Mother Nature Reads:

First Saturday of the month, 10 a.m.

Badge.

Girl Scout Programs:

LNC can be a part of earning Skill-Building

Habitat Hikes:

Enjoy a guided hike with a naturalist

