

KANSAS CITY
PARKS & RECREATION
kcparks.org



WHERE KC
plays

WINTER
SPRING
2025 ACTIVITY GUIDE



OUR MISSION STATEMENT

Our Mission

To improve the quality of life, health and wellness of our community by providing socially equitable, community-driven programming and environmentally sound natural resource management.

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More About Us

Kansas City, Missouri Parks and Recreation provides facilities, programs and recreational opportunities for the community that contribute to an aesthetically pleasing environment and enhanced quality of life. The department maintains 221 parks, 12,242 acres of parkland, 158 miles of trails and bikeways, 29 lakes, hundreds of athletic fields and tennis courts, 106 playgrounds, and five public golf courses. Miles of scenic boulevards and parkways crisscross the city, where 48 fountains and 122 monuments and sculptures surprise and delight. Ten community centers, along with eight museums, provide the setting for socially equitable and community-driven programming.

Board of Parks & Recreation

Commissioners

Beth Haden, President

Pat Contreras

Michael Meier

Stephenie Smith

DePrice Taylor

Parks & Recreation Director

Chris Cotten



Rainout Line

Live Update for KC P&R Athletics



You can now check the status of games and programs

SIGN UP FOR
Email & Text Alerts!

COMMUNITY CENTERS

The heart of our neighborhoods beats in our community centers. KCMO Parks & Recreation operates ten unique centers throughout the city that provide a wide array of activities, services and events for all ages.

ADMISSION

YOUTH (Ages 17 and under)
Facility: Free

ADULT

Facility Pass: \$5/day
All Access Pass: \$30/month, \$300/annual
Group (2 or more): \$30 for initial membership, \$10 off for each additional membership, must be members of the same household.

SENIOR (60+)

Facility Pass: \$3/day
All Access Pass: \$20/month, \$200/annual
Group (2 or more): \$20 for initial membership, \$10 off for each additional membership, must be members of the same household.

LOCATION GUIDE

BRW	Bruce R. Watkins Cultural Heritage Center
CHS	Central High School
CLOTW	Camp Lake of the Woods
GCC	Garrison Community Center
GKCC	Gregg/ Klice Community Center
HCCC	Hillcrest Community Center
KCNCC	Kansas City North Community Center
LCCC	Line Creek Community Center
LNC	Lakeside Nature Center
MCC	Marlborough Community Center
MWNCC	Mary Williams-Neal Community Center
PV	Pleasant Valley Park Athletic Complex
SCLHM	Shoal Creek Living History Museum
SECC	Southeast Community Center
TACC	Tony Aguirre Community Center
WRCC	Westport Roanoke Community Center



The KCMO Parks & Recreation Department facilities and programs are available to people of all abilities. If accommodations or individualized supports are needed to participate, please contact Taryn Andersen at (816) 513-7624.



**GARRISON
COMMUNITY CENTER**

1124 E. Fifth St., KCMO 64106

P. 816-513-7720

HOURS OF OPERATION

Monday - Thursday: 11 a.m. – 9 p.m.
Friday: 9 a.m.-6 p.m.
Saturday: 9 a.m.-6 p.m.
Sunday: CLOSED

**GREGG/KLICE
COMMUNITY CENTER**

1600 John “Buck” O’Neil Way, KCMO 64108

P. 816-513-0652

HOURS OF OPERATION

Monday – Thursday: 6 a.m. - 9 p.m.
Friday: 6 a.m. - 6 p.m.
Saturday – Sunday: 9 a.m. - 6 p.m.

**HILLCREST
COMMUNITY CENTER**

10401 Hillcrest Road, KCMO 64134

P. 816-513-8560

HOURS OF OPERATION

Monday - Thursday: 7 a.m. - 9 p.m.
Friday: 7 a.m. - 6 p.m.
Saturday/ Sunday: 9 a.m. - 6 p.m.

**KANSAS CITY NORTH
COMMUNITY CENTER**

3830 N.E. Antioch Road, KCMO 64117

P. 816-513-7740

HOURS OF OPERATION

Monday – Thursday: 7 a.m. - 9 p.m.
Friday: 7 a.m. - 6 p.m.
Saturday – Sunday: 9 a.m. - 6 p.m.

**LINE CREEK COMMUNITY CENTER
ICE ARENA**

5940 N.W. Waukomis Drive, KCMO 64151

P. 816-513-0760

HOURS OF OPERATION

Monday: 7 a.m. - 9 p.m.
Tuesday - Friday: 6 a.m. - 9 p.m.
Saturday/ Sunday: 9 a.m. - 6 p.m.

**MARY WILLIAMS-NEAL
COMMUNITY CENTER**

3801 Emanuel Cleaver II Blvd., KCMO 64110

P. 816-513-0730

HOURS OF OPERATION

Monday - Thursday: 10 a.m. - 9 p.m.
Friday - Sunday: 9 a.m. - 6 p.m.

**MARLBOROUGH
COMMUNITY CENTER**

8200 The Paseo Blvd., KCMO 64131

P. 816-513-7800

HOURS OF OPERATION

Monday – Thursday: 11 a.m. - 9 p.m.
Friday - Saturday: 9 a.m. - 6 p.m.
Sunday: CLOSED

**SOUTHEAST
COMMUNITY CENTER**

4201 E. 63rd St., KCMO 64130

P. 816-513-0632

HOURS OF OPERATION

Monday - Thursday: 6 a.m. - 9 p.m.
Friday: 6 a.m. - 6 p.m.
Saturday/ Sunday: 9 a.m. - 6 p.m.

**TONY AGUIRRE
COMMUNITY CENTER**

2050 W. Pennway, KCMO 64108

P. 816-513-8530

HOURS OF OPERATION

Monday – Thursday: 7 a.m. - 9 p.m.
Friday: 7 a.m. - 6 p.m.
Saturday and Sunday: 9 a.m. - 6 p.m.

**WESTPORT
COMMUNITY CENTER**

3601 Roanoke Road, KCMO 64111

P. 816-513-7660

HOURS OF OPERATION

Monday - Thursday: 10 a.m. - 9 p.m.
Friday: 10 a.m. - 6 p.m.
Saturday/ Sunday: 9 a.m. - 6 p.m.

ALL ACCESS MEMBERSHIP



at KC Parks
Community
Centers



MARY WILLIAMS-NEAL
KANSAS CITY NORTH
MARLBOROUGH
TONY AGUIRRE
GREGG/ KLICE
SOUTHEAST
LINE CREEK
WESTPORT
HILLCREST
GARRISON

ADULT ALL ACCESS

Annual Membership
\$300

All Access Monthly
Membership
\$30

ACTIVE AGING

ALL ACCESS
Annual Membership
\$200

Monthly Membership
\$20

YOUTH ALL ACCESS

Annual Membership
\$100

Youth 14 and under, must be accompanied by a paying adult. Does NOT include Public Skate.

Line Creek Youth
Annual Skating Pass
\$175

All Access Memberships MUST be purchased at one of the Community Centers.

The pass may be used for the following at all KC Parks Community Centers:
Fitness Centers | Open Swim | Open Gym | Public Ice-Skating | Select Classes

This pass cannot be used for room or skate rentals, classes (unless specified), or activity fees.

kcparks.org



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SPRING EGG HUNT

Garrison and Guinotte Egg Hunt

Join us for a fun filled day and enjoy an egg hunt, games, and crafts! Light refreshments will be served.

ACTIVITY CODE:		251507116
AGE	FEE	LOCATION
2+	FREE	GCC
DAY	DATE	TIME
Sa	4/12	11 a.m. - 1 p.m.

Westport Egg Hunt

This will be our annual Egg Hunt program. We will have an Easter Egg hunt, Crafts, Face painting and raffles for the children to win prizes.

ACTIVITY CODE:		251510105
AGE	FEE	LOCATION
All	Free	WRCC
DAY	DATE	TIME
Sa	4/12	Noon - 2 p.m.

Southeast Egg Hunt

Join us for a delightful egg hunt event this year! Bring your family and friends for a day full of fun and excitement as we search for colorful eggs filled with surprises and more. Don't miss out on this chance to make lasting memories and celebrate the holiday together!

ACTIVITY CODE:		251511123
AGE	FEE	LOCATION
6 - 13	Free	SECC
DAY	DATE	TIME
Sa	4/12	2 - 4 p.m.



Tony Aguirre Egg-venture

Bring your family for a day egg-citement! Celebrate with the Bunny, enjoy festive activities and search for hidden treasures.

ACTIVITY CODE:		251506101
AGE	FEE	LOCATION
All	Free	TACC
DAY	DATE	TIME
Su	4/13	2 - 4 p.m.



CALENDAR OF EVENTS

New Year's Day Resolution Run

Kick off the New Year right and a year of fitness and health will surely follow. Join us at the Tony Aguirre Community Center for the 15th Annual New Year's Day Resolution Run. We will have both 5k & 10k routes available. This is not a race but rather a "fun run". Enjoy your run then come back to the Center for some hot chocolate, coffee and comradery after. Contact Ken Welsh – ken.welsh@kcmo.org to RSVP. Also, if we can generate enough interest, we'd love to create a Tony Aguirre Running Club.

ACTIVITY CODE: 254504109		
AGE	FEE	LOCATION
14+	\$5 FREE/ w membership	TACC
DAY	DATE	TIME
W	1/1	9 - 10:30 p.m.

Valentines Day Luncheon

Luncheon for Seniors, showing love with their loves ones on VALENTINE'S DAY.

ACTIVITY CODE: 254501101		
AGE	FEE	LOCATION
51+	\$10	MWNCC
DAY	DATE	TIME
F	2/14	11:30 a.m. - 2:30 p.m.

Sweetheart Skate

Come out to our annual Sweetheart skate on February 11th and enjoy a romantic skate with that special someone. 2 for 1 admission for couples. \$8 admission, no skate rental fee. 2 for 1 admission for couples.

ACTIVITY CODE: 254504207		
AGE	FEE	LOCATION
All	\$8	LCCC
DAY	DATE	TIME
T	2/11	7 - 8:30 p.m.

Sports Jersey Skate

Come out and skate while supporting your favorite sports team! \$6 admission with jersey, \$8 regular admission without, \$3 skate rental.

ACTIVITY CODE: 254504206		
AGE	FEE	LOCATION
All	\$6	LCCC
DAY	DATE	TIME
Sa	2/8	2 - 4 p.m.

Try Hockey for Free

Get on the ice and become a hockey player for the day and experience the great game of ice hockey. Geared towards ages 4-13. Equipment provided. This is a great opportunity to learn to skate and play hockey with guidance from USA Hockey certified Coaches.

ACTIVITY CODE: 254504109		
AGES	FEE	LOCATION
4 - 13	Free	LCCC
DAY	DATE	TIME
Sa	2/22	10 a.m. - Noon

BHM 3 on 3 Middle School Tournament

Honoring Black History Month by playing some fun games of basketball 3 on 3 way. This is a great way for middle school age boys and girls to team up with their best friends and play some basketball in a safe fun environment.

ACTIVITY CODE: 254501108		
AGE	FEE	LOCATION
11 - 14	\$10	MWNCC
DAY	DATE	TIME
Sa	2/22	Noon - 3 p.m.

Black History Trivia

Active Agers 55+ can celebrate Black History Month with us by spending a fun day playing trivia, winning prizes, and enjoying light refreshments.

ACTIVITY CODE: 254507103			
AGE	FEE		
55+	\$5		
DAY	DATES	TIME	LOCATION
M	2/24	11 a.m. - 1 p.m.	GCC

Shamrock Skate

Bring the whole family and come out for our annual Shamrock Skate. Get \$2 off admission if you are wearing Green. The Greenest skater wins a prize! \$8 admission, \$6 if wearing Green, no skate rental fee. Free Shamrock beaded necklace with paid admission!

ACTIVITY CODE: 251504205		
AGE	FEE	LOCATION
All	\$8 admission	LCCC
DAY	DATE	TIME
Sa	3/15	2 - 4 p.m.

St. Patrick's Day Pickleball Tournament

Join us for a green filled night of pickleball and fun! Medals for 1st, 2nd and 3rd will be awarded after the completion of a double elimination bracket. Participants are encouraged to bring their own paddles. Everyone who wears green will be entered into a drawing for door prizes.

ACTIVITY CODE: 251508126		
AGE	FEE	LOCATION
18+	\$3	KCNCC
DAY	DATE	TIME
M	3/17	4:30 - 8:30 p.m.

Valley Ninja Warrior Special Event

Kids can dress up as their favorite super hero/villain and run the obstacle course. Prizes for fastest time per age group and best costume will be awarded. All kids will receive a goodie basket with prizes and a certificate of completing the course.

ACTIVITY CODE: 251508125		
AGE	FEE	LOCATION
3 - 10	\$3	KCNCC
DAY	DATE	TIME
W	4/2	6 - 7 p.m.

Music Bingo-Golden Oldies

Active Agers 55+ can join us for a fun filled afternoon playing bingo and reliving the memories of the golden oldies!

ACTIVITY CODE: 251501125		
AGE	FEE	LOCATION
55+	\$5	GCC
DAY	DATE	TIME
F	4/4	1 - 3 p.m.

Cosmic Glow Skate

Come join us for some fun under the neon lights for our Cosmic Glow Skate. Wear your favorite glow in the dark attire and zoom around the neon lights to out of this world cosmic music. \$8 admission, \$3 skate rental

ACTIVITY CODE: 251504204		
AGE	FEE	LOCATION
All	\$8 admission	LCCC
DAY	DATE	TIME
Sa	4/12	2 - 4 p.m.

Spring Sip N' Paint

This special event will be a spring celebration for all senior patrons and senior patrons in the surrounding areas/centers.

ACTIVITY CODE: 251502106		
AGE	FEE	LOCATION
55+	\$10	HCCC
DAY	DATE	TIME
F	4/18	Noon - 1:30 p.m.

Muffins With Mom

Come and show your mother how much she means to you by sharing crafts, games and muffins!

ACTIVITY CODE: 251510106		
AGE	FEE	LOCATION
All	\$10	WRCC
DAY	DATE	TIME
Sa	5/3	Noon - 2 p.m.

Dodgeball Tournament

This tournament will be made up of 4 to 6 teams. Teams will have 15 minutes to eliminate as many players as possible from the opposite team. After 15 minutes, the team with the most players standing will advance to the next round.

ACTIVITY CODE: 251510104		
AGE	FEE	LOCATION
18+	\$100/ team	WRCC
DAY	DATE	TIME
Su	5/4	Noon - 3 p.m.

May the 4TH Be with You Skate

May the Fourth be with you! On Sunday, May 4th wear your favorite Star Wars garb (no lightsabers on the ice please). Enjoy some treats and kids can enter the Star Wars coloring contest for a chance to win a prize. **The best dressed wins a prize!** \$6 admission, \$3 skate rental. Free admission when wearing Star Wars costume or t-shirt

ACTIVITY CODE: 251504141		
AGE	FEE	LOCATION
All	\$6	LCCC
DAY	DATE	TIME
Su	5/4	3:30 - 5:30 p.m.

ACTIVE AGERS

Chair Aerobics

Designed to increase muscle strength, range of movement and improve activities for daily living. A chair is used for seating exercises, standing support, and can be modified depending on fitness level.

ACTIVITY CODE: 254503115			
AGE		FEE	
50+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
T/W	1/7 - 1/29	10 - 10:45 a.m.	GKCC
T/W	2/4 - 2/26	10 - 10:45 a.m.	GKCC
T/W	3/4 - 3/26	10 - 10:45 a.m.	GKCC
T/W	4/1 - 4/30	10 - 10:45 a.m.	GKCC
T/Th	1/7 - 2/27	1 - 2 p.m.	MWNCC
T/Th	3/4 - 5/1	1 - 2 p.m.	MWNCC
M/W	1/6 - 2/25	9 - 10 a.m.	SECC
M/W	3/5 - 5/21	9 - 10 a.m.	SECC

Senior Artmaking Workshop

This program offers a six-week art program for seniors, exploring different forms of art projects ranging from painting to ceramics. The last class will take place at the Nelson-Atkins Museum. All levels are welcome!

ACTIVITY CODE: 251502103			
AGE		FEE	
60+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
Th	4/10 - 5/8	1:30 - 2:30 p.m.	HCCC

Senior Volleyball

Keep your heart happy and healthy with a light volleyball game that will keep the seniors moving and active.

ACTIVITY CODE: 254503117			
AGE		FEE	
55+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
M	1/6 - 2/24	Noon - 1 p.m.	GKCC
M	3/10 - 4/28	Noon - 1 p.m.	GKCC

Chair Yoga

Seated yoga will allow individuals to build strength, flexibility and endurance while keeping their heart happy and healthy with light exercises from the comfort of a chair.

ACTIVITY CODE: 254505107			
AGE		FEE	
60+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
Su	1/5 - 3/2	10 - 11 a.m.	TACC
Su	3/9 - 5/4	10 - 11 a.m.	TACC
M/W	1/6 - 2/26	10 - 11 a.m.	SECC
M/W	3/3 - 4/30	10 - 11 a.m.	SECC
T	1/7 - 3/3	9:30 - 10:30 a.m.	MCC
T	3/11 - 5/6	9:30 - 10:30 a.m.	MCC

Silver Sneakers Classic

Designed to increase muscle strength, range of movement, and improve activities for daily living. A chair is used for seating exercises and standing support and can be modified depending on fitness level.

ACTIVITY CODE: 254501128			
AGE		FEE	
55+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
T/Th	1/7 - 2/27	10 - 11 a.m.	GCC
T/Th	3/4 - 5/1	10 - 11 a.m.	GCC
M - Th	1/6 - 5/1	10 - 11 a.m.	HCCC
T/Th	1/6 - 2/27	10 - 11 a.m.	TACC
T/Th	3/4 - 5/1	10 - 11 a.m.	TACC

Silver Sneakers Circuit

This intermediate standing class alternates upper-body strength work with low-impact cardio to maximize fitness benefits.

ACTIVITY CODE: 254506117			
AGE		FEE	
55+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
M/W	1/6 - 3/2	11 a.m. - Noon	TACC
M/W	3/4 - 5/5	11 a.m. - Noon	TACC

Active Agers Club

Active Agers will enhance their brain, develop social skills through table games, and other activities in a positive setting. Free with Silver Sneakers membership.

ACTIVITY CODE: 254505109			
AGE		FEE	
50+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
Th	1/6 - 3/3	Noon	MCC
Th	3/10 - 5/5	Noon	MCC

Recreational Pickleball

This program will be played two days a week at Hillcrest in a fun and relaxed environment where seniors can learn and enjoy the game.

ACTIVITY CODE: 254502109			
AGE		FEE	
60+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
M	1/6 - 5/5	1:30 - 3:30 p.m.	HCCC
W	1/8 - 5/7	1:30 - 3:30 p.m.	HCCC



Mary Williams-Neal Card Group

A time of gathering for lively conversation, playing cards and games, enjoying entertaining and educational programs, and sharing lunch

ACTIVITY CODE: 254501110			
AGE		FEE	
50+		\$2/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
W/Th/F	1/8 - 2/28	Noon - 5 p.m.	MWNCC
W/Th/F	3/5 - 5/2	Noon - 5 p.m.	MWNCC

Garrison Cooking Club

Join us in the kitchen! We will learn fun recipes that you can take home and share with the family!

ACTIVITY CODE: 254507107			
AGE		FEE	
55+		\$5/ day (60+)	
DAY	DATES	TIME	LOCATION
Th	1/16	11 a.m. - 1 p.m.	GCC
Th	2/6, 2/20	11 a.m. - 1 p.m.	GCC
Th	3/6, 3/20	11 a.m. - 1 p.m.	GCC
Th	4/3, 4/17	11 a.m. - 1 p.m.	GCC
Th	5/1, 5/15	11 a.m. - 1 p.m.	GCC

Senior Walking Club

This program provides an exercise regimen for seniors to be active and stay fit. This programs also helps track their steps to help them reach their exercise goals.

ACTIVITY CODE: 254502101			
AGE		FEE	
50+		\$3/ Drop-in	
DAY	DATES	TIME	LOCATION
T/ Th	1/7 - 5/1	7 - 10 a.m.	HCCC
Su	1/12 - 3/2	9:15 - 10 a.m.	GKCC
Su	3/9 - 4/27	9:15 - 10 a.m.	GKCC
F	1/10 - 2/28	10 - 11 a.m.	MWNCC
F	3/7 - 5/2	10 - 11 a.m.	MWNCC
Sa	3/8 - 5/3	10 - 11 a.m.	WRCC

Senior Games

Timeframe set aside for Seniors (55+) to come into the community center to play a variety of games including Bingo, Dominoes, and Card Games. Staff will be needed the first initial times, but once a regular crowd comes, the program will become self-sufficient like pickleball.

ACTIVITY CODE: 254508127			
AGE	FEE		
55+	\$30 monthly \$3 drop in		
DAY	DATES	TIME	LOCATION
Su	1/5 - 5/25	9 a.m. - Noon	KCNCC
M	1/6 - 5/26	Noon - 4 p.m.	KCNCC
W	1/7 - 5/27	Noon - 4 p.m.	KCNCC
F	1/10 - 2/28	11 a.m.	SECC
F	3/7 - 5/12	11 a.m.	SECC

YOUTH PROGRAMS



Come celebrate at our place!
 KC North, Westport, Line Creek and Hillcrest
 are available for your next party.

Please contact one of these locations
 for more details!

After School Tutoring

Program dedicated to helping the youth excel in a variety of academic subjects

ACTIVITY CODE: 254508101			
GRADE		FEE	
K - 12		\$15/ Session \$3 drop-in	
DAY	DATES	TIME	LOCATION
T	1/7 - 2/25	6 - 7 p.m.	KCNCC
T	3/4 - 4/29	6 - 7 p.m.	KCNCC

Youth Outlet

Fun activities cater for middle school students to have healthy conversations, problem solving, and engage in motor skills development while participating in recreational activities.

ACTIVITY CODE: 254505100			
AGE		FEE	
6 - 8		\$3/ Drop-in FREE/ w membership	
DAY	DATES	TIME	LOCATION
M - F	1/6 - 3/3	3:15 - 5:30 p.m.	MCC
M - F	3/10 - 5/5	3:15 - 5:30 p.m.	MCC



Little Explorers

Bring your little ones out for an hour of exploration doing self-guided activities and play! Little ones will play with different gym equipment, sensory stations STEM building, etc. This toddler time program is open play and is not instructor led.

ACTIVITY CODE: 254506102			
AGE		FEE	
1 - 5		\$2 Drop-in	
DAY	DATES	TIME	LOCATION
T	1/7 - 2/25	9 - 10 a.m.	TACC
T	3/4 - 4/29	9 - 10 a.m.	TACC

Garrison Community Garden

The community gardening program is a hands-on group and individual learning experience that helps youth develop a love of gardening and an appreciation for nature. Through teamwork we plant fruits and vegetables and learn about nutrition and many other skills.

ACTIVITY CODE: 251507106			
AGE		FEE	
5+		\$5	
DAY	DATES	TIME	LOCATION
M	3/4 - 5/5	5:30 - 6:30 p.m.	GCC

Kids Craft Club

Garrison's Kids Craft Club will promote creativity and self-expression through fun filled crafts each week!

ACTIVITY CODE: 254501123			
AGE		FEE	
7 - 13		\$50/ Session \$15/ Drop-in	
DAY	DATES	TIME	LOCATION
W	1/8 - 2/26	4:30 - 5:30 p.m.	GCC
W	3/5 - 4/30	4:30 - 5:30 p.m.	GCC

Youth Fitness Club

Youth Fitness club helps youth get in shape and stay that way. From entry level to novice, participants will work all muscle groups, practice different methods of cardio workouts, and learn healthy eating habits.

ACTIVITY CODE: 254505101			
GRADE		FEE	
6 - 12		\$3/ Drop-in FREE/ w membership	
DAY	DATES	TIME	LOCATION
M	1/6 - 3/3	3 p.m.	MCC
M	3/10 - 5/5	3 p.m.	MCC

Homeschool P.E.

Homeschool PE is a program that offers a dynamic blend of games, sports and fun tailored to the unique needs of the homeschool families. Supervised by experienced staff, we prioritize physical health, social interaction and personal development in a flexible and inclusive environment. We empower students to stay active, build confidence and have fun. Join us as we embark on a journey of movement, discovery and growth!

ACTIVITY CODE: 254511113			
AGE		FEE	
6 - 13		\$15/ Session \$5/ Drop-in	
DAY	DATES	TIME	LOCATION
T	1/7 - 2/25	1 - 2 p.m.	SECC
T	3/4 - 4/29	1 - 2 p.m.	SECC
W	2/5 - 2/26	Noon - 12:50 p.m.	KCNCC
W	3/5 - 4/2	Noon - 12:50 p.m.	KCNCC
W	4/9 - 4/30	Noon - 12:50 p.m.	KCNCC

Homeschool Skate

Students will have the opportunity to be physically fit and earn P.E. credit all while having fun doing it. Sign up at the center only.

ACTIVITY CODE: 254504104			
AGE		FEE	
3 - 18		\$4/ first 2, then \$2/ family	
DAY	DATES	TIME	LOCATION
F	1/10 - 2/28	9 - 10:30 a.m.	LCCC
F	3/7 - 5/2	9 - 10:30 a.m.	LCCC

Homeschool Fitness

Homeschool Fitness is all about staying active and having fun. Our program offers a dynamic blend of workouts, games and challenges catering to all fitness levels. Supervised by experienced instructors, we prioritize holistic well-being, physical health, mental resilience and social connection. Join us as we break a sweat, reach goals and celebrate the joys of fitness together!

ACTIVITY CODE: 254504104			
AGE		FEE	
6 - 13		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
Th	1/9 - 2/27	1 - 2 p.m.	SECC
Th	3/6 - 5/1	1 - 2 p.m.	SECC

Homeschool Art

Homeschool Art is a program where creativity knows no bounds. We celebrate the individuals expression and foster a love for the arts in a supportive and flexible environment. Supervised by experienced instructors, students explore a variety of mediums and techniques, from painting and drawing to sculpting; igniting their imagination and nurturing their artistic talents. Join us on a journey of artistic exploration, where every stroke of the brush and sculpted form tells a unique story.

ACTIVITY CODE: 254511115			
AGE		FEE	
6 - 13		\$50/ Session \$15/ Drop-in	
DAY	DATES	TIME	LOCATION
W	1/8 - 2/26	1 - 2 p.m.	SECC
W	3/5 - 4/30	1 - 2 p.m.	SECC

Parents Night Out

Parents Night Out is a free night for parents that may need to have some free time or some much needed time to relax or run errands for a couple of hours

ACTIVITY CODE: 254501102			
AGE		FEE	
6 - 13		\$20/ Drop-in	
DAY	DATES	TIME	LOCATION
Th	1/9 - 2/27	5:30 - 8 p.m.	MWNCC
Th	3/6 - 5/1	5:30 - 8 p.m.	MWNCC

Robotics

Come join the Westport robotics club! You can learn to build your very own robot!

ACTIVITY CODE: 254510107			
AGE		FEE	
10 - 16		\$40	
DAY	DATES	TIME	LOCATION
T	1/7 - 2/25	5 - 6 p.m.	WRCC
T	3/4 - 4/29	5 - 6 p.m.	WRCC



Freedom Fire

Kids will participate in various activities mainly around physical activity. These will range from exercises to games.

ACTIVITY CODE: 254507101			
AGE		FEE	
5 - 12		FREE	
DAY	DATES	TIME	LOCATION
F	1/10 - 2/28	6:30 - 7 p.m.	GCC
F	3/7 - 5/2	6:30 - 7 p.m.	GCC

Late Night Camp

After hours camp where children enjoy sports, games, arts and crafts, and educational activities.

ACTIVITY CODE: 254508130			
AGE		FEE	
5 - 13		\$20/ Drop-in	
DAY	DATES	TIME	LOCATION
F	2/7	5:30 - 8:30 p.m.	KCNCC
F	2/7	5:30 - 8:30 p.m.	KCNCC
F	3/21	5:30 - 8:30 p.m.	KCNCC
F	4/25	5:30 - 8:30 p.m.	KCNCC
F	5/23	5:30 - 8:30 p.m.	KCNCC

Schools Day Out Camp

Worried about what to do with your kids on school holidays? Bring them by our center for a mini day camp! Children enjoy sports, games, arts and crafts, and educational activities. This camp is held on weekdays when school is out of session.

ACTIVITY CODE: 254100500		
AGE	FEE	TIME
6 - 13	\$20/ day	7:30 a.m. - 5:30 p.m.
LOCATION	DATES	
GKCC	1/6, 2/13, 2/14, 3/7, 4/4, 4/18	
HCCC	1/20, 1/21, 2/13, 2/14, 2/17, 2/18, 3/10, 3/18	
KCNCC	2/14, 4/18	
MWNCC	1/6, 2/13, 2/14, 3/7, 4/4, 4/18	
SECC	1/6, 2/13, 2/14, 3/7, 4/4, 4/18	
TACC	1/6, 2/7, 3/7, 4/4, 4/18	
WRCC	1/6, 2/13, 2/14, 4/17, 4/18	

Youth Strength and Conditioning

This activity is designed to improve youth athletic performance in their respected sports, this program is the only one offered in the area and it's not designed for any specific sport.

ACTIVITY CODE: 254502104			
AGE		FEE	
9 - 14		\$5/ drop-in	
DAY	DATES	TIME	LOCATION
W	1/8 - 2/26	7 - 8 p.m.	HCCC
W	3/5 - 4/9	7 - 8 p.m.	HCCC

Speed and Agility

This program will teach basketball fundamentals and basic skills. It will help with footwork, foot speed and explosion.

ACTIVITY CODE: 254510109			
AGE		FEE	
10 - 14		\$10/ drop-in \$40/ Session	
DAY	DATES	TIME	LOCATION
Th	1/9 - 2/27	6 - 7 p.m.	WRCC
Th	3/6 - 4/24	6 - 7 p.m.	WRCC

Let's Crotchet

Creating lavish, beautiful, and unique crotchet outfits/ hats

ACTIVITY CODE: 254503128			
AGE		FEE	
13 - 18		\$5/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
W/ Th	1/8 - 1/30	3:30 - 5:30pm	GKCC
W/ Th	2/5 - 2/27	3:30 - 5:30pm	GKCC
W/ Th	3/5 - 3/27	3:30 - 5:30pm	GKCC
W/ Th	4/2 - 5/1	3:30 - 5:30pm	GKCC

Skateboard Club

Sign up if you would like to join us in doing weekly skateboard hangouts! We will go to the park for an hour to do skateboarding and assist with ones that wish to learn how to get better at it. Helmets and Knee Pads are required.

ACTIVITY CODE: 251510117			
AGE		FEE	
10 - 17		\$50/ Session	
DAY	DATES	TIME	LOCATION
Su	3/9 - 4/6	Noon - 2 p.m.	PV
Su	4/13 - 5/4	Noon - 2 p.m.	PV

Let's Play Basketball

Let's Play! is an introductory basketball program intended to teach kids the basics of basketball. The goal of the program is for kids to walk away with the 3 F's – fundamentals, friendship, and fun!

ACTIVITY CODE: 25540301			
AGE		FEE	
3 - 6		\$40/ Player	
DA	DATES	TIME	LOCATION
Sa	1/18 - 2/22	11:30 a.m. - 12:30 p.m.	HCCC

Let's Play Gymnastics

Gymnastics is a type of sport that includes physical exercise requiring balance, strength, flexibility, agility, coordination, artistry, and endurance. The movements involved in gymnastic contribute to the development of the arms, legs, shoulders, back, chest, and abdominal muscle groups.

ACTIVITY CODE: 25540309			
AGE		FEE	
3 - 6		\$60/ Session	
DAY	DATES	TIME	LOCATION
Th	1/16 - 2/20	6 - 6:45 .m.	WRCC

Let's Play Soccer

Let's Play! is an introductory soccer program intended to teach kids the basics of soccer. The goal of the program is for kids to walk away with the 3 F's – fundamentals, friendship, and fun!

ACTIVITY CODE: 25540308			
AGE		FEE	
3 - 6		\$60/ Session	
DA	DATES	TIME	LOCATION
M	3/17 - 4/21	6 - 7 p.m.	9th & Van Brunt Field

Spring Break Camp

Spring Break will be a week-long getaway for your children to have a good time in a safe environment. Youth will enjoy arts & crafts, games, athletics/ fitness activities and field trips. Campers must bring their lunch, but snacks will be provided.

ACTIVITY CODE: 241503300			
AGE		FEE	
6 - 13		\$80/ Week	
DAY	DATES	TIME	LOCATION
M - F	3/17 - 3/21	7:30am - 5:30pm	GKCC
M - F	3/17 - 3/21	7:30am - 5:30pm	MWNCC
M - F	3/31 - 4/4	7:30am - 5:30pm	HCCC
M - F	3/24 - 3/28	7:30am - 5:30pm	KCNCC
M - F	3/17 - 3/21	7:30am - 5:30pm	SECC
M - F	3/14 - 3/21	7:30am - 5:30pm	TACC
M - F	3/17 - 3/21	7:30am - 5:30pm	WRCC

K - 1 Recreational Basketball League

This program is an entry level youth basketball league geared towards K-1 athletes; this is a recreational development league to help develop skills in confidence to athletes getting started in basketball.

ACTIVITY CODE: 251502101			
AGE		FEE	
5 - 7		\$40/ Player \$175/ Team	
DA	DATES	TIME	LOCATION
W	4/3 - 5/8	6 - 8 p.m.	HCCC
Th	4/3 - 5/8	6 - 9 p.m.	SECC

Youth Boys Basketball League

This basketball league is for youth ages 8-10. Basketball league offers a golden opportunity to hone technical skills, understanding game strategies and nurture a tactical mindset. It's not just about shooting hoops; it's also about analyzing opponents' tactics and improving weak points in a relaxed environment.

ACTIVITY CODE: 25540302			
AGE		FEE	
8 - 10		\$40/ Player \$175/ Team	
DA	DATES	TIME	LOCATION
W	3/12 - 4/16	6 - 9 p.m.	SECC



Basketball Skills Training

This program is designed to teach basic basketball skills to youth athletes who are just getting started in basketball. This program will teach fundamentals such as shooting, dribbling, passing and defense of skills.

ACTIVITY CODE: 254501106			
AGE		FEE	
6 - 16		\$40/ Season \$10 Drop-in	
DAY	DATES	TIME	LOCATION
W	1/8 - 2/26	6 - 7 p.m.	MWNCC
W	3/5 - 4/30	6 - 7 p.m.	MWNCC

RecKC

Join Us! RecKC is open to all youth who want to explore their interests, develop new skills, and build lasting friendships all while having fun. Come be a part of where KC plays. Transportation NOT provided by KC Parks

ACTIVITY CODE: 243506551			
DAY	TIME	FEE	
M - F	4 - 6 p.m.	\$80/ month	
DATES		AGE	LOCATION
1/6 - 1/31 2/3 - 2/28 3/3 - 3/31		6 - 13	KCNCC
4/1 - 4/30 5/1 - 5/22			
1/7 - 1/31 2/3 - 2/28 3/3 - 3/31		10 - 15	MCC
4/1 - 4/30 5/1 - 5/22			
1/6 - 1/31 2/3 - 2/28 3/3 - 3/31		6 - 13	TACC
4/1 - 4/30 5/1 - 5/22			
1/7 - 1/31 2/3 - 2/28 3/3 - 3/31		6 - 13	WRCC
4/1 - 4/30 5/1 - 5/22			



Red Cross First Aid/ CPR AED Certification

This Adult and Pediatric First Aid/CPR/AED blended learning course equips students to recognize and care for a variety of first aid, breathing, and cardiac emergencies involving adults, children, and infants. It is designed for students who need a certification that satisfies OSHA workplace or other regulatory requirements. This class is taught in a blended learning format and the online portion (accessed via mobile desktop or tablet) must be completed prior to attending the Instructor-led skills session. Upon successful completion, a valid 2-year digital certificate for Adult and Pediatric First Aid/CPR/AED is issued.

ACTIVITY CODE: 254506106			
AGE		FEE	
16+		\$100	
DAY	DATES	TIME	LOCATION
W	1/29	1 - 3:30 p.m.	TACC
W	2/26	1 - 3:30 p.m.	TACC
W	4/23	1 - 3:30 p.m.	TACC
W	5/28	1 - 3:30 p.m.	TACC

YOLO - Youth Outreach Leadership Opportunity

Introducing our teen enrichment program, where passions ignite and potential flourishes! Tailored for teenagers seeking to explore their interests and connect with like-minded peers. Our program offers a diverse array of clubs and enrichment activities; from arts and anime to leadership development and financial literacy. Led by passionate mentors, our program empowers teens to discover, grow and thrive in a supportive environment. Join us on a journey of self-discovery, creativity and leadership as well unlock the limitless possibilities of teenhood!

ACTIVITY CODE: 254511121			
AGE		FEE	
13 - 17		\$5/ Drop-in FREE/ w membership	
DAY	DATES	TIME	LOCATION
M - F	1/6 - 2/27	3 - 6 p.m.	SECC
M - F	3/3 - 5/2	3 - 6 p.m.	SECC

Babysitter's Training with Pediatric First Aid/ CPR

This course provides youth with the knowledge and skills necessary to safely and responsibly give care to infants and children. Participants will develop leadership skills, build their babysitting business, and learn age-appropriate milestones and behaviors. Participants will also practice how to keep themselves and others safe, child care basics, what to do in emergency situations, and first aid and CPR techniques. With successful completion of this course and skills tests, participants will earn an American Red Cross Babysitting Certification AND a 2 year Pediatric (Child and Infant) First Aid/ CPR Certification. Advanced registration is required. This course will take the full day, so bring lunch and a water bottle.

ACTIVITY CODE: 254506113			
AGE		FEE	
11 - 16		\$80	
DAY	DATES	TIME	LOCATION
Sa	3/1	9:30 a.m. - 4:30 p.m.	TACC
Sa	5/4	9:30 a.m. - 4:30 p.m.	TACC

Esports



ESPORTS

Thursday Throwdown Esports Tournament Series

Join us every third Thursday of the month for an esports gaming tournament. Different games will be played using Nintendo switch gaming consoles. Prizes and giveaways to winners and participants. Every third Thursday of the month

ACTIVITY CODE: 254508143		
AGE	FEE	DAY
8 - 13	\$10/ drop-in	Th
DATES	TIME	LOCATION
1/16, 2/20, 3/20	6:30 - 8 p.m.	KCNCC

Fortnite Fridays

Come to KCNCC on Friday's for Fortnite Fridays! Participants will compete for points to earn a Victory Crown and other Fortnite themed prizes.

ACTIVITY CODE: 254508463		
AGE	FEE	DAY
8 - 15	\$5/ drop-in	F
DATES	TIME	LOCATION
2/7, 2/14, 3/7, 3/14, 4/4, 4/11, 5/2	4 - 6 p.m.	KCNCC

Esports Bootcamp

Move your body with video games! Kids will learn and play a sports video game then head to the gym to play that game!

ACTIVITY CODE: 254508129			
AGE	FEE		
7 - 15	\$5/ drop-in		
DAY	DATES	TIME	LOCATION
M	2/3 - 3/10	5 - 6:30 p.m.	KCNCC

Gamer Tournament Series

Mondays - Rank Day / Wednesdays - Playoffs / Fridays - Finals. Join us as we play Madden 25 and 2K25

ACTIVITY CODE: 254503138		
AGE	FEE	DAY
13 - 18	\$2/drop-in FREE w/Membership	M/W/F
DATES	TIME	LOCATION
1/6 - 1/31	2:30 - 5:30 p.m.	GKCC
2/3 - 2/28	2:30 - 5:30 p.m.	GKCC
3/3 - 3/28	2:30 - 5:30 p.m.	GKCC
4/7 - 4/25	2:30 - 5:30 p.m.	GKCC
5/5 - 5/30	2:30 - 5:30 p.m.	GKCC

Athletics

Pickleball

Come play one of the fastest growing and most popular sports. Get a great workout while having fun learning the game and making friends. Both beginner and advanced play offered.

ACTIVITY CODE:	254508156
AGE	FEE
18+	Drop-in \$5/adult, \$3/active ager

Recreational/ Beginners			
DAY	DATES	TIME	LOCATION
M/T/W/F	1/8 - 2/26	8 - 10 a.m.	KCNCC
M/T/W/F	3/5 - 5/29	8 - 10 a.m.	KCNCC
M/W	1/3 - 5/5	1:30 - 3:30 p.m.	HCCC
M/W/F	1/6 - 2/28	8:30 - 11 a.m.	TACC
M/W/F	3/3 - 5/2	8:30 - 11 a.m.	TACC
M/F	1/6 - 2/28	10 a.m. - Noon	GCC
M/F	3/3 - 5/5	10 a.m. - Noon	GCC
W	1/8 - 2/26	6 - 8 p.m.	GCC
W	3/5 - 4/30	6 - 8 p.m.	GCC

Advanced Players			
ACTIVITY CODE:	254508156		
DAY	DATES	TIME	LOCATION
Th/Su	1/2 - 2/27	Th: Noon - 2:30 p.m. Su: Noon - 4 p.m.	KCNCC
Th/Su	3/4 - 4/29	Th: Noon - 2:30 p.m. Su: Noon - 4 p.m.	KCNCC



Basketball Skills Training

This program is designed to teach basic basketball skills to youth athletes who are just getting started in basketball. This program will teach fundamentals such as shooting, dribbling, passing and defense of skills.

ACTIVITY CODE:	254501106		
AGE	FEE		
6 - 16	\$40/ Season \$10 Drop-in		
DAY	DATES	TIME	LOCATION
W	1/8 - 2/26	6 - 7 p.m.	MWNCC
W	3/5 - 4/30	6 - 7 p.m.	MWNCC

Noon Ball

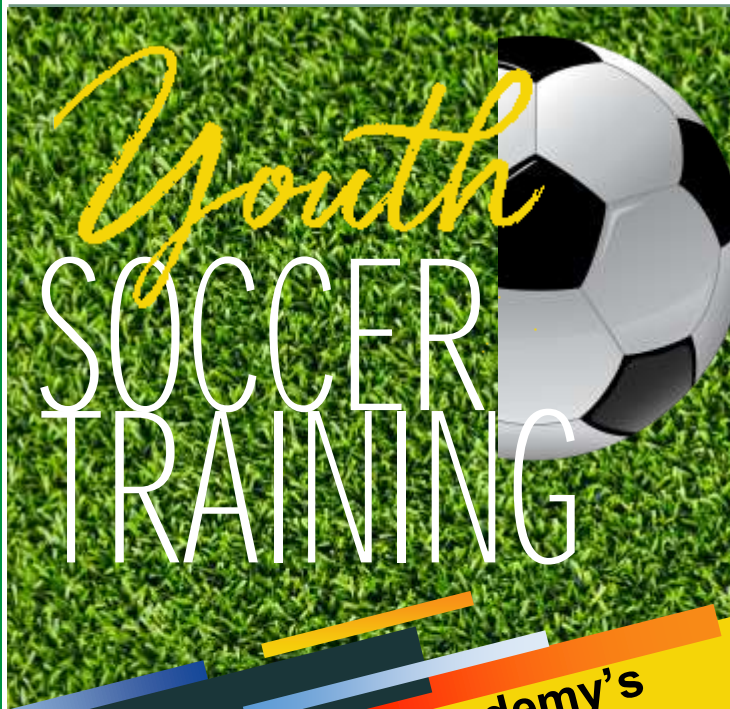
Keeping young and older adults active during the middle of the day playing pick up basketball games.

ACTIVITY CODE:	254501114		
AGE	FEE		
21+	\$5/ drop-in FREE/ w membership		
DAY	DATES	TIME	LOCATION
W	1/8 - 2.26	Noon - 3 p.m.	MWNCC
W	3/5 - 4/30	Noon - 3 p.m.	MWNCC

Let's Play Basketball

Let's Play! is an introductory basketball program intended to teach kids the basics of basketball. The goal of the program is for kids to walk away with the 3 F's – fundamentals, Let's friendship, and fun!

ACTIVITY CODE:	25540301		
AGE	FEE		
3 - 6	\$40/ Player		
DAY	DATES	TIME	LOCATION
Sa	1/18 - 2/22	11:30 a.m. - 12:30 p.m.	HCCC



**Ryogoku Soccer Academy's
Training Facilities**
Swope Park (7331 Oakwood Dr., KCMO)

Training designed to help develop individuals looking to improve their performance at any level. Our coaching staff teaches Globally Innovative and Elite Positional Game Methods. With daily classroom instruction and on the field training, we strive to ensure each individual achieves a high level of understanding that translates to any environment. Additional training opportunities available.

Applications available upon request by emailing Brad@RyogokuSoccerAcademy.org.

Practice
Monday, Wednesday, and Thursday.
5:30 - 7 p.m.

Indoor Futsal

Getting adults to exercise through a game of futsal helps them move, stay active, build confidence, improve early decision making and overall health.

ACTIVITY CODE:		254503125	
AGE		FEE	
25+		\$5/ drop-in FREE/ w membership	
DAY	DATES	TIME	LOCATION
W	1/8 - 2/26	7 - 8:30 p.m.	GKCC
W	3/5 - 4/30	7 - 8:30 p.m.	GKCC

Youth Strength and Conditioning

This activity is designed to improve youth athletic performance in their respected sports, this program is the only one offered in the area and it's not designed for any specific sport.

ACTIVITY CODE:		254502104	
AGE		FEE	
9 - 14		\$5/ drop-in	
DAY	DATES	TIME	LOCATION
W	1/8 - 2/26	7 - 8 p.m.	HCCC
W	3/5 - 4/9	7 - 8 p.m.	HCCC

Let's Play Gymnastics

Gymnastics is a type of sport that includes physical exercise requiring balance, strength, flexibility, agility, coordination, artistry, and endurance. The movements involved in gymnastic contribute to the development of the arms, legs, shoulders, back, chest, and abdominal muscle groups.

ACTIVITY CODE:			
AGE		FEE	
3 - 6		\$60/ Player	
DAY	DATES	TIME	LOCATION
Th	1/16 - 2/20	6 - 6:45 .m.	WRCC



Join us for Winter and Spring

FOR BOYS AND GIRLS
AGES 4-14

Fee \$85

*Plus \$20 National AYSO
Fee/Insurance *

Fee includes training and a full
jersey kit (shirt, shorts, socks) and
training provided by our trained
coaches starting mid-August
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KANSAS CITY
Parks & Recreation
PARTNER



AQUATICS

Adult and Teen Swim Lessons (Beginners)

Students will learn basic swim lesson skills and focuses on skills for beginners. Students are introduced to the pool and develop safe water habits in a fun and encouraging environment. The lesson includes rotary breathing, front, jellyfish and tuck and back floats, glides, recovery from a front and back float or glide to vertical position, roll overs, changing direction when swimming, and other new swim expertise.

ACTIVITY CODE: 254510111			
AGE		FEE	
13+		\$40/ session	
DAY	DATES	TIME	LOCATION
Th	1/9 - 2/27	7 - 7:45 p.m.	TACC
Th	3/6 - 4/24	7 - 7:45 p.m.	TACC

Let's Play Swim Lessons

Let's Play swim lessons are the first stage of swim lessons and focuses on skills for beginners. Students are introduced to the pool and develop safe water habits in a fun and encouraging environment.

- Students will learn to enter the pool independently using ramp, steps or side and travel at least 5 yards.
- Submerging mouth and blowing bubbles for at least 3 seconds.
- Exiting the water safely.
- Gliding on front for at least 2 body lengths with support.
- Rolling to back and floating for 3 second with support.
- Recovering to a vertical position with support.

ACTIVITY CODE: 254510111			
AGE		FEE	
3 - 5		\$40/ session	
DAY	DATES	TIME	LOCATION
T/ Th	1/7 - 1/30	6 - 6:45 p.m.	TACC
T/ Th	2/4 - 2/27	6 - 6:45 p.m.	TACC
T/ Th	3/4 - 3/27	6 - 6:45 p.m.	TACC
T/ Th	4/1 - 4/24	6 - 6:45 p.m.	TACC

Parent + Me Swim

With the help of the parents, students are introduced to the pool and taught safe water habits in a fun and encouraging environment. The program encourages parents to meet other families and help teach their children the basics of pool safety. The first 30 minutes will be structured play time and the last 15 minutes is open swim. Parent attendance is required.

ACTIVITY CODE: 254510111			
AGE		FEE	
6 months - 3 years		\$40/ session	
DAY	DATES	TIME	LOCATION
Sa	1/11 - 3/1	10 - 10:45 a.m.	TACC
Sa	3/8 - 4/26	10 - 10:45 a.m.	TACC

Homeschool Swim

Homeschool Swim is a program offering a mix of games, challenges and skill-building activities that make every session a joy. Supervised by experienced instructors and lifeguards, swimmers will dive into a world of aquatic exploration, fostering strength, laughter and fun. Join us as we make a splash and discover the wonders of the water together! .

ACTIVITY CODE: 254511117			
AGE		FEE	
6 - 13		\$3/ drop-in FREE/ w membership	
DAY	DATES	TIME	LOCATION
M	1/6 - 2/24	1 - 2 p.m.	SECC
M	3/3 - 4/28	1 - 2 p.m.	SECC

Water Aerobics

Water Aerobics is an exercise program designed to build and increase muscle strength, cardio endurance, flexibility, and toning. A 45 minute session includes a warmup, intervals of muscle sets and cardio, stretching and a cool down. FREE with monthly membership.

ACTIVITY CODE: 254111103			
AGE		FEE	
18+		Drop-in \$5/adult, \$3/active ager	
DAY	DATES	TIME	LOCATION
T/ Th	1/7 - 2/27	10 - 11 a.m.	SECC
T/ Th	3/4 - 5/22	10 - 11 a.m.	SECC
W	1/8 - 4/30	5:30 - 6:15.m.	TACC
Sa	1/4 - 5/3	11 a.m. - Noon	TACC



Martial Arts

Youth Judo

Students will experience progressive skills in Judo. Classes include warmup, skills practice, and fun. We'll work on a combination of wrestling, throwing, and submissions techniques. Beginner and advanced classes offered.

ACTIVITY CODE:	254508109
AGE	FEE
6 - 17	\$7/ drop-in, \$40/ month

BEGINNER			
DAY	DATES	TIME	LOCATION
T/Th	1/7 - 1/30	6 - 7:30 p.m.	KCNCC
T/Th	2/5 - 2/26	6 - 7:30 p.m.	KCNCC
T/Th	3/4 - 3/27	6 - 7:30 p.m.	KCNCC
T/Th	4/1 - 4/24	6 - 7:30 p.m.	KCNCC
T/Th	5/1 - 5/29	6 - 7:30 p.m.	KCNCC

ADVANCED			
DAY	DATES	TIME	LOCATION
T/Th	1/7 - 1/30	7 - 8:30 p.m.	KCNCC
T/Th	2/5 - 2/26	7 - 8:30 p.m.	KCNCC
T/Th	3/4 - 3/27	7 - 8:30 p.m.	KCNCC
T/Th	4/1 - 4/24	7 - 8:30 p.m.	KCNCC
T/Th	5/1 - 5/29	7 - 8:30 p.m.	KCNCC

Adult Judo

Students will experience progressive skills in Judo. Classes include warmup, skills practice, and fun. We'll work on a combination of wrestling, throwing, and submissions techniques.

ACTIVITY CODE:	254508109		
AGE	FEE		
18+	\$7/ drop-in, \$40/ month		
DAY	DATES	TIME	LOCATION
M/Th	1/2 - 1/29	6 - 8:30 p.m.	KCNCC
M/Th	2/3 - 2/27	6 - 8:30 p.m.	KCNCC
M/Th	3/3 - 3/27	6 - 8:30 p.m.	KCNCC
M/Th	4/1 - 4/30	6 - 8:30 p.m.	KCNCC



HEMA Swords Class

Heartland HEMA (Historical European Martial Arts) specializes in instructing students of all levels and physical ability in the use of a variety of renaissance and medieval weaponry.

ACTIVITY CODE:	254508119		
AGE	FEE		
13+	\$10/ drop-in, \$40/ month		
DAY	DATES	TIME	LOCATION
M/W	1/8 - 1/28	6 - 8 p.m.	KCNCC
M/W	2/5 - 2/26	6 - 8 p.m.	KCNCC
M/W	3/5 - 3/26	6 - 8 p.m.	KCNCC
M/W	4/2 - 4/30	6 - 8 p.m.	KCNCC
M/W	5/1 - 5/29	6 - 8 p.m.	KCNCC

Boxing

Youth Boxing

Develop basic skills of boxing while learning discipline and instilling a sense of respect for self and others. GKCC 7 weeks

ACTIVITY CODE:	254501130			
AGE	FEE			
5 - 17	\$40/ Session			
DAY	DATES	TIME	AGE	LOCATION
T/Th	1/7 - 1/30	5:30 p.m.	5 - 9	GKCC
T/Th	2/4 - 2/27	5:30 p.m.	5 - 9	GKCC
T/Th	3/4 - 3/27	5:30 p.m.	5 - 9	GKCC
T/Th	4/1 - 4/24	5:30 p.m.	5 - 9	GKCC
T/Th	1/7 - 1/30	6:30 p.m.	10 - 17	GKCC
T/Th	2/4 - 2/27	6:30 p.m.	10 - 17	GKCC
T/Th	3/4 - 3/27	6:30 p.m.	10 - 17	GKCC
T/Th	4/1 - 4/24	6:30 p.m.	10 - 17	GKCC
T/Th	1/7 - 2/27	5:15 p.m.	8 - 17	GCC
T/Th	3/4 - 5/1	5:15 p.m.	8 - 17	GCC

Ice Sports

Public Skating

Guests of all ages are welcome to enjoy skating at Line Creek Community Center during our daily Public Ice Skating Sessions! We have ice hockey and figure skates available to rent and we also offer skating trainers for new skaters that may need a little extra assistance on the rink.

Go to kcparks.org for available daily times.

ACTIVITY CODE: 254504209			
AGE		FEE	
All ages		\$8/admission, \$3/skate rental	
DAY	DATES	TIME	LOCATION
M	Ongoing	Noon - 1:30 p.m.	LCCC
T	Ongoing	7 - 8:30 p.m.	LCCC
Th	Ongoing	3:45 - 5:45 p.m.	LCCC
Sa	Ongoing	2 - 4 p.m.	LCCC

Freestyle

This is Ice time dedicated to figure skaters to practice routines and skill development. Please check our freestyle calendar online for available daily times. 30 minute sessions. \$7/session, \$3.25/coaching, \$125/session pass

ACTIVITY CODE: 254504211			
AGE		FEE	
All Ages			
DAY	DATES	TIME	LOCATION
M - F	Ongoing	Refer to the website	LCCC

Skating Lessons

This is an on-ice skating program conducted in 30-minute classes. Participants will enjoy learning in a group setting, where they can work on their agility, balance, and skating skills through various on-ice staking instructions.

Go to learntoskatekc.com for more information.

ACTIVITY CODE: 254504208			
AGE		FEE	
5+		\$118/ Session	
DAY	DATES	TIME	LOCATION
T	1/2 - 4/9	6 p.m. & 6:30 p.m.	LCCC
T	1/4 - 4/11	6 p.m. & 6:30 p.m.	LCCC
Th	1/2 - 4/9	6 p.m. & 6:30 p.m.	LCCC
Th	1/4 - 4/11	6 p.m. & 6:30 p.m.	LCCC

Adult Skills and Drills

Created for the beginner skater to learn some new skills or just get a great workout through drills and a scrimmage. Sign up at the center only.

ACTIVITY CODE: 254504210			
AGE		FEE	
18+		\$18 drop-in	
DAY	DATES	TIME	LOCATION
T	Ongoing	8:45 - 10 p.m.	LCCC

Stick and Puck

Come practice and hone your hockey skills in an open practice time. Adults and youth are welcome.

ACTIVITY CODE: 254504204			
AGE		FEE	
All Ages		\$14 drop-in	
DAY	DATES	TIME	LOCATION
M - Th	Ongoing	10 - 11 a.m.	LCCC

Adult Hockey League

Come join one of 4 levels (A, B, C, or D) of adult ice hockey in our Northland Hockey League. The Northland Hockey League offers players within a wide range of skill levels the opportunity to participate in organized, competitive play.

Go to northlandhockeyleaguekc.com for more information

ACTIVITY CODE: 254504201			
AGE		FEE	
18+		Refer to the website	
DAY	DATE	TIME	LOCATION
Su/M/Th/F	9/3	Refer to the website	LCCC



Advanced Adult Stick Time

Geared towards the more advanced hockey players to provide them with an opportunity to maintain and improve their skills on a weekly basis. Goalies are FREE.

ACTIVITY CODE: 254504203			
AGE		FEE	
18+		\$14/ drop-in/ \$125 Stick time Pass	
DAY	DATES	TIME	LOCATION
F	1/6 - 3/2	11 a.m. - Noon	LCCC
F	3/4 - 5/5	11 a.m. - Noon	LCCC

Homeschool Skate

Students will have the opportunity to be physically fit and earn P.E. credit all while having fun doing it. 8 week sessions. Sign up at the center only.

ACTIVITY CODE: 254504104			
AGE		FEE	
3 - 18		\$4/ Drop-in	
DAY	DATES	TIME	LOCATION
F	1/10 - 2/28	9 - 10:30 a.m.	LCCC
F	3/7 - 5/2	9 - 10:30 a.m.	LCCC

Fitness

Fitness Boot Camp

Fitness Boot Camp helps you get in shape and stay that way. From entry level to novice, participants will work all muscle groups, practice different methods of cardio workouts, and learn healthy eating habits. FREE with Membership.

ACTIVITY CODE: 254503134			
AGE		FEE	
18+		Drop-in \$5/adult, \$3/active ager	
DAY	DATES	TIME	LOCATION
M/W/F	Ongoing	6 - 6:45 a.m.	GKCC
T/Th	Ongoing	5:30 - 6:30 p.m.	GKCC
T/Th	1/2 - 5/1	6:15 - 7 p.m.	TACC

Youth Fitness Club

Youth Fitness club will help youth get in shape and stay that way. From entry level to novice, participants will work all muscle groups, practice different methods of cardio workouts, and learn healthy eating habits.

ACTIVITY CODE: 254505101			
GRADE		FEE	
6 - 12		\$3/ Drop-in FREE/ w membership	
DAY	DATES	TIME	LOCATION
M	1/6 - 3/3	3 p.m.	MCC
M	3/10 - 5/5	3 p.m.	MCC



Intro into Weightlifting

Come join us to learn how to properly and efficiently lift weights to gain lean muscle

ACTIVITY CODE: 254503123			
AGE		FEE	
14+		\$5/ Drop-in \$60/ Session	
DAY	DATES	TIME	LOCATION
Su	1/12 - 3/2	Noon - 12:45 p.m.	GKCC
Su	3/9 - 4/27	Noon - 12:45 p.m.	GKCC

Fitness Room Orientation

Learn how to properly use our fitness equipment. Build confidence and help to reduce short- and long-term injury by participating in training led by our staff.

ACTIVITY CODE: 254503121			
AGE		FEE	
16+		\$5/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
W/Th	1/8 - 1/30	W: 1 - 2 p.m. Th: 5 - 6 p.m.	GKCC
W/Th	2/5 - 2/27	W: 1 - 2 p.m. Th: 5 - 6 p.m.	GKCC
W/Th	3/5 - 3/27	W: 1 - 2 p.m. Th: 5 - 6 p.m.	GKCC
W/Th	4/2 - 5/1	W: 1 - 2 p.m. Th: 5 - 6 p.m.	GKCC



Fitness Boxing HIIT

We will work on boxing and exercise fundamentals while incorporating full body exercises to increase the efficiency of each exercise. Class will consist of warmup, several creative rounds and a cool down period. This will be a HIIT training type class, but we can modify it for any age and ability.

ACTIVITY CODE: 254501119			
AGE	FEE		
18+	\$60/Session \$12/drop-in FREE/w membership		
DAY	DATES	TIME	LOCATION
T/Sa	1/7 - 3/1	T: 4 - 5 p.m. Sa: 11 a.m. - Noon	GCC
T/Sa	3/4 - 5/3	T: 4 - 5 p.m. Sa: 11 a.m. - Noon	GCC

Fitness Boxing Kickboxing HIIT

We will work on boxing and exercise fundamentals while incorporating full body exercises to increase the efficiency of each exercise. Class will consist of warmup, several creative rounds and a cool down period. This will be a HIIT training type class, but we can modify it for any age and ability.

ACTIVITY CODE: 254501121			
AGE	FEE		
18+	\$60/Session \$12/drop-in FREE/w membership		
DAY	DATES	TIME	LOCATION
M/W/S	1/6 - 3/1	M/W: 6:15 - 7:15 p.m. Sa: 10 - 11 a.m.	GCC
M/W/S	3/4 - 5/3	M/W: 6:15 - 7:15 p.m. Sa: 10 - 11 a.m.	GCC

Power Yoga

Vinyasa style class with a core focus. Designed for intermediate and advanced yogis.

ACTIVITY CODE: 254511109			
GRADE		FEE	
18+		Drop-in \$5/adult, \$3/active ager	
DAY	DATES	TIME	LOCATION
F	1/10 - 2/28	9 a.m.	SECC
F	3/7 - 5/2	9 a.m.	SECC

Stretching and Mobility

Targeted for active agers or anyone wanting to build balance and flexibility

ACTIVITY CODE: 254511105			
GRADE		FEE	
18+		Drop-in \$5/adult, \$3/active ager	
DAY	DATES	TIME	LOCATION
T/Th	1/7 - 2/27	9 a.m.	SECC
T/Th	3/4 - 5/1	9 a.m.	SECC



Water Aerobics

Water Aerobics is an exercise program designed to build and increase muscle strength, cardio endurance, flexibility, and toning. A 45 minute session includes a warmup, intervals of muscle sets and cardio, stretching and a cool down. FREE with monthly membership.

ACTIVITY CODE: 254111103			
AGE		FEE	
18+		Drop-in \$5/adult, \$3/active ager	
DAY	DATES	TIME	LOCATION
T/Th	1/7 - 2/27	10 - 11 a.m.	SECC
T/Th	3/4 - 5/22	10 - 11 a.m.	SECC

Cards, Games, Books, Dance, and Plants

Mary Williams-Neal Card Group

A time of gathering for lively conversation, playing cards and games, enjoying entertaining and educational programs, and sharing lunch

ACTIVITY CODE: 254501110			
AGE		FEE	
50+		\$2/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
W/Th/F	1/8 - 2/28	Noon - 5 p.m.	MWNCC
W/Th/F	3/5 - 5/2	Noon - 5 p.m.	MWNCC

Adult Game Night

This is a night where adults can come and play some of these old childhood games such as connect 4, uno, cornhole and a host of other games.

ACTIVITY CODE: 254510100			
AGE		FEE	
18+		\$10 Drop-in	
DAY	DATES	TIME	LOCATION
W	1/15	6 - 8 p.m.	WRCC
W	2/19	6 - 8 p.m.	WRCC
W	4/16	6 - 8 p.m.	WRCC
W	5/21	6 - 8 p.m.	WRCC

Terrariums

Join us to make DIY terrariums with live air plants and spring décor. Fun for the whole family!

ACTIVITY CODE: 251506123			
AGE		FEE	
All Ages		\$10 Drop-in	
DAY	DATES	TIME	LOCATION
Su	4/6	2 - 3 p.m.	TACC

Monthly Bingo Bash

Come join us for monthly Bingo! Once a month we will be holding a 2 hour Bingo session where the winners will get fun prizes!

ACTIVITY CODE: 254510102			
AGE		FEE	
18+		\$5/ Adults \$3 Seniors	
DAY	DATES	TIME	LOCATION
W	1/15	6 - 7 p.m.	WRCC
W	2/19	6 - 7 p.m.	WRCC
W	3/19	6 - 7 p.m.	WRCC
W	4/16	6 - 7 p.m.	WRCC

Garrison Book Club

Join the Garrison Community Center Book Club every 3rd Thursday of each month. We will explore new and exciting stories to discuss! All reading materials will be provided by Kansas City Public Library.

ACTIVITY CODE: 254507104			
AGE		FEE	
18+		Free	
DAY	DATES	TIME	LOCATION
Th	1/16	6 - 7:30 p.m.	GCC
Th	2/20	6 - 7:30 p.m.	GCC
Th	3/20	6 - 7:30 p.m.	GCC
Th	4/17	6 - 7:30 p.m.	GCC
Th	5/15	6 - 7:30 p.m.	GCC

2 Stepping

Fun night of movement doing the KC two-step. Focusing on beginner and intermediate dancing while working on dance technique, rhythm and body awareness in a caring, nurturing environment.

ACTIVITY CODE: 254505103			
AGE		FEE	
21+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
W	1/6 - 3/3	6 - 8 p.m.	MCC
W	3/10 - 5/5	6 - 8 p.m.	MCC

Line Dance

Line dances are choreographed dances with a repeating series of steps that are performed in unison by a group of people in lines or rows, most often without the dancers making contact with one another.

ACTIVITY CODE: 254501116			
AGE		FEE	
18+		\$3/ day FREE/ w membership	
DAY	DATES	TIME	LOCATION
W	1/8 - 2/26	6 - 7 p.m.	SECC
W	3/5 - 5/21	6 - 7 p.m.	SECC

Golf

KC Parks' five municipal golf courses offer diverse playing venues and opportunities to learn and play the game of golf, as well as provide green spaces throughout the city.

The most historic of the five facilities is **Swope Memorial** built in 1915 and redesigned by renowned architect A.W. Tillinghast in 1934. This demanding layout has hosted several championships, including the PGA Kansas City Open in the 1940s and more recently the 2005 USGA Women's Public Links. In 2001 **Shoal Creek Golf Course** became the new flagship of Kansas City's five courses. These two championship courses offer the most skilled players exceptional challenges and depict the true beauty and diversity of the Kansas City landscape.

Hodge Park Golf Course in the Northland and **Minor Park Golf Course** in South Kansas City both offer fun, affordable golf for players of any skill level. Each course is designed to pose a challenge and cater to anyone who plays the game. The holes are shorter to allow a relaxing, recreational experience. These family-friendly courses offer a great opportunity to walk and enjoy the health benefits of fresh air and exercise.

Heart of America Golf Course / Tom Watson Golf Academy offers the ultimate learning and playing opportunities in the heart of Swope Park. This facility is pure fun and recreation for anyone of any age and any skill. HOA offers three options: a beautiful regulation-length 9-hole course; a fun par-three 9-hole course; and a Tom Watson-designed junior course. HOA is home of the Tom Watson Golf Academy and also offers the best junior golf programs in Kansas City. The First Tee of Greater Kansas City, an organization that promotes the game of golf to youth in urban areas, has its offices at HOA as well. No matter where you live in Kansas City, these regulation courses provide great values that are convenient and give even the newest golfers a place to learn and play.



Heart Of America Golf Course



Hodge Park Golf Course



Minor Park Golf Course



Shoal Creek Golf Course



Swope Memorial Golf Course



KC PARKS PUBLIC GOLF COURSES

Heart of America Golf Course

7501 Blue River Rd.

Pro Shop & Tee Times: 816-513-8940

hoagolfacademy.com

Features: Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Practice Facilities

Courses: **The River Course:**

9 holes, 2,604 yards, Par 35

The Rock Course:

9 holes, 1,641 yards, Par 27

The Hill:

3-hole junior course, 1,102 yards

Shoal Creek Golf Course

8905 Shoal Creek Pkwy

Pro Shop & Tee Times: 816-407-7242

Weddings / Events: 816-407-7242 (Ext. 24)

shoalcreekgolf.com

Features: Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Banquet Facilities, Practice Facilities

Course: 6,983 yards, Par 71

Hodge Park Golf Course

7000 N.E. Barry Rd.

Pro Shop & Tee Times: 816-781-4152

hodgeparkgolf.com

Features: Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Junior Golf, Camp, Practice Facilities

Course: 6,223 yards, Par 71

Swope Memorial Golf Course

6900 Swope Memorial Dr.

Pro Shop & Tee Times: 816-513-8910

swope memorialgolfcourse.com

Features: Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Meeting Rooms, Banquet Facilities, Practice Green

Course: 6,274 yards, Par 72

Minor Park Golf Course

11215 Holmes Rd.

Pro Shop & Tee Times: 816-942-4033

minorparkgolfcourse.com

Features: Clubhouse, Pro Shop, Snack Bar, Memberships, Lessons, Tournament Packages, Leagues, Practice Facilities

Course: 5,796 yards, Par 70

FOOTGOLF

FootGolf is a combination of the popular sports of soccer and golf. The game is played with a regulation No. 5 soccer ball at a golf course on shortened holes with 21-inch diameter cups. The rules largely correspond to golf rules. The first FootGolf course in the KC metro area is located at the current par 3 (The Rock) golf course at the Heart of America Course in Swope Park. Come out, and give it a try!



BRUCE R. WATKINS CULTURAL HERITAGE CENTER

3700 Dr. Martin Luther King, Jr. Blvd., Kansas City, MO 64130 816-513-0700

GENERAL INFORMATION

The Center is named in honor of Bruce R. Watkins, a political and social activist. Watkins was fueled by the need to recognize and preserve the varied contributions African-Americans made to the development of Kansas City. The center opened in December 1989 as the outgrowth of Watkins' efforts. Construction of the Center was made possible through the work and contributions of the Bruce R. Watkins Fountain Inc., the Kansas City Parks and Recreation Department, and the State of Missouri.

HOURS OF OPERATION

Tuesday - Saturday: 10 a.m. - 6 p.m.



LAKESIDE NATURE CENTER

4701 E. Gregory Blvd., Kansas City, MO 64132 816-513-8960

GENERAL INFORMATION

Lakeside Nature Center, located in Swope Park, is one of Missouri's largest wildlife rehabilitation facilities and provides educational and recreational opportunities that focus on the environment. The center typically houses about 75 animals including two bald eagles, two turkey vultures, three barred owls, three varieties of hawks and two Kestrel falcons. The Center even has a box turtle named "Wilma" that is thought to be about 80 years old.

HOURS OF OPERATION

Tuesday - Sunday: 9 a.m. - 4 p.m.
Closed Mondays and some Holidays

Mother Nature Reads:

First Saturday of the month, 10 a.m.

Boy Scout Programs:

LNC can be your next Adventure to earn a Badge.

Girl Scout Programs:

LNC can be a part of earning Skill-Building Badges and Journey Awards.

ANIMAL ASSISTANCE

If you have a native Missouri animal in need, please call the Center 816-513-8960 and leave a message. You will be contacted shortly and given instructions on what to do.

Habitat Hikes:

Enjoy a guided hike with a naturalist

